



**2018 Fort Collins Classic  
April 5-8, 2018**

Edora Pool and Ice Center (EPIC)  
1801 Riverside Ave  
Fort Collins, Colorado 80525

**Entries due February 28, 2018 at 11:59pm**  
**Online registration only**

**\*\* EntryEeze ONLINE REGISTRATION & SECURE PAYMENT \*\***  
[www.fortcollinsfsc.org](http://www.fortcollinsfsc.org)

**Chief Referee: Hannah Katz**  
**Chief Accountant: Sheldrin Zhu**  
**Technical Accountant: Tom Tanger**

Sponsored by:  
The Fort Collins Figure Skating Club

For further information please contact Debbie Kindsfater or Kelly Cann or visit [www.fortcollinsfsc.org](http://www.fortcollinsfsc.org).

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**The Fort Collins Figure Skating Club participates in the  
2018 National Solo Dance Series & the 2018 Compete USA Series**



The 2018 Fort Collins Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

*This event is a standard U.S. Figure Skating Nonqualifying Competition*  
LG/7-9-17



This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

**SERIES INFORMATION:** The 2018 Fort Collins Classic has been approved for the 2018 National Solo Dance Series and the 2018 Colorado Compete USA (formerly Colorado Basic Skills) Series.

**ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

**Age restrictions/requirements:** Skaters entering juvenile free skate events (Well Balanced Program) must be under 13 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 13 years of age at the close of entries. **Age is set by skater's age as of February 28<sup>th</sup>, 2018.**

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age, should the number of entries warrant more than one group.

**ENTRIES:** Entries must be **entered online by 11:59pm MST on February 28, 2018.** Online registration by secure credit card payment is available using Entryeeze (**will add in link as soon as we get approved and I get link**) or you can go to the FCFSC website for additional information. <https://www.fortcollinsfsc.org/fort-collins-classic/>. Paper entries will not be accepted.

Late entries or changes to your entry after this date will be **accepted at the discretion of the Chief Referee and will be assessed a \$25.00 processing fee.** The competition committee reserves the right to limit entries in any event or to cancel an event.

<b><u>ENTRY FEES</u></b>		
<b>EVENT TYPE</b>	<b>ENTRY FEE</b>	<b>COMMENTS</b>
First IJS Event	\$110	
First 6.0 Event	\$100	
Additional Events	\$45	
Critiques	\$10	
Pairs (as an only event)	\$55 per skater	
Pairs (as additional event)	\$30 per skater	
First Compete USA Event	\$60	
Additional Compete USA Events	\$20	
Synchronized Skating or Groups	\$100 per team + \$5 per skater	Groups include mini and or production
TOI Choreographic Element & FS	\$250.00	Includes 15 minute OPI
Special Olympics First Event	\$40.00	
Special Olympics Additional	\$25.00	

## Event

Late Fee/Change Fee	\$25	Late registration or change fee after 2/28
PPC Upload Fee	\$15	If not submitted by 3/26
Music Upload Fee	\$10	If not submitted by 3/26

**\*Pairs may not be taken as your first event unless it is the only event you are entering. Short and long programs for single and pairs are being offered as separate events.**

Notification of competition and practice ice times, schedules and announcements will be sent to your email through EntryEeze. Listing a valid email address when you register online is required.

Competition information and updates can be found at [www.fortcollinsfsc.org](http://www.fortcollinsfsc.org).

**REFUND POLICY:** Entry fees will not be refunded after February 28, 2018 unless no competition exists or the event is canceled. **There will be no refunds for medical withdrawals.** The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

**FACILITIES:** The competition will be held at Edora Pool and Ice Center (EPIC), 1801 Riverside Ave. Fort Collins, CO 80525. (970) 221-6683. <https://www.fcgov.com/recreation/epic.php>  
The facility has two NHL size ice surfaces measuring 85' by 200' which consist of the Blue rink and the Green rink. There is spectator seating on both rinks. The Green rink can be cold so remember to dress warm. There are vending machines on site and there will be locker rooms and warm up areas available for all competitors.

**MUSIC:** Music must be submitted electronically via the online registration system by the music deadline of **Monday, March 26, 2018 at 11:59 pm.** A back up CD should be readily available at the competition in case something happens to your music rink side. CD's will only be accepted at registration if the electronic file could not be downloaded by the music staff. You will be prompted to provide a cd at registration if this is the case. The LOC will accept no responsibility for damage or loss.

**LIABILITY:** U.S. Figure Skating, Fort Collins Figure Skating Club and Edora Pool and Ice Center (EPIC) accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM: \*\*\*\*2018-19 RULES WILL BE USED**

**The International Judging System (IJS) will be used for the following events:**

*Well Balanced Program Free Skate events- Preliminary – Senior*  
*Short Program Events, Open Juv, Juvenile – Senior*  
*Pairs Free Skate events, Juvenile – Senior*  
*Pairs Short Program events, Intermediate – Senior*  
*Adult Gold/Championship Gold, Masters Intermediate – Senior*  
*Spins –Preliminary – Senior*  
*All Solo Dance Events*

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LG/7-9-17



IJS Ltd Pre Pre through Pre-Juvenile events will be called according to the standard rules of IJS (see TN 201)

Spins will be limited to a maximum of level 1 in BOTH Freeskate and in Spins events

**IJS Preliminary through Pre-Juvenile events** will be called according to the standard rules of IJS.

-Step sequences will be called as ChSt.

-Spins will be limited to a maximum of level 1.

-The ½ loop jump is a listed jump per USFSA Rulebook and Technical notification 167

-Free skate events have 3 components: Skating skills and transitions, performance and execution and choreography and interpretation.

All competitors skating in these events need to submit the Planned Program Content (PPC) online through EntryEeze. The deadline to submit the PPC is **March 26th, 2018 at 11.59 pm.** There will be a \$15 late fee **PRIOR TO SKATING** for skaters who do not turn in their PPC.

**The 6.0 Majority Judging System will be used for:**

*Well Balanced Program Free Skate events, Pre-Preliminary & Ltd Pre-Preliminary*

*Introductory Free Skate Events (Beginner, High Beginner, No Test)*

*Basic Skills – Snowplow Sam through Basic 8 and Pre-Free Skate through Free Skate 6.*

*All Test Track events*

*Specialty Singles Events (Spins Beginner – Pre-Preliminary, Jumps, Compulsory Moves, Showcase)*

*Adult Pre-Bronze – Silver*

**REGISTRATION:** Registration will begin 30 minutes to 1 hour prior to practice ice and run through the last practice ice of the day. The registration area will be located in the skate rental area on the north side of the EPIC lobby. Please register promptly upon your arrival to the rink and no later than 1 hour before your first event.

**LOCKER ROOMS AND CHANGING AREAS:** This event will be following the Locker Rooms and Changing Area policy included in the SafeSport Handbook. There will be a designated locker room for parents with children 11 and under and locker rooms available for other participants. See registration desk for further info.

**PRACTICE ICE:** Practice ice will begin on Thursday, April 5\*. Practice ice will be \$15/warm up ice \$10 if purchased before the competition deadline of February 28 2017.

Practice ice is 30 minutes in length.

Warm up ice is 20 minute in length and is guaranteed to take place prior to and on the same day as the event being skated. It is offered for all Short programs and Well Balanced Free Skate events.

Compete USA (Basic Skills) practice ice will begin on April 7, 2018 and will be \$6 in 15 minute increments.

<b><u>PRACTICE ICE FEES</u></b>			
Practice ice - 30 min	On or before Feb. 28th: \$15	March 1st- April 4th: \$18	Start of competition: \$20
Warm up ice - 20 min	On or before Feb. 28th: \$10	March 1st - April 4th: \$12	Start of competition: \$15
Compete USA ice – 15 min	On or before Feb. 28th: \$6	March 1st - April 4th: \$8	Start of competition: \$10
Synchro ice - 30 min	On/before Feb. 28th: \$100 per team	N/A	N/A

There will be no music played on any practice ice/warm up session.

Additional practice ice sales will be sold on-line for \$18 per session (\$8 basic skills) after the registration deadline. Additional practice ice will be available for purchase during the competition and will cost \$20 (\$9 basic skills) at the practice ice desk.

Practice ice may or may not take place on the competition ice surface. There is **NO** “official practice ice” and **NO MUSIC** will be played on any practice ice or warm up session. Assigned practice ice is non-refundable. If you have questions about practice ice, please contact Kelly Cann-[Kelly.cann79@gmail.com](mailto:Kelly.cann79@gmail.com) or Lynda Strommer-[fourstrommers@yahoo.com](mailto:fourstrommers@yahoo.com).

Synchronized skating exclusive practice ice will be in 30 minute increments at \$100.00

Props are not allowed on practice ice.

We reserve the right to cancel or change any practice ice session.

Practice ice will be organized by skater when possible. Practice ice will be selected by the skater. After the close of entries, you will receive an email from the LOC through EntryEze letting you know when practice ice selection is available. Practice ice is not refundable after the close of entries on February 28, 2018.

If you have issues with practice ice the day the competition starts or at the competition, please do not call or email. See the practice ice table.

**PHOTOGRAPHY/VIDEOGRAPHY:** Kevin Devine Photography will be doing action shots and videography. He will also have a camera up set up to take pictures on the podium if you want a professional looking shot. <http://www.kevindevinephotography.com>

**AWARDS:** Presentation of awards will immediately follow the posting of results. Awards will be given to 1-4<sup>th</sup> place skaters with the exception of Compete USA (Basic Skills) which an award will be given to 1-6<sup>th</sup> place. In the Solo Dance Combined event, medals will be awarded only for the final combined placement.

**OFFICIAL NOTICES:** An official bulletin board will be maintained next to the registration desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes to 1 hour

prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

### **INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

**For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen, be registered as a Learn to Skate USA instructor and completed the Learn to Skate USA Instructor Certification or U.S. Figure Skating Coach Compliance.**

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://usfsa.org/story?id=84159>

**CONTACT INFO:** Email preferred. No phone calls past 9 pm MST.

<u>Chief Referee</u>	Hannah Katz	<a href="mailto:hannahekatz@gmail.com">hannahekatz@gmail.com</a>	
<u>Chair</u>	Debbie Kindsfater	<a href="mailto:fortcollinsclassic2018@gmail.com">fortcollinsclassic2018@gmail.com</a>	(970) 481-9359
<u>Co-Chair</u>	Kelly Cann	<a href="mailto:Kelly.cann79@gmail.com">Kelly.cann79@gmail.com</a>	(970) 237-9842
<u>Practice Ice</u>	Kelly Cann		
	Lynda Strommer	<a href="mailto:fourstrommers@yahoo.com">fourstrommers@yahoo.com</a>	(970) 980-4631
<u>Programs &amp; Ads</u>	Marci Pilon	<a href="mailto:mpilon@rocketmail.com">mpilon@rocketmail.com</a>	(970) 980-9407
<u>Vendor</u>	Carol Hartman	<a href="mailto:covakey@comcast.net">covakey@comcast.net</a>	(970) 290-3809

### **ADDITIONAL INFORMATION:**

**ADMISSIONS:** This competition is open to the general public for viewing at no charge. **Please, no flash photography or videotaping.**

**CRITIQUES:** Will be offer for all **IJS Short and Free Skate events only**. They will be \$10 per critique. The critiques will be based on officials' availability. Please purchase your critique online through EntryEeze. When purchasing the critique on EntryEeze please specify both the level AND event.

**HOTELS:** Please see the FCFSC website for official hotel information. [www.fortcollinsfsc.org](http://www.fortcollinsfsc.org).

**HOSPITALITY:** There will be hospitality available for both officials and coaches. Coaches hospitality will be located in the Pro's room located in the lobby of the green rink.

**ADVERTISING:** If you are interested in placing an ad in the competition program for your skater, your club, your business or your upcoming competition, please see the following page.



**Fort Collins Classic 2018  
Competition Program - Advertising Order Form**

**\*\*DEADLINE March 19<sup>th</sup>, 2018**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Company/Organization \_\_\_\_\_

**PLEASE SELECT AD SIZE:**

- \_\_\_\_\_ \$5 skater's ad (please see options below)
- \_\_\_\_\_ \$15 business card & quarter page
- \_\_\_\_\_ \$25 half page
- \_\_\_\_\_ \$40 full page
- \_\_\_\_\_ \$60 front inside or back inside cover
- \_\_\_\_\_ \$80 back cover

**SKATER'S AD – ONLY \$5!**

Please follow this 4 step process to create your personal skater's advertisement!

**STEP 1:** Write skater's name as you want it to appear in the ad: \_\_\_\_\_

**STEP 2:** Select a message:

- ☐ Good Luck!
- ☐ Have Fun!
- ☐ Skate Great!
- ☐ Write your own using line below:

\_\_\_\_\_  
\_\_\_\_\_

**STEP 3:** Write additional Text:

Love, \_\_\_\_\_

From, \_\_\_\_\_

Write your own using lines below:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**STEP 4:** Select an image:

(please circle the image you want to use or if you want to use your own, email it to [mpilon@rocketmail.com](mailto:mpilon@rocketmail.com))



**\*\*All advertisements must be submitted electronically via email to [mpilon@rocketmail.com](mailto:mpilon@rocketmail.com) by March 19<sup>th</sup>, 2018\*\***

Mail this completed advertising order form with payment (check payable to Fort Collins FSC) to:

**Fort Collins Figure Skating Club**

**C/O Marci Pilon**

**2512 Fox Run Ct.**

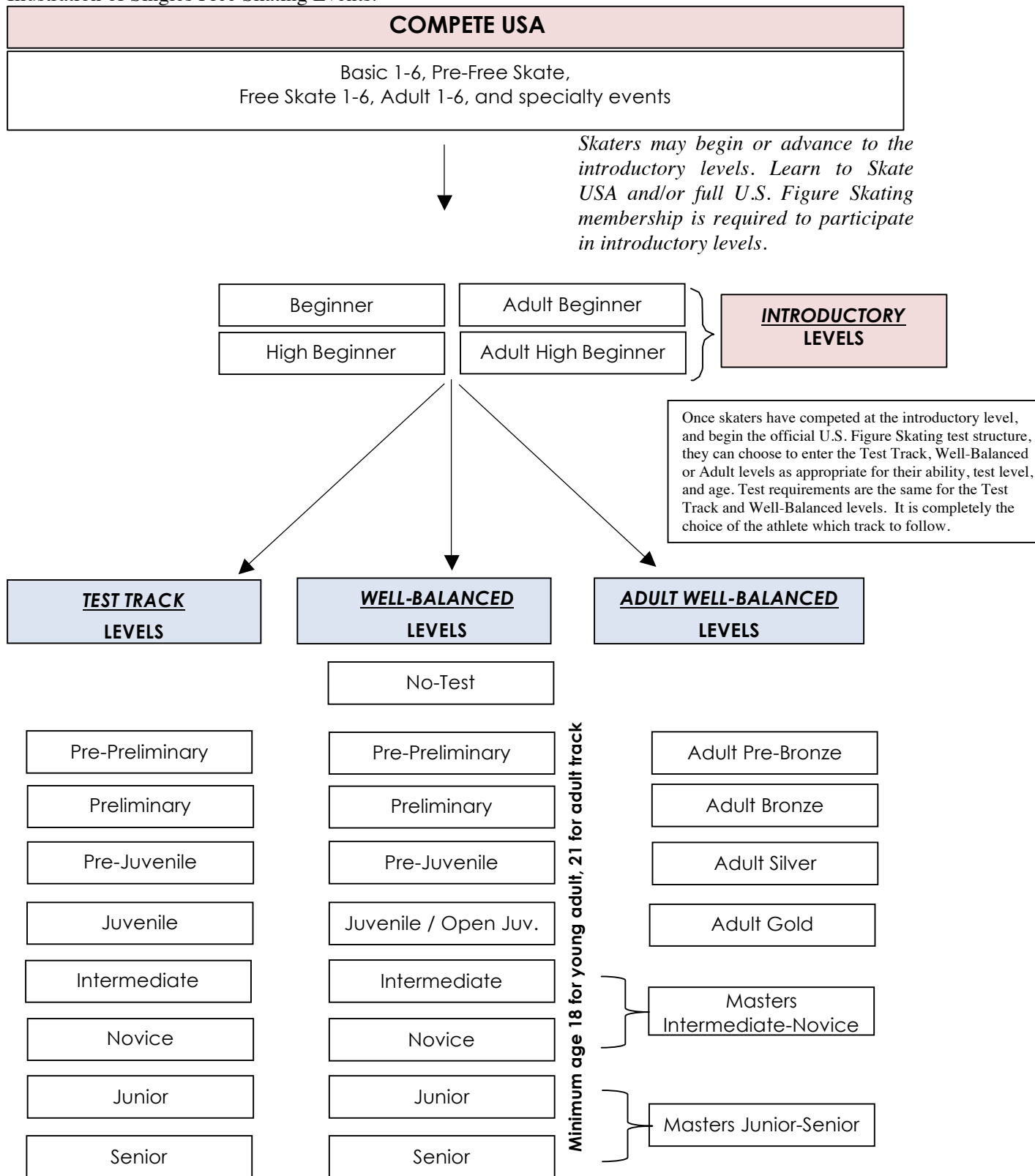
**Fort Collins, CO 80526**

For questions contact Marci Pilon at 970-980-9407 or [mpilon@rocketmail.com](mailto:mpilon@rocketmail.com)

## SINGLES FREE SKATING EVENTS

See current rulebook or click [here](#) for current rules and requirements.

Illustration of Singles Free Skating Events:



This event is a standard U.S. Figure Skating Nonqualifying Competition  
LG/7-9-17





## U.S. Figure Skating Nonqualifying Competitions

### FREESKATE EVENTS: WELL BALANCED, ADULT, TEST TRACK

Skaters may enter EITHER a Well Balanced Free Skate event or a Test Track Free Skate but NOT both. Skaters will skate to the music of their choice. The following charts highlight the elements in each program. They are not meant to replace the reading of the rules in the current version of the U.S. Figure Skating rulebook. Should these charts disagree with the current U.S. Figure Skating Rulebook in any aspect, the rulebook takes precedence.

In 6.0 judged events, the following deductions will be taken:

-0.1 from each mark for each technical element included that is not permitted in the event description

-0.2 from the technical mark for each extra element included

-0.1 from the technical mark for any spin that is less than the required minimum revolutions

**Well Balanced Program Free Skate** - <http://www.usfigureskating.org/content/2017-18%20Singles%20FS%20Chart.pdf>

LEVEL	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<b>LIMITED PRE- PRELIMINARY</b>  <b>1:40 max</b>  *means element is required	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>All single jumps allowed except for the single Axel               <ul style="list-style-type: none"> <li>No single Axels, double, triple or quadruple jumps allowed</li> <li>Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or jump sequences               <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted.</li> <li>Jump sequences limited to a maximum of 3 single jumps</li> </ul> </li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>Spins may change feet and/or position</li> <li>Spins may start with a flying entry</li> <li>Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>Step Sequence               <ul style="list-style-type: none"> <li>Must use one-half the ice surface</li> <li>Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>
<b>PRE- PRELIMINARY</b>  <b>1:40 max</b>  *means element is required	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>All single jumps, including the single Axel, allowed               <ul style="list-style-type: none"> <li>No double, triple or quadruple jumps allowed</li> <li>Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels)</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or jump sequences               <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted.</li> <li>Jump sequences limited to a maximum of 3 single jumps</li> </ul> </li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>Spins may change feet and/or position</li> <li>Spins may start with a flying entry</li> <li>Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>Step Sequence               <ul style="list-style-type: none"> <li>Must use one-half the ice surface</li> <li>Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>
<b>PRELIMINARY</b>  <b>1:30 +/- 10 sec</b>  *means element is required	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel or a waltz jump-type jump*</li> <li>All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop)               <ul style="list-style-type: none"> <li>Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed</li> <li>An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or sequences               <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump permitted</li> <li>Jump sequences limited to a maximum of 3 single or double jumps</li> </ul> </li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>Spins may change feet and/or position</li> <li>Spins may start with a flying entry</li> <li>Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>Step Sequence               <ul style="list-style-type: none"> <li>Must use one-half the ice surface</li> <li>Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>

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## Well Balanced Program Free Skate – continued

LEVEL	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<b>PRE-JUVENILE</b>  <b>2:00 +/- 10 sec</b>  *means element is required	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>All single and double jumps allowed except for the double Axel                             <ul style="list-style-type: none"> <li>No triple or quadruple jumps allowed</li> </ul> </li> <li>An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps, in jump sequences or in jump combinations</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> <li>Max 2 jump combinations or sequences                             <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted</li> <li>Jump sequences limited to a maximum of 3 single or double jumps</li> </ul> </li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination, with or without change of foot*                             <ul style="list-style-type: none"> <li>May start with a flying entry</li> <li>Min 6 revs</li> </ul> </li> <li>1 spin with only 1 position*                             <ul style="list-style-type: none"> <li>No change of foot</li> <li>May start with a flying entry</li> <li>Min 4 revs</li> </ul> </li> </ul> <p>These spins must be of a different character</p> <ul style="list-style-type: none"> <li>(For definition see U.S. Figure Skating rule 4103 (E))</li> </ul>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>Step Sequence                             <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> <li>Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>
<b>JUVENILE and OPEN JUVENILE</b>  <b>2:20 +/- 10 sec</b>  *means element is required	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>All single and double jumps, including the double Axel, allowed                             <ul style="list-style-type: none"> <li>No triple or quadruple jumps allowed</li> <li>No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence</li> <li>No double jump can be included more than twice</li> </ul> </li> <li>Max 2 jump combinations or sequences                             <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except one may be a 3-jump combination with a max of 2 double jumps and 1 single jump</li> <li>Number of jumps in jump sequence is not limited</li> </ul> </li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*                             <ul style="list-style-type: none"> <li>Min 8 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with only 1 position; no change of foot*                             <ul style="list-style-type: none"> <li>Min 5 revs</li> </ul> </li> </ul> <p>Both spins may start with a flying entry Spins must be of a different character</p> <ul style="list-style-type: none"> <li>(For definition see U.S. Figure Skating rule 4103 (E))</li> </ul>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One choreographic step sequence*</li> </ul> <p>Must fully utilize the ice surface</p>
<b>INTERMEDIATE</b>  <b>2:40 +/- 10 sec</b>  *means element is required	<b>Max 6 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump</li> <li>All single, double and triple jumps allowed                             <ul style="list-style-type: none"> <li>No more than 2 different jumps with 2 ½ or 3 revolutions may be repeated</li> <li>If any double or triple jumps, including double Axel, are repeated, at least one attempt must be part of a jump combination or sequence                                     <ul style="list-style-type: none"> <li>If both executions (of the double or triple) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>No double or triple jump can be included more than twice</li> </ul> </li> <li>Max 3 jump combinations or sequences                             <ul style="list-style-type: none"> <li>Combinations are limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> <li>Number of jumps in jump sequence is not limited</li> </ul> </li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*                             <ul style="list-style-type: none"> <li>Min 8 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with only 1 position; no change of foot*                             <ul style="list-style-type: none"> <li>Min 5 revs</li> </ul> </li> </ul> <p>Both spins may start with a flying entry Spins must be of a different character</p> <ul style="list-style-type: none"> <li>(For definition see U.S. Figure Skating rule 4103 (E))</li> </ul>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One leveled step sequence*</li> <li>Maximum of Level 2. Only Minimum Variety (5 turns) &amp; Simple Variety (7 turns) and rotation in each direction covering at least a 1/3 of the pattern in total for each rotational direction will be evaluated for the level.</li> </ul> <p>Must fully utilize the ice surface</p>
<b>NOVICE LADIES</b>  <b>3:00 +/- 10 sec</b>  *means element is required	<b>Max 6 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>All single, double and triple jumps are allowed                             <ul style="list-style-type: none"> <li>No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence                                     <ul style="list-style-type: none"> <li>If both executions (of the double or triple) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice</li> </ul> </li> <li>Max 3 jump combinations or sequences                             <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> <li>Number of jumps in jump sequence is not limited</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*                             <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 flying spin with no change of foot or position*                             <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>3rd spin is option of skater</li> </ul> <p>All spins may start with a flying entry Spins must be of a different character</p> <ul style="list-style-type: none"> <li>(For definition see U.S. Figure Skating rule 4103 (E))</li> </ul>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One leveled step sequence*</li> </ul> <p>Must fully utilize the ice surface</p>

## Well Balanced Program Free Skate – continued

LEVEL	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<b>NOVICE MEN</b>  <b>3:30 +/- 10 sec</b>  *means element is required	<b>Max 7 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>All single, double and triple jumps are allowed                             <ul style="list-style-type: none"> <li>No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least one attempt must be part of a jump combination or sequence.                                     <ul style="list-style-type: none"> <li>If both executions (of the double or triple) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice</li> </ul> </li> <li>Max 3 jump combinations or sequences- Number of jumps in jump sequence is not limited                             <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*                             <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 flying spin with no change of foot or position*                             <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>3rd spin is option of skater</li> </ul> All spins may start with a flying entry Spins must be of a different character • (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One leveled step sequence*</li> </ul> Must fully utilize the ice surface
<b>JUNIOR LADIES</b>  <b>3:30 +/- 10 sec</b>  *means element is required	<b>Max 7 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Jumps can contain any number of revolutions                             <ul style="list-style-type: none"> <li>Of all the triples or quads, only 2 can be executed twice                                     <ul style="list-style-type: none"> <li>If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence</li> </ul> </li> <li>Max 3 jump combinations or sequences- Number of jumps in jump sequence is not limited                             <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*                             <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with a flying entry*                             <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>1 spin with only 1 position*                             <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> </ul> All spins may change feet and start with a flying entry Spins must be of a different character • (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One leveled step sequence*</li> </ul> Must fully utilize the ice surface
<b>JUNIOR MEN</b>  <b>4:00 +/- 10 sec</b>  *means element is required	<b>Max 8 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Jumps can contain any number of revolutions                             <ul style="list-style-type: none"> <li>Of all the triples or quads, only 2 can be executed twice                                     <ul style="list-style-type: none"> <li>If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence</li> </ul> </li> <li>Max 3 jump combinations or sequences- Number of jumps in jump sequence is not limited                             <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*                             <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with a flying entry*                             <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>1 spin with only 1 position*                             <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> </ul> All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One leveled step sequence*                             <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> </ul>
<b>SENIOR LADIES</b>  <b>4:00 +/- 10 sec</b>  *means element is required	<b>Max 7 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Jumps can contain any number of revolutions                             <ul style="list-style-type: none"> <li>Of all the triples or quads, only 2 can be executed twice                                     <ul style="list-style-type: none"> <li>If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence</li> </ul> </li> <li>Max 3 jump combinations or sequences- Number of jumps in jump sequence is not limited                             <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*                             <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with a flying entry*                             <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>1 spin with only 1 position*                             <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> </ul> All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 2 Sequences</b> <ul style="list-style-type: none"> <li>One leveled step sequence*                             <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> <li>One choreographic sequence*</li> </ul> Must be clearly visible
<b>SENIOR MEN</b>  <b>4:30 +/- 10 sec</b>  *means element is required	<b>Max 8 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Jumps can contain any number of revolutions                             <ul style="list-style-type: none"> <li>Of all the triples or quads, only 2 can be executed twice                                     <ul style="list-style-type: none"> <li>If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence</li> </ul> </li> <li>Max 3 jump combinations or sequences- Number of jumps in jump sequence is not limited                             <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*                             <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with a flying entry*                             <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>1 spin with only 1 position*                             <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> </ul> All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 2 Sequences</b> <ul style="list-style-type: none"> <li>One leveled step sequence*                             <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> <li>One choreographic sequence*</li> </ul> Must be clearly visible

## Adult Well Balanced Program Free Skate - <http://www.usfigureskating.org/content/2017-18%20Adult%20Singles%20WBP%20Chart.pdf>

LEVEL	JUMP ELEMENTS	SPINS	STEP SEQUENCES
CHAMPIONSHIP MASTERS JUNIOR/SENIOR & MASTERS JUNIOR/SENIOR 3:40 max * means element is required	<b>Max 7 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Max 3 combinations or sequences</li> <li>1 jump combinations/sequences may contain three jumps; the remaining jump combination/sequences are limited to two jumps</li> <li>Number of jumps in sequence is unlimited, but only the two highest-value jumps in a jump sequence will be counted</li> <li>No Axels and multi-rotation jumps may be repeated more than once, and if repeated, those jumps must be in combination or sequence</li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 5 revolutions total if no change of foot</li> <li>Min. 4 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	<b>Max 1 Step Sequence</b> <ul style="list-style-type: none"> <li>1 Choreographic step sequence fully utilizing the ice surface (may include Moves in the Field and spirals)</li> <li>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul>
CHAMPIONSHIP MASTERS INTERMEDIATE/ NOVICE & MASTERS INTERMEDIATE/ NOVICE 3:10 max * means element is required	<b>Max 6 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Max 3 combinations or sequences</li> <li>1 jump combinations/sequences may contain three jumps; the remaining jump combination/sequences are limited to two jumps</li> <li>Each jump may be repeated only once, and only as part of comb or seq</li> <li>All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop</li> <li>Only one double-double jump combination or sequence is permitted</li> <li>Double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 5 revolutions total if no change of foot</li> <li>Min. 4 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	<b>Max 1 Step Sequence</b> <ul style="list-style-type: none"> <li>1 Choreographic step sequence fully utilizing the ice surface (may include Moves in the Field and spirals)</li> <li>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul>
CHAMPIONSHIP ADULT GOLD & ADULT GOLD 2:40 max	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>Max 3 combinations or sequences</li> <li>1 jump combinations/sequences may contain three jumps; the remaining jump combination/sequences are limited to two jumps</li> <li>Each jump may be repeated only once, and only as part of combo or seq</li> <li>All single jumps, including an Axel-type jump, are permitted, as are the following double jumps: double toe loop, double Salchow</li> <li>No double-double jump combinations or sequences are permitted</li> <li>Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	<b>Max 3 spins</b> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 4 revolutions total if no change of foot</li> <li>Min. 4 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	<b>Max 1 Step Sequence</b> <ul style="list-style-type: none"> <li>1 Choreographic step sequence fully utilizing the ice surface (may include Moves in the Field and spirals)</li> <li>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul>
CHAMPIONSHIP ADULT SILVER & ADULT SILVER 2:10 max	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>Max 2 combinations or sequences</li> <li>1 combination/sequence may consist of three jumps, and the other may have only two jumps</li> <li>Additional jump sequences which contain non-listed jumps of not more than one performed as part of connecting footwork preceding single jumps are permitted</li> <li>Each jump may be repeated only once, and only as part of combo or sequence (max 2 of any jump)</li> <li>All single jumps are permitted, including single Axel</li> <li>No double or triple jumps are permitted</li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 3 revolutions total if no change of foot</li> <li>Min. 3 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li><u>1 choreographic step sequence, fully utilizing at least 1/2 of the ice surface (may include moves in the field and spirals)</u></li> </ul> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p>
ADULT BRONZE 1:50 max	<b>Max 4 Jump Elements</b> <ul style="list-style-type: none"> <li>Max 2 combinations or sequences;</li> <li>1 combination/sequence may consist of three jumps, and the other may have only two jumps</li> <li>Each jump may be repeated only once, and only as part of combination or sequence (maximum of 2 of any jump)</li> <li>All single jumps are permitted (except Axel)</li> <li>No Axel, double or triple jumps are permitted</li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 3 revolutions total if no change of foot</li> <li>Min. 3 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> <li>No flying spins are permitted</li> </ul>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li><u>1 choreographic step sequence, fully utilizing at least 1/2 of the ice surface (may include moves in the field and spirals)</u></li> </ul> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p>
ADULT PRE-BRONZE 1:40 maximum	<b>Max 4 Jump Elements</b> <ul style="list-style-type: none"> <li>Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included</li> <li>1 jump combination/sequence may consist of three jumps, and the other may have only two jumps.</li> <li>Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>Only single and half-revolution jumps are allowed</li> <li>No single Lutz, single Axel or double jumps are allowed</li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>Min 3 revs</li> <li>Spins with a flying entry are not permitted</li> </ul>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>Connecting steps throughout the program are required</li> </ul>

This event is a standard U.S. Figure Skating Nonqualifying Competition  
LG/7-9-17



**Test Track Free Skate - <http://www.usfsa.org/content/2017-18%20Test%20Track%20Requirements.pdf>**

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
<b>PRE- PRELIMINARY</b> 1:40 maximum	<b>Maximum of 5 jump elements:</b> <ul style="list-style-type: none"> <li>• Jumps with not more than ½ rotation (front to back or back to front including ½ loop)</li> <li>• Single rotation jumps: Salchow, toe loop &amp; loop only</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<b>Maximum of 2 spins:</b> <ul style="list-style-type: none"> <li>• Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
<b>PRELIMINARY</b> 1:30 +/- 10 sec.	<b>Maximum of 5 jump elements:</b> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<b>Maximum of 2 spins:</b> <ul style="list-style-type: none"> <li>• One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>• One spin consisting of a front to back scratch; exit on spinning foot not mandatory. (Min. 3 revs per foot)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
<b>PRE-JUVENILE</b> 2:00 +/- 10 sec.	<b>Maximum of 5 jump elements:</b> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels)</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<b>Maximum of 2 spins:</b> <ul style="list-style-type: none"> <li>• One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>• One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions).</li> <li>• Spins may not fly.</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
<b>JUVENILE</b> 2:20 +/- 10 sec.	<b>Maximum of 5 jump elements:</b> <ul style="list-style-type: none"> <li>• Any single jumps, including Axel, are permitted.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<b>Maximum of 2 spins:</b> <ul style="list-style-type: none"> <li>• One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>• One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</li> <li>• Only solo spin may fly</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
<b>INTERMEDIATE</b> 2:40 +/- 10 sec.	<b>Maximum of 6 jump elements:</b> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Double jumps permitted: double Salchow and double toe loop.</li> <li>• Max of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<b>Maximum of 2 spins:</b> <ul style="list-style-type: none"> <li>• One must be a flying spin (min 5 revolutions).</li> <li>• One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
<b>NOVICE</b> <b>Ladies:</b> 3:00 +/- 10 sec. <b>Men:</b> 3:30 +/- 10 sec.	<b>Maximum of 7 jump elements for men, 6 for ladies</b> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Double jumps permitted: double Salchow, double toe loop and double loop.</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<b>Maximum of 3 spins, of a different nature:</b> <ul style="list-style-type: none"> <li>• One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</li> <li>• The other spins are the option of the skater (min 6 revolutions per foot)</li> <li>• All spins may fly</li> </ul>	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
<b>JUNIOR</b> <b>Ladies:</b> 3:30 +/- 10 sec. <b>Men:</b> 4:00 +/- 10 sec.	<b>Maximum of 8 jump elements for men, 7 for ladies</b> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<b>Maximum of 3 spins of a different nature:</b> <ul style="list-style-type: none"> <li>• One spin in one position (Min. 6 revolutions)</li> <li>• One flying spin (Min. 6 revolutions)</li> <li>• One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)</li> </ul>	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
<b>SENIOR</b> <b>Ladies:</b> 4:00 +/- 10 sec. <b>Men:</b> 4:30 +/- 10 sec.	<b>Maximum of 8 jump elements for men and 7 for ladies:</b> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Must include at least four different double jumps, one must be a double Lutz.</li> <li>• Triple jumps are not permitted</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<b>Maximum of 3 spins of a different nature:</b> <ul style="list-style-type: none"> <li>• One spin in one position (Min. 6 revolutions)</li> <li>• One flying spin (Min. 6 revolutions)</li> <li>• One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul>	<b>Men:</b> Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. <b>Ladies:</b> One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rules 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test



This event is a standard U.S. Figure Skating Nonqualifying Competition  
LG/7-9-17

### **SINGLES SHORT PROGRAM – link will be included when chart is available on USFA website**

- Juvenile/Open-Juvenile – Senior short program events will be offered
- Athletes/coaches are responsible for going to the USFS rulebook for rules, program length, etc
- ALL Short Programs will utilize the requirements for the 2018-2019 competitive season
- Juvenile short program follows Intermediate SP rules (Rule 4230) modified as noted in [TN 194](#)

CHART WILL BE ADDED AS SOON AS IT IS AVAILBLE FROM US FIGURE SKATING

### **PAIRS FREE SKATING EVENTS**

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

-Pre-juvenile - Senior (<http://www.usfsa.org/content/2017-18%20Pairs%20FS%20Chart.pdf>)

### **PAIRS SHORT PROGRAM EVENTS**

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Intermediate short program – Rule 5230
- B. Novice short program – Rule 5220
- C. Junior short program – Rule 5210
- D. Senior short program – Rule 5200



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: COMPULSORY MOVES

General event parameters:

1. No Test – Juvenile: Elements skated on ½ ice
2. Intermediate – Senior: Elements skated on full-ice
3. The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
4. A 0.2 deduction will be taken for each element performed from a higher level.
5. Music is not allowed.
6. Skaters may compete at their test level or one level higher.

Level	Time	Skating rules/standards
No-Test	1:15 max.	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions</li> <li>4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>
Pre-Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1. Toe Loop jump</li> <li>2. Jump combination: single/single (no Axel)</li> <li>3. Sit spin or camel spin - minimum three revolutions</li> <li>4. Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ol>
Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1. Single Lutz</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Back upright spin - minimum three revolutions</li> <li>4. Forward inside spiral</li> </ol>
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> <li>1. Single jump (may include Axel)</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence - circular</li> </ol>
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> <li>1. Single Axel</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence – circular</li> </ol>
Intermediate	1:30 max.	<ol style="list-style-type: none"> <li>1. Double Salchow or double toe loop</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Flying spin, minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol>
Novice	1:30 max.	<ol style="list-style-type: none"> <li>1. Double loop</li> <li>2. Jump combination: double/single or double/double</li> <li>3. Flying spin - minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol>
Junior	1:30 max.	<ol style="list-style-type: none"> <li>1. Double flip</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>
Senior	1:30 max.	<ol style="list-style-type: none"> <li>1. Double Lutz</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Jumps Challenge

#### General event parameters:

7. Each jump may be attempted twice; the best attempt will be counted.
8. Pre-juvenile and lower will be skated  $\frac{1}{2}$  ice; Juvenile – senior will be skated on full ice
9. Jumps with an “\*” must be preceded with connecting steps (intermediate – senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump (from backward crossovers)</li> <li>2. <math>\frac{1}{2}</math> flip or <math>\frac{1}{2}</math> Lutz</li> <li>3. Single Salchow</li> </ol>
High Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump (from backward crossovers)</li> <li>2. Single Salchow</li> <li>3. Jump combination – waltz jump-toe loop</li> </ol>
No-Test	1:15 max.	<ol style="list-style-type: none"> <li>1. Single toe loop</li> <li>2. Single loop</li> <li>3. Jump combination – Any two <math>\frac{1}{2}</math> or single revolution jumps (no Axel)</li> </ol>
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1. Single toe loop</li> <li>2. Single flip</li> <li>3. Jump combination - Any two <math>\frac{1}{2}</math> or single revolution jumps (no Axel)</li> </ol>
Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>5. Single flip</li> <li>6. Single Lutz</li> <li>7. Jump combination – Any single jump + single loop (may be Axel)</li> </ol>
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> <li>5. Single Axel</li> <li>6. Single or double jump</li> <li>7. Jump combination – single/single (no Axel)</li> </ol>
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> <li>5. Single Axel</li> <li>6. Double Salchow</li> <li>7. Jump combination – single/single or double/single (no Axel)</li> </ol>
Intermediate	1:30 max.	<ol style="list-style-type: none"> <li>5. Single Axel</li> <li>6. Double loop*</li> <li>7. Jump combination – double/single (no Axel)</li> </ol>
Novice	1:30 max.	<ol style="list-style-type: none"> <li>5. Double loop</li> <li>6. Double flip*</li> <li>7. Jump combination – double/double (may be double Axel)</li> </ol>
Junior	1:30 max.	<ol style="list-style-type: none"> <li>5. Choice of double or triple jump</li> <li>6. Double or triple flip*</li> <li>7. Jump combination – double/double (may be double Axel)</li> </ol>
Senior	1:30 max.	<ol style="list-style-type: none"> <li>5. Choice of double or triple jump</li> <li>6. Double or triple Lutz*</li> <li>7. Jump combination – double/double or triple/double (may be double Axel)</li> </ol>



## U.S. Figure Skating Nonqualifying Competitions

**EVENT:** Spins Challenge – 6.0 for beginner through pre-preliminary, 1.5 for preim and above.

General event parameters:

10. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
11. All events are skated on ½ ice.
12. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright two-foot spin (3)</li> <li>3. Sit spin (3)</li> </ol>
High Beginner	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright two-foot spin (3)</li> <li>3. Sit spin (3)</li> </ol>
No-Test	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright two-foot spin (3)</li> <li>3. Sit spin (3)</li> </ol>
Pre – Preliminary	1:30 max.	<ol style="list-style-type: none"> <li>4. Upright one-foot spin (3)</li> <li>5. Upright back scratch spin (3)</li> <li>6. Sit spin (3)</li> </ol>
Preliminary	1:30 max.	<ol style="list-style-type: none"> <li>8. Forward scratch to back scratch spin (3)</li> <li>9. Combination spin with no change of foot (4)</li> <li>10. Sit spin (3)</li> </ol>
Pre – Juvenile	1:30 max.	<ol style="list-style-type: none"> <li>8. Camel spin (3)</li> <li>9. Combination spin – camel to sit spin; no change of foot (6)</li> <li>10. Forward to backward scratch spin (3 per foot)</li> </ol>
Juvenile & Open Juv.	1:30 max.	<ol style="list-style-type: none"> <li>8. Sit spin (4)</li> <li>9. Combination spin – with change of foot; optional change of position (4 per foot)</li> <li>10. Girls – layback spin (4); Boys – camel spin (4)</li> </ol>
Intermediate	1:30 max.	<ol style="list-style-type: none"> <li>8. Flying camel spin (5)</li> <li>9. Sit spin to backward sit spin (4 per foot)</li> <li>10. Combination spin – change of foot &amp; change of position (4 per foot)</li> </ol>
Novice	1:30 max.	<ol style="list-style-type: none"> <li>8. Choice of camel, sit or layback spin (6)</li> <li>9. Camel spin to backward camel spin (4 per foot in position)</li> <li>10. Combination spin – change of foot &amp; two changes of position (2 per position &amp; 5 per foot)</li> </ol>
Junior	1:30 max.	<ol style="list-style-type: none"> <li>8. Flying sit spin or flying reverse sit spin (6)</li> <li>9. Solo spin of choice (6) – may not fly</li> <li>10. Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ol>
Senior	1:30 max.	<ol style="list-style-type: none"> <li>8. Flying spin of choice (6)</li> <li>9. Solo spin of choice (6) – may not fly</li> <li>10. Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ol>



### **2018 U.S. FIGURE SKATING SOLO DANCE SERIES EVENTS**

The 2018 Fort Collins Classic is a participating competition within the 2018 Solo Dance Series

The solo pattern dance event, solo combined event and shadow dance events are being offered as part of the 2018 U.S. Figure Skating Solo Dance Series and will be conducted in accordance with the 2018 Solo Dance

Series Handbook which can be found at:

<http://www.usfsa.org/content/2018%20Solo%20Series%20Handbook.pdf>.

Please refer to the 2018 Solo Dance Series handbook for the current Series rules, levels and event requirements.

### **SOLO PATTERN DANCE EVENT**

The solo pattern dance event is comprised of two dances at each level.

<b>Level</b>	<b>Dances</b>
Preliminary	Canasta Tango Rhythm Blues
Pre-Bronze	Cha Cha Fiesta Tango
Bronze	Hickory Hoedown Willow Waltz
Pre-Silver	Fourteenstep European Waltz
Silver	American Waltz Rocker Foxtrot
Pre-Gold	Paso Doble Starlight Waltz
Gold	Westminster Waltz Quickstep
International	Silver Samba Yankee Polka

**Solo Combined Event:** The solo combined dance event is comprised of both of the following:

1.) ***JUVENILE, INTERMEDIATE, NOVICE***: One solo pattern dance chosen by the referee out of two possible dances as selected by U.S. Figure Skating. This dance will not be posted until the starting order is posted at the competition.

*Pattern Dance Selection for Juvenile:* Willow Waltz and Hickory Hoedown

*Pattern Dance Selection for Intermediate:* Foxtrot and European Waltz

*Pattern Dance Selection for Novice:* American Waltz and Tango

***JUNIOR, SENIOR***: One solo short dance

2.) One solo free dance

The pattern dances competed in the combined dance event are separate from those in the solo pattern dance event and the results will not count towards the solo pattern dance event or results.

#### **2018 Solo Dance Series Entry Form Information**

**Are you a registered participant in the 2016 U.S. Figure Skating Solo Dance Series?**

☐ Yes, my Solo Dance Series Registration # is \_\_\_\_\_

☐ No



## U.S. Figure Skating Nonqualifying Competitions

### SHOWCASE EVENTS

**EVENT:** Showcase Events – Dramatic Entertainment Events

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness.
- Props and scenery ARE permitted.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.
3. Current guidelines and procedures for nonqualifying showcase competitions can be found at <http://www.usfigureskating.org/content/17-18%20Showcase%20Guidelines.pdf>.

### Dramatic Entertainment Levels:

*Except for Adult events, skaters must compete at the highest level for which they qualify.*

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
No Test (does not qualify for National Showcase)	No Free Skate test passed	Pre-Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Pre-Preliminary (does not qualify for National Showcase)	Pre-Preliminary Free Skate	Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under*	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17*	2:10 max

Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max
<b>Event</b>	<b>Must meet requirements*</b> Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track)	<b>Must not have passed</b> Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher	<b>Age</b>	<b>Time</b>
Adult Pre- Bronze (does not qualify for National)	Adult Pre-Bronze Free Skate OR Pre-Preliminary Free Skate	Adult Bronze Free Skate Preliminary Free Skate OR Any Free Dance	21 and older	1:40 max
Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Pre-Bronze Dance Test (prior to 4/30/17)	Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate Juvenile Free Skate (prior to 10/1/94) Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	Adult Gold Free Skate Juvenile Free Skate (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze Free Dance (prior to 9/2/2000) OR 4th Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance OR 3rd Figure (prior to 10/1/77)	Intermediate FS (on/after 10/1/91) Junior Free Dance Silver Free Dance (Prior to 9/2/2000) OR 5th Figure Test (prior to 10/1/77)	21 and older	1:40 max
Masters	Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver Free Dance (Prior to 9/2/2000) 3rd Figure Test (prior to 10/1/77) OR 8th Figure Test (10/1/77-9/30/79)		21 and older	1:40 max

\* For the US Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete; rules 2540-2552 apply.; and the same level must be chosen for all showcase events at the competition (for example, a skater may not compete in Masters Dramatic Entertainment and Adult Gold Light Entertainment events at the same competition). Adult athletes wishing to be grandfathered into a higher level based on participation at the Adult Championships or National Showcase prior to 4/30/17 may make this request to the National Vice Chair for National Showcase. For all other competitions, skaters must compete at their test level or one level higher, per the above chart. For Basic Skills levels and events, please refer to the U.S. Figure Skating Compete USA Competition Manual for Showcase event levels, elements, qualifications, program lengths and descriptions. For events offered, refer to the competition announcement.

\* Beginning February 1, 2018, the following changes will take effect: Juvenile age requirement is under 13 years of age and the Teen age requirement is 13 years of age or older.



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Showcase Events – Light Entertainment Events

#### Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.

#### General event parameters:

4. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
5. The determination of level will be based upon test requirement at the entry deadline.
6. Current guidelines and procedures for nonqualifying showcase competitions can be found at <http://www.usfigureskating.org/content/17-18%20Showcase%20Guidelines.pdf>.

### Light Entertainment Levels:

*Except for Adult events, skaters must compete at the highest level for which they qualify.*

Event	Must meet requirements*	Must not have passed	Age	Time
No Test (does not qualify for National Championships)	No Free Skate test passed	Free Skate or Dance (solo or partnered) Test or higher	No age restriction	1:30 max
Pre-Preliminary (does not qualify for National Championships)	Pre-Preliminary Free Skate	Pre-Preliminary Free Skate OR Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Preliminary Free Skate OR Any Free Dance	No minimum age (max age 20)	1:40 max

Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 20)</b>	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under*	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17*	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max
<b>Event</b>	<b>Must meet requirements*</b> Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track)	<b>Must not have passed</b> Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher	<b>Age</b>	<b>Time</b>
Adult Pre- Bronze (does not qualify for National)	Adult Pre-Bronze Free Skate OR Pre-Preliminary Free Skate	Adult Bronze Free Skate Preliminary Free Skate OR Any Free Dance	21 and older	1:40 max
Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Pre-Bronze Dance Test (prior to 4/30/17)	Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate Juvenile Free Skate (prior to 10/1/94) Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3 <sup>rd</sup> Figure (prior to 10/1/77)	Adult Gold Free Skate Juvenile Free Skate (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze Free Dance (prior to 9/2/2000) OR 4 <sup>th</sup> Figure (prior to 10/1/77)	21 and older	1:40 max

Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance OR 3 <sup>rd</sup> Figure (prior to 10/1/77)	Intermediate FS (on/after 10/1/91) Junior Free Dance Silver Free Dance (Prior to 9/2/2000) OR 5 <sup>th</sup> Figure Test (prior to 10/1/77)	21 and older	1:40 max
Masters	Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver Free Dance (Prior to 9/2/2000) 3 <sup>rd</sup> Figure Test (prior to 10/1/77) OR 8 <sup>th</sup> Figure Test (10/1/77-9/30/79)		21 and older	1:40 max

\* Beginning February 1, 2018, the following changes will take effect: Juvenile age requirement is under 13 years of age and the Teen age requirement is 13 years of age or older.



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Showcase Events – Interpretive Events

Format: Interpretive is a performance choreographed by the competitor, unaccompanied and unassisted, to music supplied by the competition committee / LOC. Programs should incorporate various elements of expressive movement and skating moves, to enhance the skater's interpretation of the music, rather than technical elements.

- The music will be played continuously during a 30-minute off-ice session in a room and twice during an on-ice warm-up prior to the performance.
  - The room will be attended only by the adult monitor assigned to play the music and the competing skaters.
- **After the warm up, skaters will go back to a room, with no music being played.**
- Skaters will be brought to the ice when the previous skater finishes.
- All competitors in an event will interpret the same music.
- Props are permitted but must be brought into the room prior to listening to the music, and be taken to the ice only when the skater is called to perform. Props may not be pre-positioned on the performance surface.

Current guidelines and procedures for nonqualifying showcase competitions can be found at <http://www.usfigureskating.org/content/17-18%20Showcase20%Guidelines.pdf>.

### Interpretative Events and Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify

Level	Program Duration	Test Requirements (Freeskate or Free Dance)
Pre-juvenile and below	1:00 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.

Juvenile - novice	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Junior and senior	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Teen and young adult	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
All adult events	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Showcase Events – Duet Events

#### Format:

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery ARE permitted.

#### General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline

Current guidelines and procedures for nonqualifying showcase competitions can be found at <http://www.usfigureskating.org/content/17-18%20Showcase20%Guidelines.pdf>.

#### Duet Event Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

Event	Must meet requirements*	Must not have passed	Age	Time
	Must have passed Free Skating or Dance test (solo or partnered standard track)	Free Skate or Dance (solo or partnered) Test or higher		
No Test	No Free Skate test passed	Pre-Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Pre-Preliminary	Pre-Preliminary Free Skate	Preliminary Free Skate Any Free Dance	No age restriction	1:30 max

Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 20)</b>	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 20)</b>	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under*	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17*	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max
<b>Event</b>	<b>Must meet requirements*</b> Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track)	<b>Must not have passed</b> Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher	<b>Age</b>	<b>Time</b>
Adult Pre- Bronze	Adult Pre-Bronze Free Skate OR Pre-Preliminary Free Skate	Adult Bronze Free Skate Preliminary Free Skate OR Any Free Dance	21 and older	1:40 max
Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Pre-Bronze Dance Test (prior to 4/30/17)	Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate Juvenile Free Skate (prior to 10/1/94) Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3 <sup>rd</sup> Figure (prior to 10/1/77)	Adult Gold Free Skate Juvenile Free Skate (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze Free Dance (prior to 9/2/2000) OR 4 <sup>th</sup> Figure (prior to 10/1/77)	21 and older	1:40 max

Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance OR 3 <sup>rd</sup> Figure (prior to 10/1/77)	Intermediate FS (on/after 10/1/91) Junior Free Dance Silver Free Dance (Prior to 9/2/2000) OR 5 <sup>th</sup> Figure Test (prior to 10/1/77)	21 and older	1:40 max
Masters	Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver Free Dance (Prior to 9/2/2000) 3 <sup>rd</sup> Figure Test (prior to 10/1/77) OR 8 <sup>th</sup> Figure Test (10/1/77-9/30/79)		21 and older	1:40 max

\* For the US Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete; rules 2540-2552 apply.; and the same level must be chosen for all showcase events at the competition (for example, a skater may not compete in Masters Dramatic Entertainment and Adult Gold Light Entertainment events at the same competition). Adult athletes wishing to be grandfathered into a higher level based on participation at the Adult Championships or National Showcase prior to 4/30/17 may make this request to the National Vice Chair for National Showcase. For all other competitions, skaters must compete at their test level or one level higher, per the above chart. For Basic Skills levels and events, please refer to the U.S. Figure Skating Compete USA Competition Manual for Showcase event levels, elements, qualifications, program lengths and descriptions. For events offered, refer to the competition announcement.

\* Beginning February 1, 2018, the following changes will take effect: Juvenile age requirement is under 13 years of age and the Teen age requirement is 13 years of age or older.

## SYNCHRONIZED SKATING EVENTS

2017-18 Synchronized skating rules:

<http://www.usfsa.org/content/2017-18%20SYS%20FS%20Elements%20v1%20.pdf>

## SPECIAL OLYMPICS EVENTS

SPECIAL OLYMPICS: The Special Olympics portion of this competition will be conducted in accordance with the new Learn to Skate USA competition rule book and the current Special Olympics Winter Sports Rules. Skaters age 8 years and older are eligible to compete. Skaters will be divided into groups by skating ability (Level 1 through Level 6). Skaters must be registered as Special Olympians through the Special Olympics Office. Please see the Learn to Skate USA rules in the announcement.

# 2018 Skate Colorado Compete USA Series



<p><b>FrightFest (EPIC)</b>  <b>Date: October 29, 2017</b>  <a href="http://www.fortcollinsfsc.org">www.fortcollinsfsc.org</a>  1801 Riverside  Fort Collins, CO 80525  Competition Chair: Gordon Harrison  gordlhar@hotmail.com  (719) 337-7610  <b>Competition Application Deadline: October 20, 2017</b></p>	<p><b>Denver Invitational (South Suburban)</b>  <b>Date: March 16-19, 2018</b>  <a href="http://www.denverfsc.org">www.denverfsc.org</a>  6580 So. Vine Street  Centennial, CO 80121  Competition Chair: Lisa May  lisa@denverfsc.org  (720) 272-0290  <b>Competition Application Deadline: Feb 4, 2018</b></p>
<p><b>Ft. Collins Classic (EPIC)</b>  <b>Date: April 5-8, 2018</b>  <a href="http://www.fortcollinsfsc.org">www.fortcollinsfsc.org</a>  1801 Riverside  Fort Collins, CO 80525  Competition Chair: Dawn Cramer  sinjinaz@icloud.com  (602) 403-3176  <b>Competition Application Deadline: February 28, 2018</b></p>	<p><b>Pueblo Invitational (Pueblo Ice Arena)</b>  <b>Date: April 21-22, 2018</b>  <a href="http://www.pueblofsc.com">www.pueblofsc.com</a>  100 N. Grand Avenue  Pueblo, CO 81003  Competition Chair: Rachel Martin  pueblofigureskatingclub18@gmail.com  (720) 232-6528  <b>Competition Application Deadline: April 6, 2018</b></p>
<p><b>Colorado College Cup (Honnen Ice Arena)</b>  <b>Date: May 13, 2018</b>  <a href="http://www.coloradocollege.edu/other/honnen">http://www.coloradocollege.edu/other/honnen</a>  14 Cache La Poudre St.  Colorado Springs, CO 80903  Competition Chair: Linda Alexander/Donna Schoon  lalexander@coloradocollege.edu  (719) 389-6156  <b>Competition Application Deadline: April 25, 2018</b></p>	<p><b>Front Range Invitational (Greeley Ice Haus)</b>  <b>Date: June 2-3, 2018</b>  <a href="http://www.mountainviewskatingclub.com">www.mountainviewskatingclub.com</a>  PO Box 336771  Greeley, CO 80633  Competition Chair: Leah Hurst  competition@mountainviewskatingclub.com  (970) 616-9101  <b>Competition Application Deadline: May 1, 2018</b></p>
<p><b>Broadmoor Open (World Arena)</b>  <b>Date: June 17, 2018</b>  <a href="http://www.broadmoorskatingclub.com">www.broadmoorskatingclub.com</a>  3185 Venetucci Blvd  Colorado Springs, CO 80906  Competition Chair: Barbara Bradley  HoneyB23@aol.com  719-540-5655  <b>Competition Application Deadline: April 27, 2018</b></p>	<p><b>Colorado Championships (Ice Centre at the Promenade)</b>  <b>Date: Aug 2-4, 2018</b>  <a href="http://www.denverfsc.org">www.denverfsc.org</a>  10710 Westminster Blvd  Westminster, CO 80020  Competition Chair: Brenda Bowers/Cassy Papajohn  coloradochampionships@gmail.com  (303) 517-0701  <b>Competition Application Deadline: June 23, 2018</b></p>
<p><b>Colorado Gold (South Suburban)</b>  <b>Date: August 19, 2018</b>  <a href="http://www.coloradoskatingclub.net">www.coloradoskatingclub.net</a>  6580 So. Vine Street  Centennial, CO 80121  Competition Chair: Valerie Powell / Mike Maciolek  vailval@comcast.net / mcmaciolek@hotmail.com  (303) 596-0339 / (303) 915-9570  <b>Competition Application Deadline: July ?, 2018</b></p>	<p><b>Colorado Springs Invitational (Monument Ice Rinks)</b>  <b>Date: September 16, 2018</b>  <a href="http://www.centennialskatingclub.org">www.centennialskatingclub.org</a>  16240 Old Denver Highway  Monument, CO 80132  Competition Chair: Lisa Landon  Lisa_landon@comcast.net  (719) 659-0912  <b>Competition Application Deadline: Aug 5, 2018</b>  *** All 2018 Skate Colorado Compete USA  Competition Series awards will be presented at the  conclusion of this competition ***</p>

**MISSION STATEMENT:** To provide an opportunity for Colorado skaters to develop their skating skills in a fun, competitive environment.

**AWARDS:** During the competition season, skaters and teams/clubs will have the chance to compete at 10 different competitions and earn points for a final standing. Trophies and medals will be awarded at the conclusion of the CSI Skate Colorado Compete USA competition.

*Skate Colorado Compete USA Series Team Banner (3x4) – 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place banners will be awarded to the club/skating school with the most points scored throughout the entire series (all 10 competitions) by skaters representing that club/skating school (points for clubs and skating schools located at the same rink will be added together to enhance and create more of a “team” concept). Points will be awarded based upon the same system as the individual points. **Only the top 10 team members’ scores will count toward the team points in each competition.** Tie breakers will be the same as the individual tie breakers.*

## **Free skate Program and Elements/Compulsory Series Point System**

A skater must enter **BOTH** the Free skate Program **AND** the Elements/Compulsory event **IN THE SAME LEVEL** in each of at least TWO of the TEN registered Skate Colorado Compete USA Competitions to be eligible for accumulating points. Skaters must compete in a minimum of 2 competitions. **Only up to the best 4 scores (free skate and compulsory/elements added together) of the season will be totaled for the final score in the series.** Each event will have a maximum of six skaters. Both youth and adults may accumulate points!

The system for scoring points for the trophies will be as follows:

1 <sup>st</sup> place	6 points
2 <sup>nd</sup> place	5 points
3 <sup>rd</sup> place	4 points
4 <sup>th</sup> place	3 points
5 <sup>th</sup> place	2 points
6 <sup>th</sup> place	1 point

*\* A skater will earn three points toward their overall standing each time the skaters enters a level that is higher than the level competed in at the previous competition throughout the duration of the series. In order to keep the extra three points he/she must compete in that level or higher in all subsequent competitions. Move up points will be awarded for all 10 series events (even though the event point scores may not be one of the final four best scores).*

In the event that there is only one skater in an event, the skater will have the choice to skate alone OR move up a level to compete against other skaters, **HOWEVER, THE SKATER WILL HAVE TO MOVE UP IN BOTH THE ELEMENTS/COMPULSORY MOVES AND THE PROGRAMS W/MUSIC EVENTS.** In this case, those skaters will be allowed to move back to their original level to compete at the next competition and shall not be awarded the 3 point move up credit.

If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

**In case of a tie, the total number of skaters that the competitor has skated against throughout the series (all competitions and not just the competitions with the 4 best scores) will be the 1st tie breaker. The total score for all free skate events during the season will be the 2nd tie breaker, the total score for all compulsory events during the season will be the 3<sup>rd</sup> tie breaker, and the number of levels increased throughout the season will be the 4<sup>th</sup> tie breaker.**

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

## **Rules and Format:**

### **COMPETITION ANNOUNCEMENT**

The **Skate Colorado Compete USA Competition Series** is sponsored equally by the 10 participating ice rinks and/or U.S. Figure Skating member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

### **ELIGIBILITY RULES FOR PARTICIPANTS**

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA Program/Club or any other Learn to Skate USA Program/Club.

Eligibility will be based on skill level as of the closing date of entries.

All Snowplow Sam through Basic 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and **NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.**

All Pre-Free Skate through Free Skate 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. **Skaters may have passed Pre-Preliminary MITF and no higher, Preliminary Dance and no higher, and may NOT have passed any U.S. FIGURE SKATING free skate tests.**

*It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee and/or their Chief Referee discover that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.*

### Elements: Snowplow Sam – Basic 6

Format: Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps)

- To be skated on ½ ice
- No music
- **All elements must be skated in the order listed – no additional elements are allowed**
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- Time: 1:00 MAX

### Compulsory: Pre-Free Skate – Free Skate 6 and Adults 1-6

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- **The skater must demonstrate the required elements and may use any additional elements from previous levels as connecting steps.**
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- If the description of the move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 MAX Pre-Free Skate – Free Skate 6; 1:30 MAX Adult 1-6

### Programs with Music: Snowplow Sam – Basic 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- **The skater must demonstrate the required elements listed and may use any additional elements from their current level or a previous level**
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:10 MAX

### Programs with Music: Pre-Free Skate – Free Skate 6 and Adult 1 – 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- **The skater must demonstrate the required elements listed and may use, but is not required to use, any additional elements from their current level (including bonus elements) or a previous level**
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:40 MAX

# Required Descriptions for Elements & Compulsories

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> <li>March followed by a two-foot glide and dip</li> <li>Forward two-foot swizzles, 2-3 in a row</li> <li>Forward snowplow stop</li> <li>Backward wiggles, 2-6 in a row</li> </ul>	Free Skate 3	<ul style="list-style-type: none"> <li>Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>Waltz three-turns, clockwise and counterclockwise</li> <li>Advanced back spin with free foot in crossed leg position, (minimum three revolutions)</li> <li>Loop jump</li> <li>Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>
Basic 1	<ul style="list-style-type: none"> <li>Forward two-foot glide and dip</li> <li>Forward two-foot swizzles, 6-8 in a row</li> <li>Beginning snowplow stop on two-feet or one-foot</li> <li>Backward wiggles, 6-8 in a row</li> </ul>	Free Skate 4	<ul style="list-style-type: none"> <li>Forward power 3's, 2-3 consecutive sets, right or left</li> <li>Sit spin - minimum three revolutions</li> <li>Half loop jump</li> <li>Flip jump</li> </ul>
Basic 2	<ul style="list-style-type: none"> <li>Forward one-foot glide, either foot</li> <li>Scooter pushes, right and left foot, 2-3 each foot</li> <li>Moving snowplow stop</li> <li>Two-foot turn in place, forward to backward</li> <li>Backward two-foot swizzles, 6-8 in a row</li> </ul>	Free Skate 5	<ul style="list-style-type: none"> <li>Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>Camel spin - minimum three revolutions</li> <li>Waltz jump-loop jump combination</li> <li>Lutz</li> </ul>
Basic 3	<ul style="list-style-type: none"> <li>Beginning forward stroking showing correct use of blade</li> <li>Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>Forward slalom</li> <li>Beginning backward one-foot glide, either foot</li> <li>Moving forward to backward two-foot turn on a circle</li> </ul>	Free Skate 6	<ul style="list-style-type: none"> <li>Forward power pulls, right and left</li> <li>Split jump or stag jump</li> <li>Camel, sit spin combination - minimum of four revolutions total</li> <li>Waltz jump, half loop, Salchow sequence</li> <li>Beginning Axel jump</li> </ul>
Basic 4	<ul style="list-style-type: none"> <li>Backward one-foot glides, right and left</li> <li>Forward outside edge on a circle, clockwise or counter clockwise</li> <li>Forward crossovers, 4-6 consecutive, both directions</li> <li>Beginning two-foot spin, max 2-4 revolutions</li> <li>Backward ½ swizzle pumps on a circle, one direction only</li> </ul>	Adult 1	<ul style="list-style-type: none"> <li>Forward marching</li> <li>Forward two-foot glide</li> <li>Forward swizzle (4-6 in a row)</li> <li>Forward snowplow stop – two feet or one foot</li> </ul>
Basic 5	<ul style="list-style-type: none"> <li>Backward outside edge on a circle, clockwise or counterclockwise</li> <li>Backward crossovers, 4-6 consecutive, both directions</li> <li>Advanced two-foot spin, max 4-6 revolutions</li> <li>Forward outside three-turn, right and left</li> <li>Hockey stop</li> </ul>	Adult 2	<ul style="list-style-type: none"> <li>Forward skating across the width of the ice</li> <li>Forward one-foot glides</li> <li>Forward slalom</li> <li>Backward skating</li> <li>Backward swizzles, 4-6 in a row</li> </ul>
Basic 6	<ul style="list-style-type: none"> <li>Forward inside three-turn, right and left</li> <li>Bunny Hop</li> <li>Forward spiral on a straight line, right or left</li> <li>Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> <li>T-stop, right or left</li> </ul>	Adult 3	<ul style="list-style-type: none"> <li>Forward stroking using the blade properly</li> <li>Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>Forward chasses on a circle, clockwise and counterclockwise</li> <li>Backward skating to a long two-foot glide</li> <li>Backward snowplow stop, right and left</li> </ul>
Pre-Free Skate	<ul style="list-style-type: none"> <li>Forward inside open Mohawk from a standstill position (R to L and L to R)</li> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>Mazurka</li> <li>Waltz jump</li> </ul>	Adult 4	<ul style="list-style-type: none"> <li>Forward outside edge on a circle, right and left</li> <li>Forward inside edge on a circle, right and left</li> <li>Forward crossovers, clockwise and counterclockwise</li> <li>Hockey stop, both directions</li> <li>Backward one-foot glides, right and left</li> </ul>
Free Skate 1	<ul style="list-style-type: none"> <li>Forward power stroking, 4-6 consecutive strokes</li> <li>Backward outside three-turns, right and left</li> <li>Upright spin, entry from backward crossovers (minimum 4-6 revolutions)</li> <li>Toe loop</li> <li>Half flip</li> </ul>	Adult 5	<ul style="list-style-type: none"> <li>Backward outside edge on a circle, right and left</li> <li>Backward inside edge on a circle, right and left</li> <li>Backward crossovers, clockwise and counterclockwise</li> <li>Forward outside three-turn, right and left</li> <li>Beginning two-foot spin</li> </ul>
Free Skate 2	<ul style="list-style-type: none"> <li>Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>Backward inside three-turns, right and left</li> <li>Beginning back spin, up to two revolutions</li> <li>Half Lutz</li> <li>Salchow jump</li> </ul>	Adult 6	<ul style="list-style-type: none"> <li>Forward stroking with crossover end patterns</li> <li>Backward stroking with crossover end patterns</li> <li>Forward inside three-turn, right and left</li> <li>T-stop</li> <li>Lunge</li> <li>Two-foot spin into one-foot spin (min 2 revs on one foot)</li> </ul>

# Required Descriptions for Programs with Music

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> <li>March followed by a two-foot glide and dip</li> <li>Forward two-foot swizzles, 2-3 in a row</li> <li>Forward snowplow stop</li> <li>Backward wiggles, 2-6 in a row</li> </ul>	Free Skate 3	<ul style="list-style-type: none"> <li>Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>Advanced back spin with free foot in crossed leg position, (minimum three revolutions)</li> <li>Loop jump</li> <li>Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul>
Basic 1	<ul style="list-style-type: none"> <li>Forward two-foot glide and dip</li> <li>Forward two-foot swizzles, 6-8 in a row</li> <li>Beginning snowplow stop on two-feet or one-foot</li> <li>Backward wiggles, 6-8 in a row</li> </ul>	Free Skate 4	<ul style="list-style-type: none"> <li>Forward power 3's, 2-3 consecutive sets, right or left</li> <li>Sit spin - minimum three revolutions</li> <li>Half Loop jump</li> <li>Flip jump</li> </ul>
Basic 2	<ul style="list-style-type: none"> <li>Forward one-foot glide, either foot</li> <li>Scoter pushes, right and left foot, 2-3 each foot</li> <li>Moving snowplow stop</li> <li>Two-foot turn in place, forward to backward</li> <li>Backward two-foot swizzles, 6-8 in a row</li> </ul>	Free Skate 5	<ul style="list-style-type: none"> <li>Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>Camel spin - minimum three revolutions</li> <li>Waltz - loop jump combination</li> <li>Lutz jump</li> </ul>
Basic 3	<ul style="list-style-type: none"> <li>Beginning forward stroking showing correct use of blade</li> <li>Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>Forward slalom</li> <li>Beginning backward one-foot glide, either foot</li> <li>Moving forward to backward two-foot turn on a circle</li> </ul>	Free Skate 6	<ul style="list-style-type: none"> <li>Split jump or stag jump</li> <li>Camel, sit spin combination - minimum of four revolutions total</li> <li>Waltz jump, half loop, Salchow jump sequence</li> <li>Beginning Axel jump</li> </ul>
Basic 4	<ul style="list-style-type: none"> <li>Backward one-foot glides, right and left</li> <li>Forward outside edge on a circle, clockwise or counter clockwise</li> <li>Forward crossovers, 4-6 consecutive, both directions</li> <li>Beginning two-foot spin, maximum 2-4 revolutions</li> <li>Backward ½ swizzle pumps on a circle, one direction only</li> </ul>	Adult 1	<ul style="list-style-type: none"> <li>Forward marching</li> <li>Forward two-foot glide</li> <li>Forward swizzle (4-6 in a row)</li> <li>Forward snowplow stop – two feet or one foot</li> </ul>
Basic 5	<ul style="list-style-type: none"> <li>Backward outside edge on a circle, clockwise or counterclockwise</li> <li>Backward crossovers, 4-6 consecutive, both directions</li> <li>Advanced two-foot spin, maximum 4-6 revolutions</li> <li>Forward outside three-turn, right and left</li> <li>Hockey stop</li> </ul>	Adult 2	<ul style="list-style-type: none"> <li>Forward skating across the width of the ice</li> <li>Forward one-foot glides</li> <li>Forward slalom</li> <li>Backward skating</li> <li>Backward swizzles, 4-6 in a row</li> </ul>
Basic 6	<ul style="list-style-type: none"> <li>Forward inside three-turn, right and left</li> <li>Bunny Hop</li> <li>Forward spiral on a straight line, right or left</li> <li>Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> <li>T-stop, right or left</li> </ul>	Adult 3	<ul style="list-style-type: none"> <li>Forward stroking using the blade properly</li> <li>Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>Backward skating to a long two-foot glide</li> <li>Forward chasses on a circle, clockwise and counterclockwise</li> <li>Backward snowplow stop, right and left</li> </ul>
Pre-Free Skate	<ul style="list-style-type: none"> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>Mazurka</li> <li>Waltz jump</li> </ul>	Adult 4	<ul style="list-style-type: none"> <li>Forward outside edge on a circle, right and left</li> <li>Forward inside edge on a circle, right and left</li> <li>Forward crossovers, clockwise and counterclockwise</li> <li>Backward one-foot glides, right and left</li> <li>Hockey stop, both directions</li> </ul>
Free Skate 1	<ul style="list-style-type: none"> <li>Forward power stroking, 4-6 consecutive strokes</li> <li>Upright spin, entry from backward crossovers (minimum 4-6 revolutions)</li> <li>Toe loop</li> <li>Half flip</li> </ul>	Adult 5	<ul style="list-style-type: none"> <li>Backward outside edge on a circle, right and left</li> <li>Backward inside edge on a circle, right and left</li> <li>Backward crossovers, clockwise and counterclockwise</li> <li>Forward outside three-turn, right and left</li> <li>Beginning two-foot spin</li> </ul>
Free Skate 2	<ul style="list-style-type: none"> <li>Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>Beginning back spin, up to two revolutions</li> <li>Half Lutz</li> <li>Salchow</li> </ul>	Adult 6	<ul style="list-style-type: none"> <li>Forward stroking with crossover end patterns</li> <li>Backward stroking with crossover end patterns</li> <li>Forward inside three-turn, right and left</li> <li>T-stop</li> <li>Lunge</li> <li>Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>

## Compete USA Showcase Events

Format: Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

Showcase categories will include:

- **Dramatic entertainment:** Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- **Light entertainment:** Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- **Duets:** Theatrical/artistic performances by any 2 competitors.

### General event parameters:

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

\* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on [www.usfigureskating.org](http://www.usfigureskating.org).

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Snowplow Sam – Basic 6	Elements only from Snowplow Sam – Basic 6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.