

Sample Weekly Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	ADL-Activities of Daily Life Breakfast Occupational Therapy	ADL-Activities of Daily Life Breakfast Occupational Therapy	ADL-Activities of Daily Life Breakfast Occupational Therapy	ADL-Activities of Daily Life Breakfast Occupational Therapy	ADL-Activities of Daily Life Breakfast Occupational Therapy	ADL-Activities of Daily Life Breakfast Occupational Therapy	ADL-Activities of Daily Life Breakfast Occupational Therapy
	Family Visits or Recreational Therapy	Recreational Therapy Psychotherapy Group	Recreational Therapy Psychotherapy Group	Recreational Therapy Psychotherapy Group	Recreational Therapy Psychotherapy Group	Recreational Therapy Psychotherapy Group	Occupational Therapy
Noon	Lunch Occupational Therapy	Lunch Occupational Therapy	Lunch Occupational Therapy	Lunch Occupational Therapy	Lunch Occupational Therapy	Lunch Occupational Therapy	Lunch Occupational Therapy
Afternoon	Life Skills	Academics	Academics	Academics	Academics	Academics	Recreational Therapy
	Addiction Education	Addiction Education	Addiction Education	Addiction Education	Addiction Education	Addiction Education	Addiction Education
Evening	Dinner Self Regulation Closing Group	Dinner Self Regulation Closing Group	Dinner Self Regulation Closing Group	Dinner Self Regulation Closing Group	Dinner Self Regulation Closing Group	Dinner Self Regulation Closing Group	Dinner Self Regulation Closing Group
Individual therapy scheduled 1X per week or more as needed---Family therapy is scheduled 1X per week							