



We're spreading the word...

The word is getting out about the value of nonprofit cafes!

In June, we traveled to Minneapolis to speak at the Independent Natural Food Retailers Association annual conference. We also hosted groups at the Cafe including Small Giants (business leaders growing their companies with purpose), Sage Global Educators (providing youth/educators the opportunity to travel, volunteer and study abroad), St. Paul's youth group, Youth Conservation Corps, and United Way's Resource Development team. In September we'll be off to Atlanta to present at TEDxPeachtree, with the theme of "Explore Humanity's Potential When We Come Together."

Our goal: empower others to act on their ideas to build community.



Selwyn Birchwood Band
The Burroughs
Pandas & People
Matt Skinner & Amanda Hofer

Bike-in to Shire CSA
for great music, food, and beer at
FoCo Cafe's Bike-In Music Festival
Sunday, July 24, 2:30-7:00pm

Selwyn Birchwood Band
International Blues Challenge Winner and
Albert King Guitarist of the Year
The Burroughs
Pandas and People
Matt Skinner and Amanda Hofer

[Sign up to volunteer online at the Festival](#)



The FoCo Freedge is a new effort at the Cafe. Becky Gregori is leading an effort to launch an outdoor refrigerator accepting fresh produce from citizens and restaurants. Going on vacation and don't want to throw out produce? Is your garden producing more than you can use? The FoCo Freedge will build community, reduce food waste, and feed people.

[Becky's GoFundMe Campaign](#)

[Freedge Yard Sale/Silent Auction - July 16](#)



Acts of Kindness



Volunteer and Make a Difference

Many thanks to all the volunteers at FoCo Cafe and beyond! This month we were fortunate to work with many wonderful people from floral arranging to silverware wrapping, to veggie dicing to thank you note writing! Every single act is just as important as the next. Every kind act makes an impact at the Cafe and is carried away in the hearts of others. Thank you!

[Volunteering at the Cafe - learn more](#)

Giving Tree Keeps Giving

[The Giving Tree's](#) gardeners are making so much possible. We are very grateful for the outpouring of support allowing the Giving Tree to flourish!

We have a sponsor board for the Fort Collins Giving Tree and we recently received a shipment of dental care and first aid items!

[Visit the Giving Tree Website](#)

Article by 94.3X: [What Is the Fort Collins Giving Tree?](#)



[Click for an article about FoCo Cafe from We The Wildflowers](#)

Gifts in Kind(ness)

This month we received financial gifts from many individuals, as well as gifts through the **King Sooper's Community Rewards Program** with their reloadable cards. Thank you!

A special happy birthday to **Sarah Josey**, who friends and families celebrated her birthday at the Cafe and made donations to honor her!

Many made an impact through donations of needed items and services too! We received weekly donations of high-value food items from **Trader Joe's**; yoghurt from **noosa**; laser paper from **IT Refresh**; a vacuum and other cleaning items and lots of



A second article on volunteering from
We The Wildflowers

cookbooks secured by PatMontabone; a disher from Maria Scarlata; many donations from individuals and businesses of items and gift cards for the [FoCo Freedge Yard Sale and Silent Auction](#).

It takes a village to build community!

FoCo Cafe's mission is to build community by providing nutritious and delicious meals to all people regardless of their ability to pay.



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