



## Oksana Grishina Pole Fitness Classic Rules & Regulations

### GENERAL

- Competitors must be at least 18 years of age at the time of the competition.
- Competitors must have a valid form of ID on the day of the competition.
- Competitors waive all rights of filming/photography. All photography and footage remains property of OG Pole Fitness (OGPF). All competitors, judges and performers agree that OGPF can use photos and footage for advertising, promotional and commercial uses.
- Competitors must sign photo/video release forms and waiver of liability before the competition.
- Competitors must conduct themselves in a professional and proper manner at all times during the competition.
- Competitors, judges and performers may not be under the influence of drugs or alcohol the day of the competition.
- Competitors may not be pregnant on the day of competition.
- Competitors must show up on time. If tardy, there is a risk of disqualification.
- Competitors will have access to the performance stage on the day of the competition for a run/mark thru.
- OGPF reserves the right to prevent a competitor from competing if it appears the competitor is not fit to do so safely.
- Competitors may not communicate with the judges at any time while the event is taking place.
- Competitors must comply with the OGPF rules and regulations at all times. Failure to do so may result in disqualification.
- Winners must be willing to represent OGPF and all affiliated parties/sponsors in the most positive light after the competition.

### MUSIC

- Music must be no longer than **2:30 minutes** in length; any performance extending beyond 2:30 minutes will have music dropped and points deducted.
- No explicit lyrics.
- Music will be approved on a first come, first serve basis, so email the name and artist of the song you would like to use to ensure no one else will be able to pick the same song.
- Cutting a song or mixing more several songs is approved.
- All competitors are responsible for the quality and submission of their music.
- All competitors must bring a backup CD with their final track **ONLY** on the CD; with it clearly marked with the competitor's full name.
- **Final music edit must be submitted no later than: June 1, 2016.**

## COSTUMES

- Must cover all private parts. Nudity or partial nudity will result in disqualification.
- Full bottoms must be worn throughout the entire piece. No string bikinis, no G-Strings/thongs. No excessive gluteal fold exposure. Points will be deducted for any costume slips/excessive exposure.
- Costumes must not promote an individual dance studio, business or individual.
- This is a sports festival, keep costumes clean, covered, and stage appropriate, no transparent costumes will be allowed.
- **Everyone must submit their costume for approval by June 1st, either with a drawing, web link or image.**
- If you are planning on removing an article of clothing, please submit the details for approval **before June 1st.**
- Costumes may NOT include:
  - Obvious underwear or lingerie
  - Swimwear or bikinis – transparent clothing that does not cover the breast or pelvic area
  - No clothing that interferes with the performance or can be considered a health or safety issue
  - No fire, oil, water or paint
  - Heels/Boots/Shoes are not allowed. Performances must be barefoot.

## PROPS

- **Props MUST be pre-approved by June 1st. Please email prop description and use for approval.**
- Any item besides your bottoms and top is considered a prop. For example, if you are planning to use a scarf, please submit that as a prop along with a description of how you will use the scarf.
- No items will be left on the stage that will be difficult to clean up quickly, for example, no glitter, no confetti, no feathers, no leaves etc.
- No fire, explosives, paint, oil, water or human props.
- If the prop is not submitted and APPROVED by June 1st, the prop will NOT be allowed on stage for the competition.

## POLES/STAGING

- 45mm chrome, competition grade X-Poles, 12' tall.
- Dimensions of the stage - Approximately 10 feet behind poles, 7 feet in front of poles.
- Stage left spin, stage right static – (stage left means if you are standing on stage facing the audience, YOUR left).
- Poles will be 8-9 feet apart.
- Contact with the rigging/truss will result in major point deductions.
- *\*Note that pole specs are subject to change*

## GRIP AIDS

- All grips must be applied directly to the body/hands.
- All poles will be cleaned with rubbing alcohol and a towel between competitors by our pole cleaners.

## SCORING SYSTEM

- The athlete with the score closest to the highest possible score is the overall winner.
- Single points and half points can be given.
- Points can be deducted for a fall or a costume malfunction.
  - ❖ Technical Presentation – Maximum of 50 points
  - ❖ Artistic Presentation – Maximum of 25 points
  - ❖ Stage Presentation – Maximum of 25 points
- All scores will be collected and tallied after all competitors have performed.
- Once judging has finished, no scores or discussions can be made to alter the results.
- Judges must allocate a higher number of points for those athletes with a higher skill level.
- Judges must not discuss judging or results with athletes/competitors.
- There are 1-2 judges/category: Technical Presentation score, Artistic Presentation score and Stage Presentation score. There will be 1 runner between the judges and the tabulator.

## PHOTOGRAPHY/FILMING

- Competitors agree to be filmed throughout the competition and must sign an agreement at the venue stating this before competing.
- All photography and footage remains the property of the OG Pole Fitness.
- Competitors agree that all photography and footage can be used by OGPF for promotional, advertising and commercial purposes.

## TERMS & CONDITIONS

- OG Pole Fitness is not liable for any loss, injury or damage incurred by a competitor or performer during any stage of the competition/showcase.
- All competitors, performers and judges must not be impaired by the influence of ANY substance including alcohol while participating at the OG Pole Fitness Classic.
- OGPF reserves the right to enforce all rules and regulations.
- Any failure to comply with the rules and regulations may result in disqualification from this event as well as future events ran by OGPF.

## RELEASE OF LIABILITY & PHOTOGRAPHY

In consideration of being allowed to participate in any way in the **Okasna Grishina Pole Fitness Classic** ("Event") promoted by Oksana Grishina in partnership with the Ferrigno Legacy and Tahoe Show, LLC ("Promoter") I, **PLEASE PRINT NAME** \_\_\_\_\_, the undersigned, acknowledge, appreciate and agree that: The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Promoter immediately; and, I, for myself and on behalf of my heirs, assigns, personal

representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE PROMOTER and each of their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of the HOST HOTELS including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the Promoter from and against any damages caused by the undersigned to the Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension in future contests. And in further consideration of permission being granted to me to participate in the Event and its related events.

I hereby grant the Promoter and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate the Promoter, and/or any other video or entertainment organization, to photograph or otherwise reproduce my voice, appearance, or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the the Promoter and/or any approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the Promoter and/or any other approved video or entertainment organization hereunder.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Signed \_\_\_\_\_

Age: \_\_\_\_\_ Date \_\_\_\_\_

Print: \_\_\_\_\_