



# ICE CHIPS

## President's Letter

June 10, 2020

Dear Fort Collins Figure Skating Club Members,

To say that the past three months were strange and scary would be a massive understatement. We all shared in the collective feelings of uncertainty and disappointment when the rink closed, and the competitions and ice show were cancelled. We mourned when club members lost family to the virus.

We have watched our country and our world change, and we have had to adapt. As we begin to find a “new normal” it is a good time to reflect on the community we were before this began and the community we want to become. I have great hope that times of great trial will lead to a stronger, tighter community. We in the figure skating world know how to get up after we fall. I am sure that we can apply those skills to this situation and be better than we were before.

The City of Fort Collins has been a great advocate for figure skaters during this difficult time. They have initiated virtual off-ice training classes for free 3 times per week. It is my understanding that these classes will continue as we transition back onto the ice. There will be schedule changes so watch your email.

As you all must know by now, we were forced to cancel the upcoming National Showcase competition in August. This was a very difficult decision that was made by officials from USFS

including the National Showcase committee, the City of Fort Collins and the board. We were all in agreement that the competition must be cancelled to our collective disappointment. The silver lining is that USFS decided to award us the National Showcase Competition for 2021. We do not have an exact date yet but watch your emails and the website for updates. So, keep practicing and planning!

You may have noticed that our club membership is not yet open. The board met last night and voted to make some changes to the membership fee structure for this year only. To ease some of the financial burden of this pandemic and the resulting economic downturn, the board has voted to reduce the cost of membership fees for all members that join our club by 11:59pm on August 31, 2020.

The fees for this membership year only, will be reduced to the cost USFS charges for memberships. Late fee charges will be waived for the entire membership year. Additionally, we will be covering the complete cost of membership for current club coaches. We truly appreciate our coaches and know that the 3-month closure of the rink was a significant financial strain. We hope this helps a little and will aid in the start of our community's healing.

The club normally holds its annual meeting in late May/early June. We have been working to do this virtually and do not have the details ironed out yet. Please watch your email and the website for updates as we have them. We hope to have this figured out soon. If you are interested in running for

membership on the board for a 3 year term starting in July please contact one of the members of the nominating committee: Paula Wilson, Lori Nitzel and Heidi Thibert at FCFSCnominating@gmail.com We are also looking to fill many committee positions, so if you are interesting in joining us contact us at any time through the website or on our email fcfigureskating@gmail.com

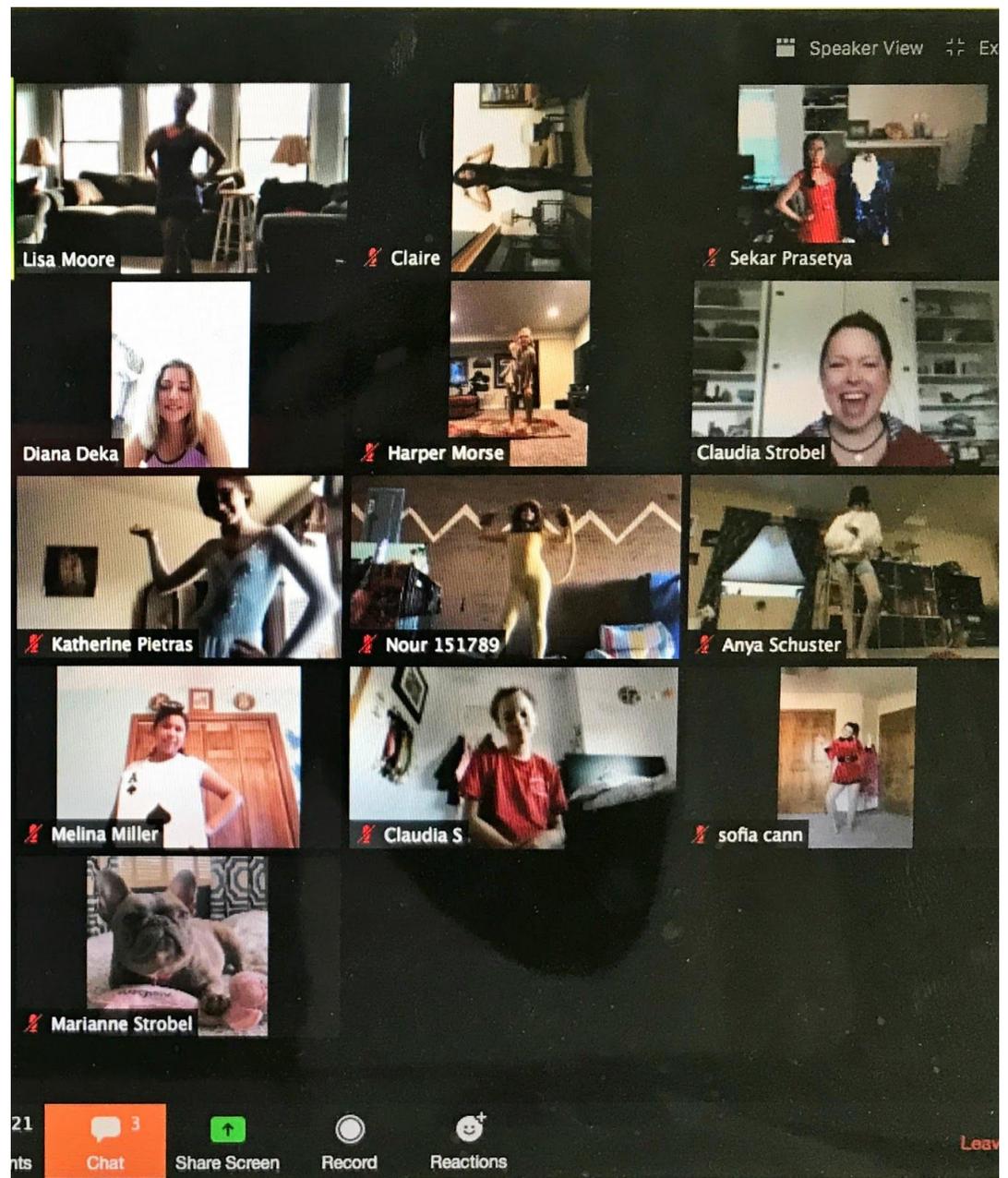
Please read through this newsletter as we have many updates to share regarding testing, graduating seniors, the Junior Board and more!

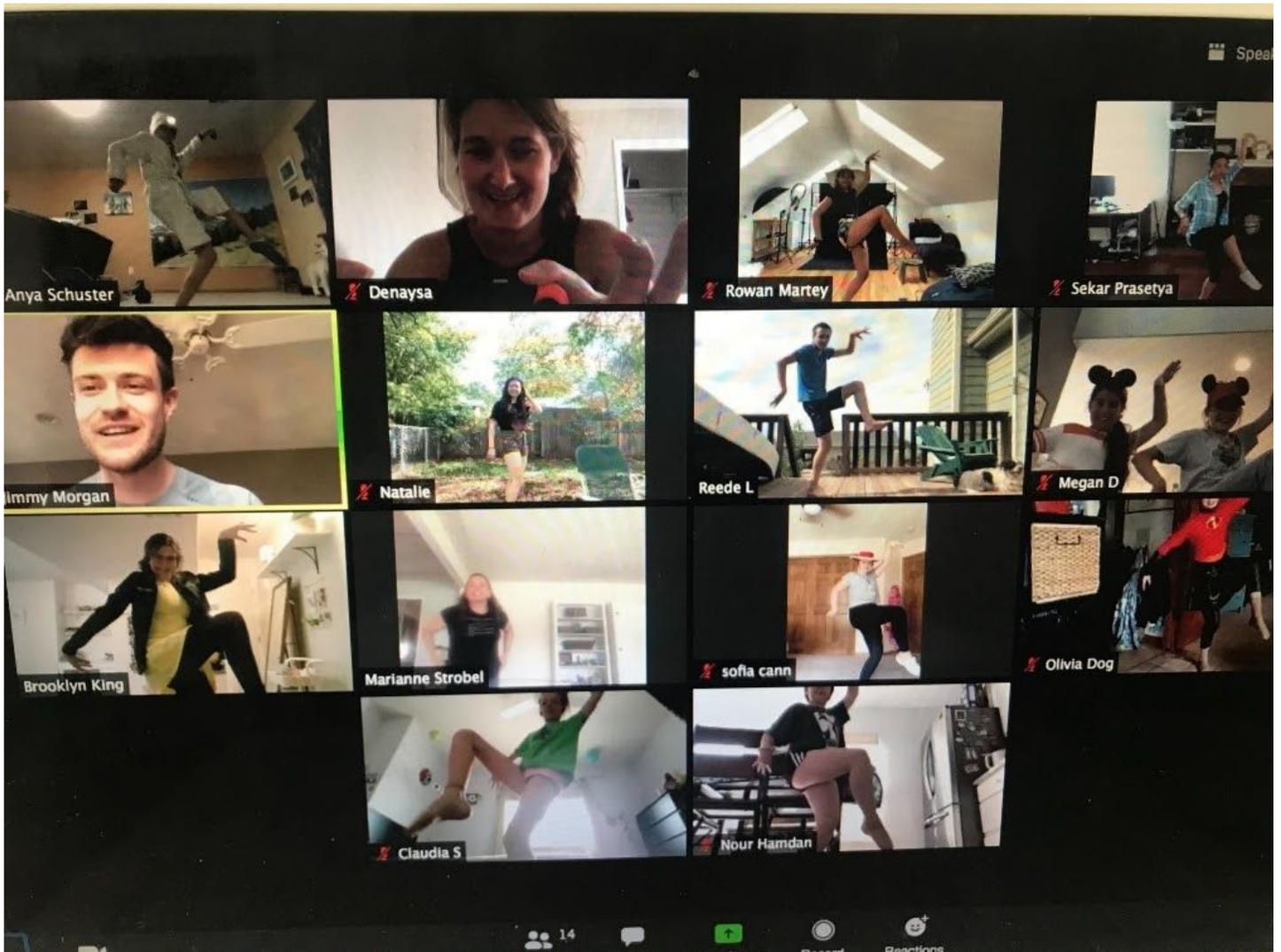
I would like to appeal to you all as we navigate the uncertainty of the future and the reopening of the rink to be kind to one another. Please be patient with the City employees and each other as we adapt to this “new normal”. Rules are bound to change as restrictions are lifted or added depending on the situation. Remember we are one community and we can get through this together. Feel free to reach out to us at any time if you need anything.

- Amy Aspelund  
FCFSC President

## Showcase

This is a photo of Showcase rehearsal via Zoom! We have met twice a week each week and provided workouts and team activities 4 days a week for most of April and May. We have helped costume competitions, Tricia contests and had some special guests join us.





## Testing

Currently we are planning that our next test session will be Saturday July 11th with the deadline of Thursday, July 9th. We will be able to accommodate Juvenile moves / freeskate tests and below only. We had to cancel the test session for March and so all the skaters that had registered for the March test session were automatically moved to the next test session (June's first and now July's) unless I was contacted to get a refund of the test fees. If any testers would prefer to get a refund that is possible however Entryeeze retains a \$5 fee.

We can keep moving testers to future test sessions as they feel they are ready to test and I will automatically do so unless I hear otherwise. If you don't recall if you registered for a prior test just send me an email and I'm happy to work with anyone who wants more information or has special needs. Just contact me at [gayleen.carpenter@gmail.com](mailto:gayleen.carpenter@gmail.com) for any of your test questions.

## Graduating Seniors - Congratulations to these outstanding seniors!!!

### Alisa Matsuura



I'm graduating Rocky Mountain High School this Spring and plan to attend Colorado State University to study Biology. Since I'll be staying in Fort Collins I'll be able to continue skating! I've enjoyed trail running during quarantine to stay fit as well as doing at home workouts. I'm planning to stay here during the summer and hang out with friends before we all go off to college.

### Alena Zhu



Alena is graduating from Fort Collins High School, and she has committed to attend UCLA in the fall. She plans to study Biochemistry with an eye towards medicine / veterinary medicine and has music be a second major or minor. Alena plans to continue skating during college, and hopefully find a part time job teaching beginner skating courses like she has for learn-to-skate at EPIC. She continues to volunteer to be a judge as well. To stay fit during quarantine, She has been cycling, as well as learning dance choreography.

## Allie Corser



Allie is graduating from The Hill School which is in Pottstown PA with a 4.691 GPA. She is attending Chatham University in the fall, which is in Pittsburgh PA. She was accepted into their accelerated Masters program, Masters of Fine Arts - Film and Digital technology. The accelerated program means she can begin working on her masters in her senior year of undergrad. She has also been accepted into their honors program. She will also continue her hockey career at Chatham, as she was recruited to play NCAA D3 hockey. She is planning on figure skating this summer when the rink opens, and I am sure she will bring her figure skates to college. During this quarantine she has weekly workout schedules from her new hockey coach at Chatham, so has been following those 5 times a week and will do hockey skill sessions at NOCO all summer. She teaches learn to skate over at NOCO, when that reopens!

## Joanna Kindsfater



Joanna is graduating from Liberty Common High School with Honors. She plans to attend Colorado State University in the fall and has been admitted into the Veterinary and Biomedical Sciences College, in the Honors program, and may also minor in Spanish. She was recognized as a President Scholar and has received a Green and Gold Scholarship. Joanna still plans to participate with skating at Epic when the rink opens and into the fall as her schedule will allow as she will still be residing in Fort Collins. She has been staying busy during the quarantine with online school and working out at home.

## Julianne Kindsfater



Julianne also is graduating from Liberty Common High School with Honors. She also plans to attend Colorado State University in the fall and has been admitted into the Veterinary and Biomedical Sciences College, in the Honors program, and may also minor in French. She was recognized as a President Scholar, like her sister, and has received a Green and Gold Scholarship. Julianne will also plan to participate with skating at Epic when the rink opens. She has been staying busy during the quarantine with online school and working out at home. Both Joanna and Julianne had hoped to work this summer at Orthopedic Center of the Rockies but with COVID-19 concerns that plan is on hold.

## Sekar Prasetya



I am graduating from Ridgeview Classical Schools. I will be attending Colorado State University in the fall and will be studying electrical engineering with the hopes of pursuing a masters degree afterwards. I hope to continue skating and hopefully get back on the ice this summer and finally break in my new skates and see everyone soon, safely of course. I've been keeping up morale during the quarantine by baking a lot and biking with my family.

## Raffaella Workman



I am graduating from Poudre High School with a 3.75 GPA and have been able to continue working at Target while going to school. My summer plans are to continue working for Target to save money. I plan to take a few classes at Front Range Community College this fall and then transfer to CU Boulder for spring semester as a Sophomore. I am planning to study Psychology and CU has a nice ice rink where I can continue to skate there.

## Junior Board

Hello! These past couple of months have been different for sure. The Junior Board has been adjusting to such circumstances and encouraging safe and healthy practices in these hard times. Since summer has started, thus starts the new season for more Junior Board opportunities!



Applications are open and are due at the latest of June 26th. Afterwards there will be elections for officer positions the following week. I know these are trying times, but the Junior Board is here to support everyone and we hope to have some new members of the Junior Board! We look forward to seeing you soon whether it is on the ice or digitally and we hope that everyone is keeping safe and healthy while we wait for our rink to open!

- Sekar Prasetya  
*President, Junior Board*

## FCFSC Junior Board Application 2020- 2021 (Application also on FortCollinsFSC.org)

The Junior Board is a volunteer organization under the supervision of the FCFSC Board of Directors. Junior Board members serve the club as an advisory voice for the junior membership and coordinate events throughout the year to engage members in social events, fundraise for the club and increase awareness for figure skating in the local community.

We are seeking junior members who are eager to get more involved in our skating club and gain leadership experience all while having fun with fellow skating friends! Applicants will be elected to the FCFSC Junior Board for one (1) year terms, running from July 1, 2020 – June 30, 2021. The Junior Board will meet once per month. Meeting dates will be decided by the Junior Board and its Liaison.

### Applicant Qualifications:

- Junior Home Club Member in good standing
- FCFSC member for a minimum of six (6) months prior to submitting application
- 12 – 18 years old (by July 1, 2020)

**The deadline to submit your application is Friday, June 26th.**

Submit electronic applications to [katherina.prasetya@gmail.com](mailto:katherina.prasetya@gmail.com) or [1skatinglesson@gmail.com](mailto:1skatinglesson@gmail.com).

Junior Board elections will take place during the meeting on Friday, July 10th at 5:00 pm in a Zoom call.

### JUNIOR BOARD APPLICATION

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Freeskate Level: \_\_\_\_\_ Number of Years Skating: \_\_\_\_\_

### PARENT/GUARDIAN

Name: \_\_\_\_\_ Email Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Describe why you are interested in joining the FCFSC Junior Board:

\_\_\_\_\_

What skills can you bring to FCFSC Junior Board:

\_\_\_\_\_

What are your goals for the FCFSC Junior Board:

\_\_\_\_\_

How much time per month can you dedicate to Junior Board activities: \_\_\_\_\_

## FREE Virtual Off-Ice Conditioning Classes for All EPIC Skaters

Our skaters are important to us and we want you to be able to resume your skating as healthy and injury free as possible. See you online! Here is your link for all these online classes! <https://us02web.zoom.us/j/974485111>

### WHAT YOU'LL NEED FOR THE CLASS:

Athletic shoes, water bottle nearby, small open area that you can do your exercises in and A BIG SMILE!

### CLASS EMPHASIS WILL BE:

**Monday:** Total Body Circuit / Balance / Stretch

Class Time: 3:00 - 3:45 pm; Class Instructors: Nancy Stilson-Herzog & Lisa Moore

**Friday:** Get to the Core / Power & Strength / Jump Techniques

Class Time: 3:00 - 3:45 pm; Class Instructors: Nancy Stilson-Herzog & Lisa Moore

**Saturday:** Ballet

Class Time: 3:00 - 3:30 pm; Class Instructor: Claudia Strobel

Stay healthy and fit! Please call or text with any questions you may have.

Nancy Stilson-Herzog 970-231-7201; fitnas@hotmail.com



## Edges & Dreams is Coming to Fort Collins on Saturday, June 20th!

Stephen Chasman will be bringing his mobile skate shop here for a day of sharpening and will be offering skate fittings by appointment in case kids have grown out of their skates over the quarantine!

**He will be setting up at Gayleen Carpenter's house at 5421 Cinquefoil Ln. in Fort Collins.** Stephen can sharpen all blades including the Revolution blades and will have his entire shop here for all your skating needs to get back in action! Fittings are by appointment, please sign up on the Sign Up Genius for a 30 minute appointment time.

**If you would like to have your skates sharpened please let Gayleen know via email or text and what time you can drop your skates off for sharpening. [gayleen.carpenter@gmail.com](mailto:gayleen.carpenter@gmail.com) or text at 970-420-9734**

**Remember sharpening is \$20 cash or Venmo.**

Follow the link for appointments for skate fitting:

<https://www.signupgenius.com/go/70A0545AEAE23A02-edges>

## Adult Fire Crystals

Adult Synchro team had a virtual happy hour Zoom meeting on April 1 where we got to check in - making sure everybody was doing OK.

Unfortunately, not all the team could be there however we got to see most of everybody and had a blast!!



**Barb Applegate:** My skater mom and I have become bank robbers!



**Robyn Seldin:** I had a birthday on May 5 and feel so blessed I got to spend so much time with my daughters and husband before life starts ramping back up again as the restrictions start being lifted.

## Merch Swag Available!

[www.fortcollinsfsc.org/merchandise](http://www.fortcollinsfsc.org/merchandise)

Look how cute this soft-shell jacket is on club member Brooklyn King! There are t-shirts, sweatshirts / hoodies, vests, fleece jackets and leggings! Go shop and show your club pride!

## FCFSC Membership!

<https://www.fortcollinsfsc.org/memberships/>

Our new membership year begins 7/1/2020! You must be a member in good standing to test or register for any competition. Questions about membership? Contact Melody King at [fc.fscmembership@gmail.com](mailto:fc.fscmembership@gmail.com)

You can also speak with your private lesson coach about what type of membership is best for you.

## Dates to Remember

6/20: Stephen Chasman will be in Fort Collins to sharpen skates and do skate fittings!

6/26: Junior Board applications due!

7/1: New FCFSC membership year begins!

7/10: Junior Board elections on Zoom at 5pm

7/11: Test Session at EPIC (Juv moves / fs and below only) - Deadline is 7/9

(We are also tentatively going to have a Aug and/or Sept test session that will hopefully be able to accommodate higher level tests, ice dance tests, etc... To be determined.)

10/23: TENTATIVE date for Test Session at EPIC

10/25: TENTATIVE date for Fright Fest competition at EPIC

4/8 - 4/11: TENTATIVE dates for Fort Collins Classic competition in 2021 at EPIC

