



**American Ice Theatre Seminar on Fri 10/19/18 at EPIC in Fort Collins, CO
8am-3pm including a Q&A session for parents & skaters. Space is limited to
50 skaters. Must have passed a USFS test or be in Freestyle class to participate.**

\$70 for FCFSC home club members - Registration deadline 10/5/18
\$95 for associate & non-home club members if room is available - Registration deadline 10/12/18
Free for FCFSC home club coaches; \$35 for all other PSA member coaches
Checks payable to: FCFSC and put both check & form below into the club's box at EPIC
Wear all black to the seminar. Questions: Katie Holmes 1skatinglesson@gmail.com

Kate McSwain [kmcswain.com] trained as an elite figure skater for over 15 years, at the Detroit Skating Club and more recently, the Broadmoor Skating Club in Colorado Springs. She holds a B.A. in Theatre from the University of Colorado and has extensive training in dance, pilates, and yoga. Kate is an American Ice Theatre certified choreographer. Kate is experienced and knowledgeable in performance concepts such as stage presence, body awareness, emotional expression, and artistic presentation. Kate, a PSA Master-Rated Choreographer, has choreographed for the 2014 National Champion Theatre on Ice team, Act 1 of Boston, as well as elite singles skaters such as Rachael Flatt, Jeremy Abbott, and Adam Rippon. She has worked with American Ice Theatre, Ice Theatre of New York, and Chicago's Ice-Semble in their professional productions and has directed seminars for top coaches and competitors across the nation. Currently, Kate teaches in Boston, is Co-director of American Ice Theatre - Boston, and travels to direct artistic seminars, choreograph for competitive skaters and TOI teams, and perform in professional ice show productions.



Garrett Kling [garrettkling.com] is a USFS Gold Medalist in moves and freestyle and has his Pre-golds in compulsory ice dance. He was both a regional and sectional competitor in singles and dance. In 2012 he earned a B.A. in English/Communications from Trinity International University in Chicago. Currently he is on the American Ice Theatre Board of Directors and is the AIT Chicago Associate Director. Garrett is both a PSA Master-Rated Choreographer and AIT certified as well as a professional skater for the past six years performing in such shows as Holiday on Ice, Willy Bietak Productions, StageWorks Worldwide, Dynamic Shows, Ice Theatre of New York and Ice Dance International. Garrett has a passion for storytelling through ice, dance, photography and journalism.

- 8:00am - 9:10am: off ice**
- 9:15am - 10:45am: on ice**
- 10:45am - 11:30am: lunch on your own**
- 11:30am - 12:50pm - off ice**
- 1:00pm - 2:30pm: on ice**
- 2:30pm - 3:00pm: off ice Q&A for parents & skaters**

The focus of this seminar is on body movement, choreography, finding your edges and learning techniques to develop your performance quality.



Their private lesson rate is \$95/hr. Kate and Garrett can teach privates both on and off the ice. Contact Marianne Strobel at mkstrobel@hotmail.com to schedule a private or semi-private lesson.

~~~~~ CUT HERE AND SUBMIT THIS FORM WITH YOUR CHECK PAYABLE TO FCFSC ~~~~~

**AIT Seminar by Kate McSwain & Garrett Kling on Friday, October 19, 2018:**

Name: \_\_\_\_\_ Home Club: \_\_\_\_\_ Head Coach: \_\_\_\_\_ Amount Submitted: \$ \_\_\_\_\_  
Email address: \_\_\_\_\_ Attending this seminar as:  Skater  Coach - PSA Number: \_\_\_\_\_

Accident/Liability Release I (We: the participant's and the parent's), do hereby release Fort Collins Figure Skating Club, EPIC and all directors, staff and instructors of personal property losses, accident or injuries of any kind occurring while I/my child is participating in any and all programs. I also authorize Fort Collins FSC to use all photos or videos taken of me/my child during the program.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_/2018

If necessary mail this form with your check to: Katie Holmes at 4545 Wheaton Drive F-380, Fort Collins, CO 80525