

INTERACTIVE FITNESS

INTRODUCING **CARDIO WALL PRO-X**
FUN FITNESS TRAINING



CARDIO WALL PRO-X

The CardioWall Pro-X takes the concept of the CardioWall and takes it a step further, with more lightpads, greater wingspan & data acquisition capability as standard. The interactive game play motivates users to react as quickly as possible when the lights, on the board illuminate to turn them out! Quick-start, simple technology, real-time feedback with a detailed workout analysis, multiple programs plus the option to accessorise with soft weights – ensures a motivational, versatile and addictively-fun, high-intensity workout can be achieved.

COMPETITIVE, FUN FOR ALL

Both cognitive and physical abilities are challenged with this interactive, dynamic and fun-for-all game. Whether playing alone, individually, teams or in competitions the game play motivates users to react as quickly as possible when the lights, on the board illuminate to turn them out! The 14 light pads (up from the Cardio Wall's 9) are arranged specifically so that they lie just around & outside the reach and on the edge of peripheral vision for the athlete. Each arm of the Pro-X can be individually tuned for feel and response using the custom installed coil-over shock damper system – unique in the fitness arena.

MOTIVATING TECHNOLOGY

A durable design featuring 14 multi-colour bullet proof Led light pads, built in sound effects, voice commands and dual scoreboard/ timer display. One touch start and clear spoken instructions enable fast game play, whilst the integrated timer offers the perfect solution for HIT training. For added motivation users, see an instant performance analysis on the in-built display, are able to compare with past performance of fellow participants, and download data for further in-depth analysis.



FUN AND ENTERTAINING FULL BODY WORKOUT



USE WITH MULTIPLE ACCESSORIES



QUICK START PROGRAMS FOR FAST PLAY

| SPECIFICATION | FEATURES |
|----------------|--|
| Depth 1200 mm | Challenging and competitive training |
| Width 2300 mm | Fully inclusive and easy to use for all ages and abilities |
| Height 1800 mm | Full performance data analysis |
| | 1 touch start & clear spoken instructions for fast game play |
| | A versatile and practical solution |
| | Greater wingspan and more light pads than the Cardio Wall |
| | 3 programs available- cluster shot, clear out and Chaser. |



SEE IT IN ACTION