



FORT COLLINS CLASSIC 2020

April 2-5, 2020

FORT COLLINS FIGURE SKATING CLUB

EDORA POOL AND ICE CENTER

Chief Referee: Hannah Katz

Chief Accountant: Sheldrin Zhu

Attended by ISU, International, National, and Competition-Level USFSA officials.

CRITIQUES: Will be offer for IJS Short and Free Skate events only.

Entries due March 2nd, 2020-Online registration only!

(\$10 early bird discount if you register by 11:59 pm MST Feb 10, 2020

★ NEW IJS SEMINAR ★

We are proud to offer a **new, optional, International Judging System Seminar** to skaters, coaches, and parents. Focus will be on reading and understanding protocol pages as well as understanding criteria used to evaluate a skater's program. We will offer feedback from officials on how skaters can maximize scores in their performance. This new and exciting seminar will provide your team information and feedback to help you work towards a successful season! **Cost will be \$5 for Fort Collins Competitors; \$30 for Non-Fort Collins Classic Competitors. Coaches and Parents free. Seminar will take place Sunday, April 5th at EPIC in the green rink conference room. Tentative time 12-2 PM.**

Hosted Events: Well Balanced Free Skate, Excel Singles Free Skate, Adult Free Skate, and Pairs Free Skate. Specialty Single Events: Jumps, Spins, Compulsory.

Showcase Solo and Duet Events, Mini Ensembles



Synchronized Skating Event.

Fort Collins Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY / TEST LEVEL: Test Level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Age restrictions/requirements: Singles free skate events (Well Balanced Program) have the following requirements.

Juvenile: Girls - 12 years of age or younger; Boys - 13 years of age or younger

Open Juvenile: Girls - 13 years of age or older; Boys - 14 years of age or older

Intermediate must be under the age of 18

Adults must be 21 years of age or older.

ENTRIES: Entries must be entered online by 11:59 pm MST on March 2, 2020. Online registration with secure credit card payment at www.fortcollinsfsc.org. Late entries or changes to entry after entry deadline will be accepted only at the discretion of the Chief Referee and there will be an assessed \$25.00 fee. Entries registered by 11:59 pm MST February 10, 2020 will receive a \$10 early bird discount.

EVENT TYPE	ENTRY FEE	COMMENTS
First IJS Event	\$120.00	
Additional IJS Event	\$50.00	
First 6.0 Event	\$100.00	
Additional 6.0 Event	\$45.00	
Pairs as only Event	\$60.00	Per Skater
Pairs as second Event	\$25.00	Per Skater
First Compete USA Event	\$65.00	
Additional Compete USA Event	\$30.00	
Synchronized Teams, Duets, Groups Ensembles, and Mini Ensembles	\$100+\$5/skater	
Special Olympics First Event	\$40.00	
Special Olympics Second Event	\$25.00	
EARLY BIRD DISCOUNT	-\$10.00	Registration by February 10th
IJS Seminar	\$5 for FCC Competitors	\$30 for Non-FCC Competitors
Late Fee/Change fee	\$25.00	Late registration or change after March 4th.



Late PPC/Music Upload Fee	\$15.00	PPC and/or music not uploaded by March 25 th .
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*Please note that pairs may not be taken as your first event unless it is the only event you are entering.

Short and long programs for single and pairs are being offered as separate events.

Notification of competition and practice ice times, schedules and announcements will be sent to your email through EntryEeze. Listing a valid email address when you register online is required. Competition information and updates can be found at www.fortcollinsfsc.org.

TENTATIVE SCHEDULE: The event schedule will be set by the Chief Referee in cooperation with the LOC after the close of entries and is subject to change. A tentative schedule will be listed on our website after the beginning of the year. This schedule is provided for planning purposes only and should not be considered final. The final schedule will be published approximately two weeks before competition on Entryeze.

REFUND POLICY: Entry fees will not be refunded after March 2, 2020 unless no competition exists, or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

FACILITIES: The competition will be held at Edora Pool and Ice Center (EPIC), 1801 Riverside Ave. Fort Collins, CO 80525. (970) 221-6683.

<https://www.fcgov.com/recreation/epic.php1> The facility has two NHL size ice surfaces measuring 85' by 200' which consist of the Blue rink and the Green rink. There is spectator seating on both rinks. The Green rink can be cold so remember to dress warm. There are vending machines on site and there will be locker rooms and warm up areas available for all competitors.

MUSIC: Music must be submitted electronically via the online registration system by the music deadline of March 25, 2020. Music not submitted by March 25th or music that requires a change will be charged a \$25 fee. A back up CD should be readily available at the competition in case something happens to your music rink side. CD's will only be accepted at registration if the electronic file could not be downloaded by the music staff. You will be prompted to provide a cd at registration if this is the case. The LOC will accept no responsibility for damage or loss.

LIABILITY: U.S. Figure Skating, Fort Collins Figure Skating Club and Edora Pool and Ice Center (EPIC) accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: ****2020-2021 RULES WILL BE USED

IJS Mini System

- **Well-Balanced Free Skates:** Preliminary through Senior
- **Excel Plus Free Skates:** Preliminary Plus to Intermediate Plus
- **Excel Free Skates:** Juvenile to Senior
- **Spins and Jumps:** Preliminary to Senior

6.0 Majority Judging

- **Well-Balanced Program Free Skates:** No Test and Pre-Preliminary
- **Excel Free Skates:** Beginner, High Beginner, Pre-Preliminary, Preliminary and Pre-Juv
- **Compete USA Events Program w/Music-Snowplow Sam** through Basic 8 and Pre-Free skate- FS6
- **Spins:** Beginner-Pre-Preliminary, Adult Pre-Bronze-Adult Gold
- **Jumps:** Beginner-Pre-Preliminary
- **Showcase Solos, Duets and Ensembles:** All levels
- **Compulsory Moves/Basic Elements:** SS to Senior

The latest USFS Technical Notifications will be followed for all Juvenile and below events.

Planned Program Content (PPC)online through EntryEeze.

The deadline to submit the PPC is March 25, 2020 at 11:59 pm. There will be a \$25 late fee PRIOR TO SKATING for skaters who do not turn in their PPC.

REGISTRATION: Registration will begin 1 hour before the first event and will remain open through the last event. The registration area will be located in the skate rental area on the north side of the EPIC lobby. Please register promptly upon your arrival to the rink and no later than 1 hour before your first event.

LOCKER ROOMS AND CHANGING AREAS: This event will be following the Locker Rooms and Changing Area policy included in the SafeSport Handbook. Policy is found here - <http://www.usfigureskating.org/content/safesport%20handbook.pdf>

PRACTICE ICE: Practice ice will begin on Thursday, April 2, 2020. Practice ice will be offered for all Free Skate, Short Program, Compulsory, and Artistic Events. Skater music will not be played. **There is a maximum of 2 Practice ice sessions per skater, per eligible event (Max of 1 per synchronized team). Practice Ice will be 30 minutes.**

Compete USA (Basic Skills) Practice Ice is 15 minutes in length. Eligible events are Free Skate, Compulsory, Pairs, and Artistic Events. Skater music will not be played. Compete USA PI will begin on April 4, 2020.

Pre-Event Warm up is 20 minutes in length and will take place prior to and on the same day as the event being skated. **Warmups will be available for Short Programs and Free Skate (Juv and above).**

	Practice	Ice Fees	
Practice Ice-30 Min	On or before March 2: \$15	March 3 rd to April 1 st \$20	Start of Competition \$25
Warm up ice -20 Min	On or before March 2: \$15	March 3 rd to April 1 st \$20	Start of Competition \$25
Compete USA-15 Min	On or before March 2: \$10	March 3 rd to April 1 st \$15	Start of Competition \$20
Synchro/Team Ice	On or before March 2 \$100	N/A	N/A

Additional practice ice sales will be sold on-line for \$20 per session (\$15 basic skills) after the registration deadline. Additional practice ice will be available for purchase during the competition and will cost \$25 (\$20 basic skills) at the practice ice desk.

Practice ice may or may not take place on the competition ice surface. There is **NO** “official practice ice” and **NO MUSIC** will be played on any practice ice or warm up session. Assigned practice ice is non-refundable. If you have questions about practice ice, please contact Kelly Cann- Kelly.cann79@gmail.com

Synchronized skating/Team exclusive practice ice will be in 30 minute increments at \$100.00. Props are not allowed on practice ice.

We reserve the right to cancel or change any practice ice session.

Practice ice will be organized and selected by skater when possible. After the close of entries, you will receive an email from the LOC through EntryEeze letting you know when practice ice selection is available. Practice ice is not refundable after the close of entries on March 2, 2020. If you have issues with practice ice the day the

competition starts or at the competition, please do not call or email. Please see the practice ice table.

PHOTOGRAPHY/VIDEOGRAPHY: TBD.

AWARDS: Presentation of awards will immediately follow the posting of results. Awards will be given to 1-4th place skaters with the exception of Compete USA (Basic Skills) which an award will be given to all participants.

OFFICIAL NOTICES: An official bulletin board will be maintained next to the registration desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes to 1 hour prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition

INFORMATION REGARDING COACHES: U.S. Figure Skating Rule MR 5.11 Coach Registration In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1: A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member; B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen. C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12. D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen, be registered as a Learn to Skate USA instructor and completed the Learn to Skate USA Instructor Certification or U.S. Figure Skating Coach Compliance.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Noncredentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.



For more information regarding Coach Compliance, please refer to:
<http://usfsa.org/story?id=84159>

CONTACT INFO: Email preferred. No phone calls past 9 pm MST.

<u>Chief Referee</u>	Hannah Katz	hannabekatz@gmail.com	
<u>Chair</u>	Kelly Cann	Kelly.cann79@gmail.com	(970) 237-9842
<u>Co-Chair</u>	Amy <u>Aspelund</u>	aspelua@yahoo.com	
<u>Practice Ice</u>	Kelly Cann		
<u>Programs & Ads</u>	Marci Pilon	mpilon@rocketmail.com	(970) 980-9407
<u>Vendor</u>	Carol Hartman	covakey@comcast.net	(970) 290-3809

ADMISSIONS: This competition is open to the general public for viewing at no charge. Please, no flash photography or videotaping.

CRITIQUES: Will be offer for all IJS Short and Free Skate events only. They will be \$10 per critique. The critiques will be based on officials' availability. Please purchase your critique online through EntryEeze. When purchasing the critique on EntryEeze please specify both the level AND event.

HOTELS: Please see the FCFSC website for official hotel information.
www.fortcollinsfsc.org.

HOSPITALITY: There will be hospitality available for both officials and coaches. Coaches hospitality will be located in the Pro's room located in the lobby of the green rink.

ADVERTISING: If you are interested in placing an ad in the competition program for your skater, your club, your business or your upcoming competition, please see the following page.

**Fort Collins Classic
Competition Program-Advertising Form
DEADLINE: March 18, 2019**

Name _____ Phone _____

Email _____

Company/Organization _____

PLEASE SELECT AD SIZE:

- _____ \$5 skater's ad (please see options below)
- _____ \$15 business card & quarter page
- _____ \$25 half page
- _____ \$40 full page
- _____ \$60 front inside or back inside cover
- _____ \$80 back cover

SKATER'S AD – ONLY \$5!

Please follow this 4 step process to create your personal skater's advertisement!

STEP 1: Write skater's name as you want it to appear in the ad: _____

STEP 2: Select a message:

- Good Luck!
- Have Fun!
- Skate Great!
- Write your own using line below:

STEP 3: Write additional Text:

Love, _____

From, _____

Write your own using lines below:

STEP 4: Select an image:

(please circle the image you want to use or if you want to use your own, email it to mpilon@rocketmail.com)



****All advertisements must be submitted electronically via email to mpilon@rocketmail.com by March 19th, 2018****

Mail this completed advertising order form with payment (check payable to Fort Collins FSC) to:

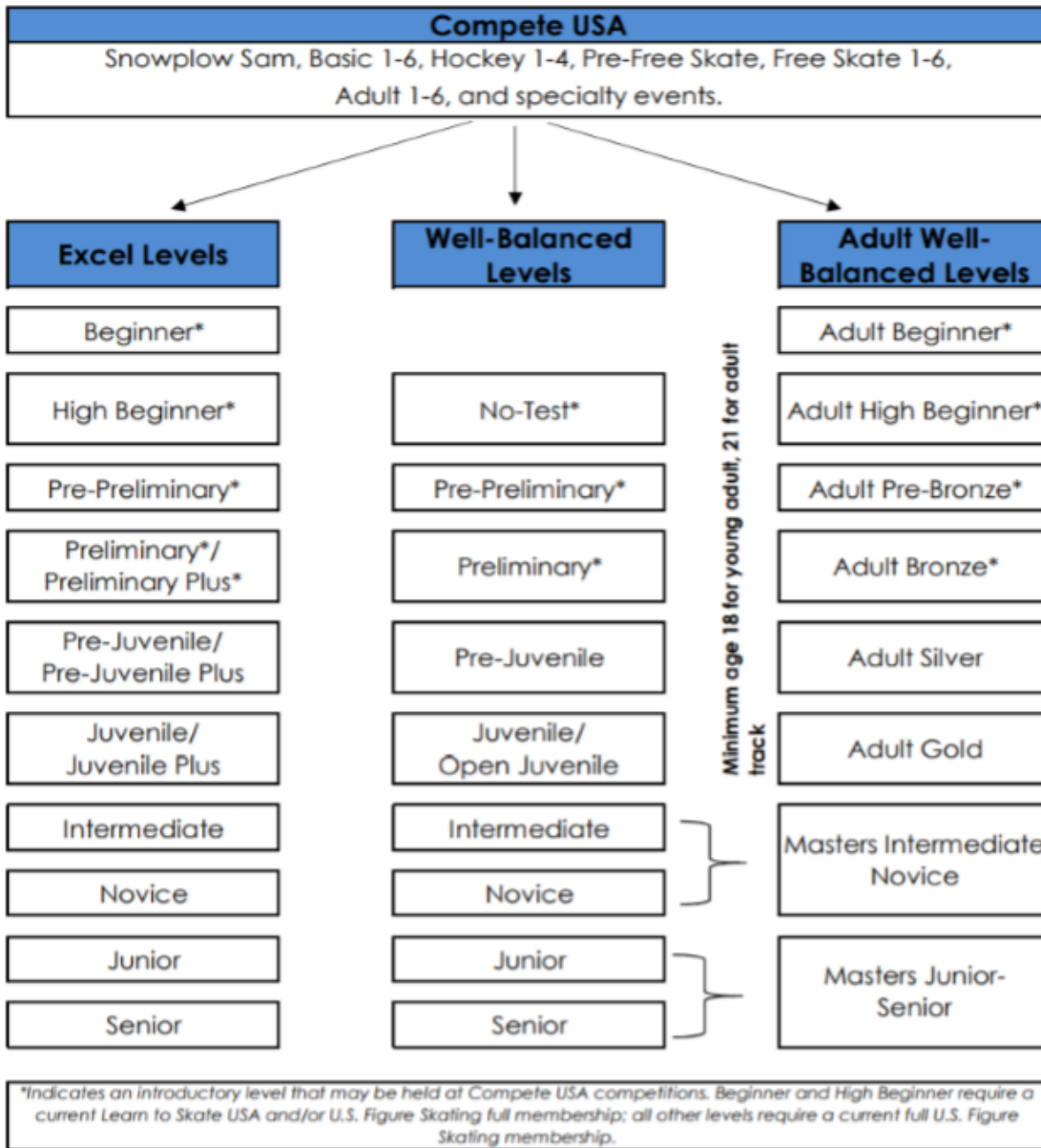
Fort Collins Figure Skating Club

C/O Marci Pilon

2512 Fox Run Ct.

Fort Collins, CO 80526

For questions contact Marci Pilon at 970-980-9407 or mpilon@rocketmail.com





2020 Fort Collins Classic Rules

2020-2021 Rules will be used

See Current Rulebook Or Click [HERE](#) For Current Rules And Requirements.

SINGLES EVENTS:

[Singles Short Program Juv through Senior](#)

[Singles Free Skate No Test to Senior](#)

[Excel Free Skate](#)

[Adult Free Skate](#)

SPECIALTY EVENTS:

COMPULSORY MOVES:

[Compulsory Moves No Test to Senior](#)

[Compulsory Moves Excel](#)

JUMPS:

[Jumps Challenge](#) For IJS events please attempt each jump twice as both will be judged. Jumps must be skated within the time frame or a time violation will be applied to the protocol.

SPINS:

[Spins Challenge](#)

SHOWCASE: Interpretive (preliminary to senior only and adult pre bronze to masters). Light and Dramatic Solo events and Duets (pre-preliminary to senior and adult bronze to masters). Mini Ensembles and Ensembles.

[Showcase](#)

PAIRS:

[Pairs No test through Senior](#)

Basic Skills

https://www.learntoskateusa.com/media/1091/curriculum_pairs.pdf



2020 Skate Colorado Compete USA Series

<p style="text-align: center;">Aspen Invitational (Lewis Arena) Date: December 6-7, 2019 www.aspenfigureskatingclub.com 0861 Maroon Creek Rd Aspen, CO Competition Chair: Janette Buchanan janettebuchanan@yahoo.com (650) 465-1720</p> <p style="text-align: center;">Competition Application Deadline: October 25, 2019</p>	<p style="text-align: center;">Denver Invitational (South Suburban) Date: March 14-15, 2020 www.denverfsc.org 6580 So. Vine Street Centennial, CO 80121 Competition Chair: Lisa May lisa@denverfsc.org (720) 272-0290</p> <p style="text-align: center;">Competition Application Deadline: Feb 2, 2020</p>
<p style="text-align: center;">Ft. Collins Classic (EPIC) Date: April 2-5, 2020 www.fortcollinsfsc.org 1801 Riverside Fort Collins, CO 80525 Competition Chair: Kelly Cann kelly.cann79@gmail.com (970) 237-9842</p> <p style="text-align: center;">Competition Application Deadline: March 2, 2020</p>	<p style="text-align: center;">Funtastics (APEX) Date: April 18, 2020 www.alpinesc.org 13150 W 72nd Ave Arvada, CO 80005 Competition Chair: Carol Zeles cmzeles@gmail.com (303) 979-0802</p> <p style="text-align: center;">Competition Application Deadline: March 7, 2020</p>
<p style="text-align: center;">Colorado College Cup (Honnen Ice Arena) Date: May 10, 2020 http://www.coloradocollege.edu/other/honnen 14 Cache La Poudre St. Colorado Springs, CO 80903 Competition Chair: Linda Alexander/Donna Schoon lalexander@coloradocollege.edu or dschoon499@gmail.com (719) 389-6156</p> <p style="text-align: center;">Competition Application Deadline: April 12, 2020</p>	<p style="text-align: center;">Front Range Invitational (Greeley Ice Haus) Date: June 6, 2020 www.mountainviewskatingclub.com 900 8th Avenue Greeley, CO 80633 Competition Chair: Melayna Rael cmrael@comast.net (970) 302-4253</p> <p style="text-align: center;">Competition Application Deadline: May 17, 2020</p>
<p style="text-align: center;">Broadmoor Open (World Arena) Date: June 21, 2020 www.broadmoorskatingclub.com 3185 Venetucci Blvd Colorado Springs, CO 80906 Competition Chair: Barbara Bradley HoneyB23@aol.com 719-540-5655</p> <p style="text-align: center;">Competition Application Deadline: April 30, 2020</p>	<p style="text-align: center;">Colorado Springs Invitational (Monument Ice Rinks) Date: September 13, 2020 www.centennialskatingclub.org 16240 Old Denver Highway Monument, CO 80132 Competition Chair: Lisa Landon Lisa_landon@comcast.net (719) 659-0912</p> <p style="text-align: center;">Competition Application Deadline: Aug 7, 2020</p>
<p>*** All 2020 Skate Colorado Compete USA Competition Series awards will be presented at the conclusion of this competition ***</p>	

MISSION STATEMENT: To provide an opportunity for Colorado skaters to develop their skating skills in a fun, competitive environment.

AWARDS: During the competition season, skaters and teams/clubs will have the chance to compete at 8 different competitions and earn points for a final standing. Trophies and medals will be awarded at the conclusion of the Skate Colorado Compete USA competition at the 2020 Colorado Springs Invitational.

*Skate Colorado Compete USA Series Team Banner (3x4) – 1st, 2nd, and 3rd place banners will be awarded to the club/skating school with the most points scored throughout the entire series (all 8 competitions) by skaters representing that club/skating school (points for clubs and skating schools located at the same rink will be added together to enhance and create more of a “team” concept). Points will be awarded based upon the same system as the individual points. **Only the top 10 team members’ OVERALL scores FOR THE ENTIRE SEASON (including move up points) will count toward the team points for the determination of the team trophy.** Tie breakers will be the same as the individual tie breakers.*

Free Skate Program and Elements/Compulsory Series Point System

A skater must enter **BOTH** the Free skate Program **AND** the Elements/Compulsory event **IN THE SAME LEVEL** in each of at least **TWO** of the **EIGHT** registered Skate Colorado Compete USA Competitions to be eligible for accumulating points. Skaters must compete in a minimum of 2 competitions. **Only up to the best 4 scores (free skate and compulsory/elements added together) of the season will be totaled for the final score in the series.** Each event will have a maximum of six skaters. Both youth and adults may accumulate points!

The system for scoring points for the trophies will be as follows:

1 st place	6 points
2 nd place	5 points
3 rd place	4 points
4 th place	3 points
5 th place	2 points
6 th place	1 point

** A skater will earn three points toward their overall standing each time the skaters enters a level that is higher than the level competed in at the previous competition throughout the duration of the series. In order to keep the extra three points he/she must compete in that level or higher in all subsequent competitions. Move up points will be awarded for all 8 series events (even though the event point scores may not be one of the final four best scores).*

In the event that there is only one skater in an event, the skater will have the choice to skate alone OR move up a level to compete against other skaters, **HOWEVER, THE SKATER WILL HAVE TO MOVE UP IN BOTH THE ELEMENTS/COMPULSORY MOVES AND THE PROGRAMS W/MUSIC EVENTS.** In this case, those skaters will be allowed to move back to their original level to compete at the next competition and shall not be awarded the 3 point move up credit



If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

In case of a tie, the total number of skaters that the competitor has skated against throughout the series (all competitions and not just the competitions with the 4 best scores) will be the 1st tie breaker. The total score for all free skate events during the season will be the 2nd tie breaker, the total score for all compulsory events during the season will be the 3rd tie breaker, and the number of levels increased throughout the season will be the 4th tie breaker.

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

Trophies will be awarded 1-3 in each level from Snowplow Sam through Free Skate 6 and Adult 1-6. The trophies will be awarded to the skaters at their level as of the last competition in which they compete.

Rules and Format:

COMPETITION ANNOUNCEMENT

The **Skate Colorado Compete USA Series** is sponsored equally by the **8** participating ice rinks and/or U.S. Figure Skating member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA Program/Club or any other Learn to Skate USA Program/Club.

Eligibility will be based on skill level as of the closing date of entries.

All Snowplow Sam through Basic 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and **NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.**

All Pre-Free Skate through Free Skate 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. **Skaters may have passed Pre-Preliminary MITF and no higher, Preliminary Dance and no higher, and may NOT have passed any U.S. FIGURE SKATING free skate tests.**

It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee and/or their Chief Referee discover that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

Elements: Snowplow Sam – Basic 6

Format: Each skater will perform one element at a time in the order listed below (no excessive connecting steps or choreography)

- To be skated on ½ ice, no music
- **All elements must be skated in the order listed – no additional elements are allowed**
- **The skater must demonstrate the required elements as described**
- **Each element may only be attempted once**
- Time: 1:00 MAX

Compulsory: Pre-Free Skate – Free Skate 6 and Adults 1-6

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice, no music
- **The skater must demonstrate the required elements as described**
- **Each element may only be attempted once**
- **May use any additional elements from previous levels as connecting steps.**
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 MAX Pre-Free Skate – Free Skate 6; 1:30 MAX Adult 1-6

Programs with Music: Snowplow Sam – Basic 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- **The skater must demonstrate the required elements as described and may use any additional elements from their current level or a previous level**
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:10 MAX

Programs with Music: Pre-Free Skate – Free Skate 6 and Adult 1 – 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- To be skated on full ice
- Vocal music is allowed.
- **The skater must demonstrate the required elements as described and may use, but is not required to use, any additional elements from their current level (including bonus elements) or a previous level**
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:40 MAX

• Required Descriptions for Elements & Compulsories

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> March followed by a two-foot glide and dip Forward two-foot swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row 	Free Skate 3	<ul style="list-style-type: none"> Alternating Mohawk/crossover sequence, right to left and left to right Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise Advanced back spin with free foot in crossed leg position – minimum 3 revolutions Loop jump Waltz jump/toe loop or Salchow/toe loop jump combination
Basic 1	<ul style="list-style-type: none"> Forward two-foot glide and dip Forward two-foot swizzles, 6-8 in a row Beginning snowplow stop on two-feet or one-foot Backward wiggles, 6-8 in a row 	Free Skate 4	<ul style="list-style-type: none"> Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum 3 revolutions Half loop jump (Euler) Flip jump
Basic 2	<ul style="list-style-type: none"> Forward one-foot glide (no variations), either foot Scooter pushes, right and left foot, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward two-foot swizzles, 6-8 in a row 	Free Skate 5	<ul style="list-style-type: none"> Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum 3 revolutions Waltz jump - loop jump combination Lutz jump
Basic 3	<ul style="list-style-type: none"> Beginning forward stroking showing correct use of blade Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot 	Free Skate 6	<ul style="list-style-type: none"> Forward power pulls, minimum 3 on each foot Camel, sit spin combination - minimum of 4 revolutions total Waltz jump/Euler (half loop)/ Salchow jump combination Beginning Axel jump: minimum requirement is a clear attempt either stationary or moving
Basic 4	<ul style="list-style-type: none"> Forward outside edge on a circle, clockwise or counter clockwise Forward crossovers, 4-6 consecutive, clockwise and counterclockwise Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, max 4 revolutions 	Adult 1	<ul style="list-style-type: none"> Forward marching Forward two-foot glide Forward swizzle (4-6 in a row) Forward snowplow stop – two feet or one foot
Basic 5	<ul style="list-style-type: none"> Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, 4-6 consecutive, clockwise and counterclockwise Forward outside three-turn, right and left Advanced two-foot spin, min 4 revolutions Hockey stop 	Adult 2	<ul style="list-style-type: none"> Forward skating across the width of the ice Forward one-foot glides Forward slalom Backward skating Backward swizzles, 4-6 in a row
Basic 6	<ul style="list-style-type: none"> Forward inside three-turn, right and left Bunny Hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, max 3 revolutions, optional free leg held position and entry T-stop, right or left 	Adult 3	<ul style="list-style-type: none"> Forward stroking using the blade properly Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise Forward chasses on a circle, clockwise and counterclockwise Backward skating to a long two-foot glide Backward snowplow stop, right and left
Pre-Free Skate	<ul style="list-style-type: none"> Forward inside open Mohawk from a standstill position (R to L and L to R) Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise Basic one-foot upright spin, optional entry and free-foot position - minimum 3 revolutions Mazurka Waltz jump 	Adult 4	<ul style="list-style-type: none"> Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Forward crossovers, clockwise and counterclockwise Hockey stop, both directions Backward one-foot glides, right and left
Free Skate 1	<ul style="list-style-type: none"> Forward stroking, 4-6 consecutive powerful strokes Backward outside three-turns, right and left One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions Toe loop Half flip jump 	Adult 5	<ul style="list-style-type: none"> Backward outside edge and backward inside edge on a circle, right and left Backward crossovers, clockwise and counterclockwise Forward outside three-turn, right and left Beginning two-foot spin (min 2 revolutions)
Free Skate 2	<ul style="list-style-type: none"> Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis Backward inside three-turns, right and left Beginning back spin – max 2 revs Half Lutz Salchow jump 	Adult 6	<ul style="list-style-type: none"> Forward stroking with crossover end patterns Backward stroking with crossover end patterns Forward inside three-turn, right and left T-stop Lunge Two-foot spin into one-foot spin (min 2 revs on 1 foot)

Required Descriptions for Programs with Music

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row 	Free Skate 3	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, (minimum 3 revolutions) • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination • NOT ALLOWED – Waltz/Loop combination
Basic 1	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row 	Free Skate 4	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum 3 revolutions • Half Loop jump (Euler) • Flip jump • NOT ALLOWED – Waltz jump/Half Loop/Salchow combination
Basic 2	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row 	Free Skate 5	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz - loop jump combination • Lutz jump
Basic 3	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot 	Free Skate 6	<ul style="list-style-type: none"> • Creative step sequence using a variety of three turns, mohawks, and toe steps • Camel, sit spin combination - minimum of 4 revolutions total • Waltz jump/Euler (half loop)/ Salchow jump combination • Beginning Axel jump: minimum requirement is a clear attempt either stationary or moving
Basic 4	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, clockwise and counter clockwise • Backward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, max 4 revolutions 	Adult 1	<ul style="list-style-type: none"> • Forward marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot
Basic 5	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, clockwise and counter clockwise • Forward outside three-turn, right and left • Advanced two-foot spin, min 4 revolutions • Hockey stop 	Adult 2	<ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row
Basic 6	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, max 3 revolutions, optional entry and free leg held position • T-stop, right or left 	Adult 3	<ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Backward skating to a long two-foot glide • Forward chasses on a circle, clockwise and counterclockwise • Backward snowplow stop, right and left
Pre-Free Skate	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counter clockwise • Basic one-foot upright spin, optional entry and free-foot position (minimum 3 revolutions) • Mazurka • Waltz jump • NOT ALLOWED – Waltz jump, side toe hop, waltz jump 	Adult 4	<ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Backward one-foot glides, right and left • Hockey stop, both directions
Free Skate 1	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive powerful strokes • One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions • Toe loop jump • Half flip jump • NOT ALLOWED – Waltz jump/Toe Loop combination 	Adult 5	<ul style="list-style-type: none"> • Backward outside edge on a circle, right and left • Backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin
Free Skate 2	<ul style="list-style-type: none"> • Alternating forward outside spiral (right and left) and inside spiral (right and left) on a continuous axis • Beginning back spin, max 2 revolutions • Half Lutz jump • Salchow jump • NOT ALLOWED – Salchow/Toe Loop combination 	Adult 6	<ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin (min 2 revs on 1 foot)



EVENT: 2020-2021

The Fort Collins Figure Skating Club is proud to be part of the 2020 Excel Series

General event parameters:

- Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.

Excel Series Registration:

<https://fs12.formsite.com/USFSAIT/y8nk5tmbyb/index.html>

Excel Program Technical Information:

https://fs12.formsite.com/USFSAIT/images/2020_Excel_FS_Technical_Info.pdf

Excel events may be run as either 6.0 or IJS subject to the individual competition announcement. Events will be run in accordance with the Excel Technical Handbook on the Excel Program webpage, regardless of which judging system is used.



U.S. Figure Skating Nonqualifying Competitions

EVENT: Jumps Challenge

General event parameters:

1. Each jump may be attempted twice; the best attempt will be counted.
2. Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice

For IJS events please attempt each jump twice as both will be judged. Jumps must be skated within the time frame or a time violation will be applied to the protocol.

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. ½ flip or ½ Lutz 3. Single Salchow
High Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combination – waltz jump-toe loop
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single loop 3. Jump combination – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single flip 3. Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single flip 2. Single Lutz 3. Jump combination – Any single jump + single loop (may include Axel)
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel or double Salchow 2. Single or double jump 3. Jump combination – single/single (may include Axel)
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double Salchow or double toe loop 3. Jump combination – single/single or double/single (may include single Axel)
Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double toe loop or double loop 3. Jump combination – double/single or double/double (may include single Axel)
Novice	1:30 max.	<ol style="list-style-type: none"> 1. Double loop 2. Double flip 3. Jump combination – double/double (may include double Axel)
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Choice of double or triple jump (Salchow, toe loop, loop, Lutz) 2. Double or triple flip 3. Jump combination – double/double (may include double Axel)
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Choice of double or triple jump (Salchow, toe loop, loop, flip) 2. Double or triple Lutz 3. Jump combination – double/double or triple/double (may include double Axel)

