



**FoCo Cafe News** - February 2015

Volume 4, Issue 2



**Meals Served in  
January 2015: 1342**

**January volunteer  
hours: 423** (not  
counting Jeff or  
Kathleen)

**Dear Kathleen,**

## 2015 - Starting Strong!

In January 2015 the FoCo Cafe served **1342 meals!** Thank you to the volunteers who make magic happen each day. Here are just a few highlights from January:

- One fabulous volunteer, Damon, chopping of 25 pounds of parsnips - it was a sight to behold.
- The wonderful Instagram and Twitter photos posted of meals, napkin roll quotes, and more.
- Key volunteers making an impact on operations, like Leslie Welsh helping us with dry storage organization.
- Five new CSU interns starting their semester with us from five different majors!
- Serving 200 City of Fort Collins employees at the Wellness Center facility opening.



## The "Latest News"

Townsquare media: [FoCo Cafe Brings Nonprofit Eatery to Northern Colorado](#)

Coloradoan photo album: [Kaiser Permanente volunteers prepare food at FoCo Cafe](#)

[52 Beautiful Things blog](#)

KRFC: [Community CheckUP interview](#)

Coloradoan: [A year in Fort Collins food and drink](#)

Coloradoan Soapbox: [Fort Collins nonprofit FoCo Cafe stands apart](#)

- Beautiful music in the Cafe: Wayne playing the concertina on Saturdays and Infuzen playing on Fridays.
- Our favorite Square feedback in January: "I loved the food, the service, and it feels good to help our community. I will be back!"
- Kaiser Permanente filling our volunteer shifts on MLK Day, a group from Center for Family Outreach working on a busy Saturday, and the The Global Leaders Local Service Program and International Leadership Program filling our shifts on the last day of January. These groups were wonderful!
- Opportunities to work side-by-side with community members from all walks of life.

Join us for a **Volunteer Open House** on Monday, February 23, 4:00-6:30. Drop in, sign up to volunteer while you are there, ask questions, tour the Cafe, and meet other volunteers.

Onward and upward, Jeff & Kathleen

## Be the Change - Volunteer



**Volunteer registration** is available online. Once you fill out our online form

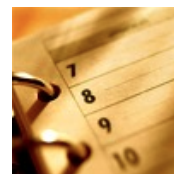
, you are able to schedule your own shifts at the Cafe! Just log in and schedule yourself into our calendar.

Volunteers may be placed in a variety of positions - prepping food, cooking, counter service, dish washing, busing tables, refilling drinks, etc. Volunteers must be 16 years of age or older. If you're younger than 16, an adult may sign up to volunteer and you shadow.

Learn more by dropping in at our **Volunteer Open House** - Monday, February 23, 4:00-6:30 pm.

*We look forward to seeing you wearing a FoCo Cafe apron!*

**FoCo Cafe is a Thrivent Choice nonprofit!**



## Upcoming Calendar

**February 2**  
**The Growing Project**  
**Board meeting at the**  
**Cafe**

**February 3, 17, 24**  
President's Leadership  
Program intern meeting

**February 5**  
State of the City event

**February 10**  
FoCo Cafe Board meeting

**February 12**  
Murphy Center partner  
luncheon

**February 15**  
Sunday Power Yoga  
at Fort Collins Brewery  
benefiting FoCo  
Cafe 9-10 am, only \$15  
per session and includes  
a complimentary FCB  
brew or Bloody Mary  
**Get more info and sign**  
**up in advance**  
Classes are capped at 15

**February 21**  
Senator John Kefalas  
Community Coffee event  
at the Cafe, 9-10am

**February 23**  
FoCo Cafe volunteer  
Open House - for ALL  
volunteers and aspiring  
volunteers, drop in

If you are a Thrivent member, you can recommend where some of Thrivent Financial's charitable outreach funds go. Since 2010, eligible members have used this program to direct more than \$225 million to churches and nonprofits nationwide. Thank you to Penny, who recommended us and Thrivent for approving her request!

whether you are new or a  
seasoned volunteer:  
4:00-6:30 pm

**February 26**  
FoCo Cafe at  
Q Commons, 7-9pm,  
Everyday Joe's  
Get Tickets

## ***King Soopers Cards Making a Difference!***

**Thanks to all of the Cafe supporters using reloadable King Soopers cards!** In December we received a check for \$558.68! It's a great way to support the Cafe without spending a penny.



***You still get gas points and all benefits, but King Soopers makes a donation (5% of what you spend) to the Cafe! In effect, you are telling King Soopers the charity you would like them to support!***

Join us for lunch:



Call Penny at (970) 215-7618 or e-mail [penny@fococafe.org](mailto:penny@fococafe.org).

**Onward and upward, Jeff & Kathleen Baumgardner**  
**FoCo Cafe (Feeding Our Community Ourselves, Inc.)**

### **FoCo Cafe Mission:**

Building community by providing nutritious and delicious meals to the people of Fort Collins regardless of their ability to pay while using local, organic, and sustainably grown ingredients.

### **FoCo Cafe Values:**

- Every human innately has dignity and should be treated as such.
- Every duty, volunteer or otherwise, has value.
- Participating in a community nourishes the soul.
- Everyone deserves to eat nutritional food.
- All people need a hand up at some point(s) in their lives.

The FoCo Cafe is a non profit 501(c)(3) incorporated in Colorado as Feeding Our Community Ourselves, Inc.



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