



FoCo Cafe News - March 2015

Volume 4, Issue 3



**Meals Served February
2015: 1,620**

**February volunteer
hours: 465** (not
counting Jeff or
Kathleen)

Dear Kathleen,

3,874 Lunches So Far!

In the first three months, FoCo Cafe has served **3,874 beautiful lunches!** Here are just a few highlights from February:

- Hosting about 35 people at our first volunteer open house and then seeing a number of these visitors volunteering in the next week!
- Gifts found in the Cafe's donation box, like the note at right. Yesterday someone left hearts drawn in the snow at the Cafe entrance!
- Key volunteers putting their talents into our menu, like Nancy's wonderful beef bourguignon.
- Our exterior garden/ landscape plan designed by Blueprint Earth Collective beginning to be implemented by a fabulous group from Leadership Fort Collins.
- Serving dinner to the Fort Collins City Council.
- Our favorite Square feedback in February was just one word: "Kindness"



The "Latest News"

Style Magazine: [Feeding Our Community Ourselves](#)

Townsquare media: [FoCo Cafe Brings Nonprofit Eatery to Northern Colorado](#)

Coloradoan photo album: [Kaiser Permanente volunteers prepare food at FoCo Cafe](#)

[52 Beautiful Things blog](#)

KRFC: [Community CheckUP interview](#)

Coloradoan Soapbox: [Fort Collins nonprofit FoCo Cafe stands apart](#)

- Hosting three large groups of visitors for tours and discussions about the Cafe concept: graduate students, high school students, and English learners.
- Sharing Cafe stories at Q Commons.
- Outdoor seating in February on a beautiful sunny day with 99 lunches served!

We can't thank the community enough for your help, support, and words of encouragement in the FoCo Cafe's first three months of operation!

Onward and upward, Jeff & Kathleen

10 Ways You Can Make a Difference

1. Volunteer! Registration is available online. Once you fill out our online form, you are able to schedule your own shifts at the Cafe! Just log in and schedule yourself into our calendar.

We look forward to seeing you wearing a FoCo Cafe apron!

2. Join us for lunch! Soup, salad, bread, dessert and community. The hope tastes delicious! We're building community Monday through Saturday 11:00 am to 2:00 pm. Bookmark our website to check our menu each day.

3. Grant a wish! Provide something that FoCo Cafe needs. This will make the experience great for our volunteers and our customers! See the Cafe's wish list for ideas.



4. Stretch your philanthropic muscles! Try Sunday Power Yoga at Fort Collins Brewery on the first and third Sunday of each month - it benefits FoCo Cafe. Sign up today!

5. Get an update! Have you noticed Jeff's new hair style? One of our awesome volunteers gave him that update. Set an appointment with Nancy Handler at Barcelona Salon (818-400-6471 or 970-226-2596), mention FoCo Cafe, and she'll donate 5%!

6. Buy Cafe tokens! Ever wanted to give someone a meal, but not in the form of cash? Give a FoCo Cafe token good for one meal. These wooden nickel tokens are \$10, available at the



Upcoming Calendar

March 1

Presentation at Mary of Magdala/Ecumenical Catholic Communion's Adult Education program - Lenten Soup Supper series

March 2

Presentation at Department of Human Services; meeting about Keller-Williams Red Day community service event

March 3, 10, 24, 31

President's Leadership Program intern meeting

March 9

Presentation at Phi Kappa Theta Fraternity

March 11

Meeting with NCRES

March 15

Sunday Power Yoga at Fort Collins Brewery benefiting FoCo Cafe 9-10 am, only \$15 per session and includes a complimentary FCB brew or Bloody Mary
Get more info and sign up in advance

Classes are capped at 15

March 23

Meeting with Constant

Cafe, and make great gifts.

7. Use your 'Smile'! If you shop on Amazon, try [Amazon Smile](#), where you shop and Amazon gives. Just designate "Feeding Our Community Ourselves, Inc." as your charity.

8. Mark your calendar! Join us for **Provide** for food, live music, and an auction to benefit the Cafe. This fundrasier is April 3, 6:00-9:30 pm at Everyday Joe's and is hosted by Old Town Peace Jam, a coalition of high school students dedicated to community action to address environmental sustainability and social justice.

9. Go grocery shopping! Use a King Soopers reloadable card and support the Cafe without spending a penny. King Soopers makes a donation (5% of your spending) to the Cafe each time you reload your card and buy groceries with it. Contact [Penny](#) for info.



10. Spread the word! Invite us to speak for a group or organization, share our [Facebook page](#), or bring a friend to lunch.

Contact

April 3

Old Town Peace Jam's
"Provide"

a fundraiser for FoCo Cafe with dinner, live music, an auction and more! 6:00-9:30 pm at Everyday Joe's Coffee House

Join us for lunch:



FoCo Cafe is a Thrivent Choice nonprofit!

If you are a Thrivent member, you can recommend where some of Thrivent Financial's charitable outreach funds go. Since 2010, eligible members have used this program to direct more than \$225 million to churches and nonprofits nationwide. Thank you to Penny, who recommended us and Thrivent for approving her request!

Onward and upward, Jeff & Kathleen Baumgardner
FoCo Cafe (Feeding Our Community Ourselves, Inc.)

FoCo Cafe Mission:

Building community by providing nutritious and delicious meals to the people of Fort Collins regardless of their ability to pay while using local, organic, and sustainably grown ingredients.

FoCo Cafe Values:

- Every human innately has dignity and should be treated as such.
- Every duty, volunteer or otherwise, has value.
- Participating in a community nourishes the soul.
- Everyone deserves to eat nutritional food.



- All people need a hand up at some point(s) in their lives.



The FoCo Cafe is a non profit 501(c)(3) incorporated in Colorado as Feeding Our Community Ourselves, Inc.

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Try it FREE today.

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