

# MENU 2019



303-657-1600  
[www.etaisfood.com](http://www.etaisfood.com)

# BREAKFAST



## Etai's Fresh Baked Breakfast and Pastries Buffet

Freshly baked assortment of buttery croissants, sweet rolls, muffins, classic fruit and cheese Danish, and a variety of bagels with cream cheese and jam (1 piece per person). Served with fresh seasonal fruit salad. (Minimum 6 persons)

Breakfast Buffet	\$6.99
with Assorted Juice	\$7.99
with Fruit Tray	\$8.39
w/ Fruit Tray & Juice	\$8.99

## A la Carte

Create your own buffet with our individually-portioned breakfast burritos, yogurt parfaits, egg sandwiches and more.

Bagels & Cream Cheese	\$2.99
Breakfast Pastries	\$4.75
Parfait Cup	\$4.95
Fresh Orange Juice (1 Gallon)	\$12.95

## Breakfast Burritos

**SERVED WARM**

Scrambled eggs with roasted potatoes and our house-made tomato salsa wrapped in a flour tortilla.

Breakfast Burrito	\$3.79
with Applewood Smoked Bacon	\$4.29
with Chorizo	\$4.29

\* Extra Salsa \$0.39



## Breakfast Sandwich

**SERVED WARM**

Classic egg and cheese served on your choice of bread.

on Fresh Baked Butter Croissant	\$6.99
on Homemade English Muffin	\$4.99
on Bakery Fresh Challah Roll	\$4.99
on Toasted Bagel	\$4.99
Pretzel Sandwich	\$5.29
Gluten Free bread	\$4.89

Add your choice of meat for additional .50 ea (Bacon, Ham or Sausage)



## Bulk Beverages

Serves 60-80 people. Please indicate how many cups needed.

Bulk Coffee, Regular	\$119.99
Bulk Coffee, Decaf	\$119.99
Bulk Hot Tea	\$114.99
Bulk Iced Tea	\$119.99
Bulk Lemonade	\$119.99
Bulk Water	\$12.99

## More Beverages

Regular or decaffeinated coffee with sugar, sweetener, creamer, stir sticks and cups. Each pot serves approx 10

Assorted Juices	\$3.49
Pot of Coffee, Regular	\$21.99
Pot of Coffee, Decaf	\$21.99
Hot Water w/ Teabags	\$11.95

box lunches →

# BOX LUNCHES



Please choose from the box lunch options, customize each box, and select how many you need. We'll make each lunch box according to your specifications and label it for your convenience.

**Make any sandwich Gluten Free for \$.50 upcharge**

### Corporate Box Lunch \$11.99

Sandwich, side, chips and a dessert.



### Deli Box Lunch

Lg: \$9.89

Sm: \$7.89

Sandwich, side and a dessert.



### Sandwich Only

\$7.59

Sandwich with no sides or dessert



### Executive Box Lunch \$10.98

Sandwich, green salad or larger side and a dessert.



### Gift Box Lunch

\$14.49

Gift box lined in tissue paper with sandwich, side, chips, fruit, dessert, and a mint



### Classic Box Lunch

\$6.99

Classic Wedge Sandwich + Kettle Chips or Grapes (choice of Turkey/Roast Beef/ Ham/Egg Salad/Tuna Salad/Chicken Salad/Etai's Veggie)



### Hummus Box Lunch

\$9.99

Etais' Homemade Hummus, with choice of side, pickles, carrots and tomatoes. Served with Pita Bread



Choose your favorite side:

- Cranberry Walnut Quinoa | Apple |
- Fresh Winter Veggies Salad | Sunshine Salad
- Fresh Cut Fruit | Sun-dried Tomato Pasta
- Crab Artichoke Pasta | Potato Salad | Coleslaw
- Assortment of chips | Saffron Israeli Couscous

list of sandwiches →

# SANDWICHES



## Turkey Sandwiches

**Turkey Reuben** – Turkey Pastrami, Caramelized Onions, Gruyere and House-Made Thousand Island dressing served on a Hoagie

**Classic Turkey** - Roasted Turkey, Cheddar Cheese, Leaf Lettuce, Sliced Tomato and Light Mayonnaise Spread served on assorted Izzio's breads

**Croissant Turkey** - Roasted Turkey, Provolone Cheese, Leaf Lettuce, Tomato and Light Mayo served on a Butter Croissant.

### Turkey Avocado

Roasted Turkey, Avocado, Sliced tomato, Leaf Lettuce and Aioli Spread served on soft Wheat or Levain Bread.



**Big Apple Turkey** - Roasted Turkey, Brie Cheese, Sliced Apple, Leaf Lettuce and Honey Mustard served on Cranberry Walnut Bread.

**Spicy Jalapeño-Cheddar Turkey** - Roasted Turkey, Bacon, Avocado, Leaf Lettuce, Cheddar, Tomato and Mayo served on Jalapeño Bread.

**Turkey Club** - Roasted Turkey, Ham, Bacon, Leaf Lettuce, Tomato and Light Mayonnaise Spread served on Levain Bread.

**Cranberry Pear Turkey** - Roasted Turkey, Danish Bleu Cheese, Arugula and Roasted Pear served on Cranberry Walnut Bread.

**Turkey Bacon Ranch Wrap** - Turkey, Bacon, Lettuce, Cheddar Cheese, Red Onion, Tomato, Ranch Dressing.

## Roast Beef and Ham Sandwiches

**Pastrami Reuben** – Denver 's Best Pastrami , Caramelized Onions, Gruyere and House-Made Tangy Thousand Island Sauce served on a Hoagie.

**Etai's Hero** – Salami, Ham, Duch Edam Cheese, Olive Tapenade, Romaine Lettuce, Tomato and Light Mayo. Served on a Hoagie.

**Roast Beef with Horseradish** – Roast Beef, Horseradish Spread and Arugula served on Rye.

**Roast Beef Primadona Gouda** - Roast Beef , Caramelized Onion, Arugala, Primadona Gouda Cheese and Horseradish Dijon spread on soft Multigrain Bread.

**The Ivy Leaguer** - Roast Beef, Smoked Turkey, aged Dutch Edam Cheese, Sliced Tomato, Leaf Lettuce and Aioli Spread served on Levain Bread.

**Spicy Italian** – Salami, Sopressate, Capicola, Provolone, Giardiniera, Romaine Lettuce, light mayo served on a Hoagie.

**Croissant Ham & Aged Provolone Cheese** – Ham, Aged Provolone, Leaf Lettuce, Tomato and Aioli Spread served on a Butter Croissant.

**New Orleans Muffeletta** - Salami, Ham, Provolone Cheese, Olive Tapenade and Mayonnaise served on Levain Bread

**California BLT** - Cream Cheese, Avocado, Bacon, Sliced Tomato and Leaf Lettuce served on Walnut Bread.

**Classic Roast Beef** - Roast Beef, Cheddar Cheese, Leaf Lettuce, Sliced Tomato and Light Mayonnaise Spread served on a assorted bread.

**Classic Ham** – Ham, Provolone Cheese, Leaf Lettuce, Sliced Tomato and Light Mayonnaise Spread served on assorted bread.

more sandwiches →

# SANDWICHES



## NEW!!! PRETZEL SUB SANDWICHES

FRESH, LOCALLY MADE PRETZEL SUB ROLLS WITH ALL YOUR FAVORITE FILLINGS

**Classic Ham** - Ham, Swiss Cheese, Dijon Mustard and Mayonnaise

**Spicy Italian** - Salami, Soppressata, Provolone Cheese with Olive Spread, Mayonnaise and Onion

**Mediterranean Veggie** - Fresh Mozzarella, Mediterranean Spread, Romaine, Red Onion, Alfalfa Sprouts and Mayonnaise

**Roast Beef and Onion** - Caramelized Onion with Horseradish Spread

**Tuna on Fire** - Tuna mixed with Fire Tomato Salsa and Mayonnaise

**Turkey and Cheddar** - Roasted Turkey with Cheddar Cheese and Mayonnaise

**Turkey Pastrami** - Roasted Turkey Pastrami, Provolone with Mayonnaise

## Chicken Sandwiches

**BBQ Chicken Sandwich** - Slow Smoked Pulled Chicken, Romaine Lettuce In Our Own Spicy-sweet Bbq Sauce. Served on a Hoagie.

**Wasabi Chicken** - Seasoned Seared Chicken Breast, Crisp Romaine, With Etaï's New Wasabi Sauce. Served on a Hoagie.

**Cashew Chicken Salad** - Cashew Chicken Salad, Romaine lettuce and light mayo spread. Served on Wheat Bread.

**Udi's Famous Curry Chicken Salad Sandwich** - Curry Chicken Salad, Mayo and Lettuce, served on Levain or Wheat.

**Grilled Chicken Breast** - Grilled Chicken Breast, Roasted Pepper, Fresh Basil Leaves and Aioli Spread served on Levain bread.

**Apple Walnut Chicken Sandwich** - Apple Walnut Chicken Salad, Leaf Lettuce and Mayo served on Walnut Bread.

**Chicken Salad Avocado** - Chicken Salad, Avocado, Primadona Gouda Cheese, Leaf Lettuce and Mayo served on Levain or Wheat.

### Classic Chicken Salad

Chicken Salad, Provolone Cheese, Leaf Lettuce, Sliced Tomato and Light Mayonnaise Spread served on Assorted Breads.

## Tuna & Seafood Sandwiches

**Miso Salmon** - Glazed Salmon, Avocado, Peppery Arugala, Pickled Ginger, Spicy Wasabi Mayo And Crisp Cucumbers. Served on a Hoagie.

**Roasted Salmon Sandwich** - Salmon, Tartar Sauce and Arugala served on Levain Bread.

**Classic Tuna** - Albacore Tuna Salad, Romaine Lettuce, Sliced Tomato and Light Mayo Spread. Served on Assorted Breads

### Tuna on Fire -

Albacore Tuna Salad, Leaf Lettuce, Jalapeño, Cheddar, "Fire" Tomato Salsa and Mayonnaise served on Jalapeno Bread.




## Vegetarian Sandwiches

**Classic Caprese** - Fresh Locally made Mozzarella, Basil Pesto, Vine Tomatoes and Romaine Lettuce on Walnut Bread.

**Etaï's Veggie** - Sliced Tomato, Grated Carrot, Red Onion, Cucumber, Arugala, Sprouts, aged Dutch Edam Cheese and Horseradish Dijon served on soft Multigrain.

**Apple Brie** - Brie Cheese, Leaf Lettuce, Sliced Apple and Honey Mustard served on Walnut Bread.

 **Vegan Sandwich** - Sliced Tomato, Cucumber, Leaf Lettuce, Avocado, Sprouts, Spicy Moroccan Carrot Spread and Dijon Mustard served on soft Olive Bread.

**Veggie Wrap** - Cucumber, Tomato, Lettuce, Cheddar, Provolone, Roasted Pepper, Red Onion, Bean Sprouts, Black Olives, Cream Cheese, Pesto.

lunch salads →

# SALADS



Made with the freshest ingredients. Comes with fresh-baked bread and homemade dressing. Salads served in two sizes:  
**Large: \$10.99 Small: \$7.99** Large lunch salad includes a dessert

## Rice Noodle Salad

Herb-Marinated Chicken Breast, Sweet-n-Spicy Chile Rice Noodles, Cucumbers, Toasted Sesame Seeds and Crisp Romaine with Zesty Lo-Cal Ginger Dressing.

## Southwestern Grilled Chicken Salad

Herb-Marinated Chicken Breast, Shredded Cheddar and Monterey Jack, Fresh Avocado, Black Beans-Sweet Corn-Jalapeño Salsa, Crispy Tortilla Strips and Spring Mix Blend with Classic Ranch Dressing.



## Napa Chop Chicken

Herb-Marinated Chicken Breast, Snow Peas, Toasted Sesame Seeds, Peanuts, Crispy Wonton Strips and Napa Cabbage with Soy Ginger Dressing.

## Asian Noodle Salad

Herb-Marinated Chicken Breast, Asian-Style Noodles, Snow Peas, Bean Sprouts, Mandarin Oranges, Green Onion and Shredded Green Leaf Lettuce with Soy-Ginger Dressing.

## Roasted Salmon Salad

Roasted Herb-Marinated Salmon, Shredded Carrots and Mixed Spring Greens with Etai's Mango Salsa and Orange Balsamic Dressing.

## Chicken Caesar Salad

Herb-Marinated Chicken Breast, Grape Tomato, Shaved Parmesan, Etai's Garlic & Herb Croutons and Crisp Romaine with Caesar Dressing.

## Mixed Avocado Garden Salad - VEGAN

Fresh Avocado, Crisp Cucumber, Shredded Carrot, Sunflower Seeds, Raisins and Mixed Spring Greens with Italian Vinaigrette.

## Greek Salad

Feta, Crisp Cucumbers, Sweet Grape Tomatoes, Red Onion, Kalamata Olives and Crisp Romaine with our own Red Wine & Olive Oil Vinaigrette.



**Available Salad Dressings:** Creamy Wasabi Vinaigrette, Ranch, Bleu Cheese, Orange Balsamic, Honey Mustard, Soy Ginger, Italian Vinaigrette, Red Wine Olive Oil Vinaigrette, Champagne Mustard Vinaigrette, Orange Agave

**Low Cal & No-Fat Dressings:** Etai's No-Fat Vinaigrette, Low Cal Ginger Dressing, Olive Oil Red Wine Vinegar with Lemon

## SUPER FOOD SALADS \$8.99

Packed with micro- and macronutrients, these salads are low in calories, fat, sugar, sodium and saturated fat.

### Blueberry Kale Salad - Vegan

Etai's favorite salad. A fresh mix of Kale, Quinoa, Corn, Edamame, Blueberries, Celery Root, Jicama and Parsley. Served with our Orange Agave Dressing

### Tuscan Bean And Veggie Salad - Vegan

Marinated Northern Beans In Champagne Dressing With Roasted Cauliflower, Butternut Squash and Brussels Sprouts Topped With Candied Walnuts And Sun-dried Cranberries.

### Broccoli Coconut Salad - Vegan

Seared Broccoli, Roasted Carrots And Onion, Romaine, Kale, Radishes, Raisins And Toasted Almonds and Coconut. Served With Our Sunshine (Apple Cider Lemon) Dressing.

### Etai's Power Salad - Vegan

Chopped Kale topped With Etai's Cranberry Walnut Quinoa. Roasted Beets, Carrots, Edamame Beans and Sweet Corn. Finished With Blueberries. Served With Carrot Sesame Dressing.

### Kale Salad - Vegan

Kale, Corn, Red Grapes, Julienne Carrots, Grape Tomatoes, Arugula, Julienne Red Onion, Red Bell Pepper, Hass Avocado, Edamame, Mandarin Oranges and Toasted Walnuts. Served with our Orange Agave Dressing

### Sunshine Salad - Vegan

Thinly Sliced Red Cabbage, Shredded Carrots, Green Onions, Parsley and Toasted Sunflower Seeds Served With Apple Cider Lemon Vinaigrette.

**Add Goat, Feta or Blue Cheese to Any of the Power Salads for Free**

## Etai's Cobb Salad

Herb-Marinated Chicken Breast, Applewood Smoked Bacon, Tomatoes, Hardboiled Eggs, Crumbled Danish Bleu Cheese and Mixed Spring Greens with Etai's Bleu Cheese Dressing.



## Waldorf Chicken Salad

Herb-Marinated Chicken Breast, Crumbled Danish Bleu Cheese, Roasted Pears, Candied Walnuts and Mixed Spring Greens with Champagne Mustard Vinaigrette.

## Goat Cheese Mango Chicken Salad

Herb-Marinated Chicken Breast, Goat Cheese, Cranberries, Toasted Almonds and Mixed Spring Greens with Etai's Mango Salsa and Orange Balsamic Dressing.

## Ham & Turkey Chef Salad

Black Forest Ham, Roasted Turkey, Cheddar, Shredded Carrots, Crisp Cucumbers, Tomatoes, Caramelized Walnuts and Spring Mix Blend with Classic Ranch Dressing.

## Assorted Salads

trays →

# TRAYS



## Sandwich & Meat Trays

Sandwich & Meat Trays are priced per person. 6 person minimum.

**Make any sandwich Gluten Free for \$50 upcharge per sandwich/person**

**Classic Sandwich Tray** - An assortment of Etai's Classic Sandwiches, cut into thirds or quarters, arranged on a tray and ready-to-serve. Includes Chef's Choice of: Roasted Turkey & Dutch Edam Cheese, Etai's Slow Roasted Beef & Cheddar, Black Forest Ham & Provolone, Tuna Salad, Egg Salad, or Chicken Salad.

with no sides: \$7.49 | with 1 side: \$8.69 | with 2 sides: \$9.69 | with 3 sides: \$10.69

**Signature Sandwich Tray** - An assortment of Etai's Signature & Classic Sandwiches, cut into thirds or quarters, arranged on a tray and ready-to-serve. (please indicate if you would like to include wraps)

with no sides: \$7.49 | with 1 side: \$8.69 | with 2 sides: \$9.69 | with 3 sides: \$10.69



**Meat & Cheese Tray** - A selection of premium sliced meats and cheeses and Etai's Artisan Breads, plus all the toppings needed to make each sandwich unique: tomato, cucumber, onion, avocado, sprouts, roasted bell peppers, mayonnaise and mustard. Also includes Chef's Choice of: Tuna Salad, Egg Salad, Chicken Salad and Mediterranean Chicken Salad.

with no sides: \$11.79 | with 1 side: \$12.99 | with 2 sides: \$13.99 | with 3 sides: \$14.99

**CEO Meat & Cheese Tray** - Our Classic Meat and Cheese Tray, plus Roasted Herb-Glazed Salmon, Danish Bleu Cheese, Double Crème Brie Cheese, Cream Cheese, Etai's Herb Mayonnaise, Kalamata Olives and Pickles.

with no sides: \$14.29 | with 1 side: \$15.49 | with 2 sides: \$16.49 | with 3 sides: \$17.49

### Side Salads for All Lunch Trays:

Fresh Winter Veggies, Mixed Green Salad, Fresh Cut Fruit, Sun-dried Tomato Pasta, Crab Artichoke Pasta, Potato Salad, Coleslaw, Saffron Israeli Couscous, Assorted Chips, Cranberry Walnut Quinoa, Sunshine Salad

## Specialty Trays

Specialty Trays are priced by size. A Small serves 10 to 15 people. A Medium serves 20 to 25 people. A Large serves 30 to 35 people.

**Hummus Tray** - Etai's Homemade Hummus with Tahini. Served with sides of Roasted Garlic, Roasted Peppers and Olive Tapenade. Assorted fresh vegetables including Artichoke Hearts, Zucchini and more. Enjoy with a basket of Fresh Bread and Pita

small: \$35.99 | medium: \$46.99 | large: \$55.99

**Cheese with Bread & Crackers** - An assortment of Cheddar, Monterey Jack, Pepper Jack, Provolone and Swiss cheese, garnished with fresh fruit. Served with a cracker basket and fresh-baked Artisan Breads.

small: \$64.99 | medium: \$94.99 | large: \$109.99

**Veggie & Dip Tray** - Fresh selection of vegetable crudités with Ranch, Bleu Cheese and Italian dips.

small: \$31.99 | medium: \$42.99 | large: \$47.99

**CEO Veggie & Dip Tray** - Assorted roasted vegetables, including tomatoes, mushrooms and broccoli, with Parmesan aioli.

small: \$41.99 | medium: \$54.99 | large: \$62.99

### Classic American Cheese & Fruit Tray

An assortment of Cheddar, Monterey Jack, Pepper Jack, Provolone and Swiss cheese, plus a selection of fresh-cut fruit. Served with a cracker basket and fresh-baked Artisan Breads.

small: \$53.99 | medium: \$71.99 | large: \$87.99



**Fruit Tray** - Fresh seasonal fruit, including pineapple, melon and grapes, arranged on a platter and ready-to-serve.

small: \$33.99 | medium: \$43.99 | large: \$59.99

**CEO Fruit Tray** - Fresh seasonal fruits and assorted berries.

Arranged on a platter and ready-to-serve.

small: \$54.99 | medium: \$64.99 | large: \$76.99

desserts →

# DESSERT TRAYS



## Cookies

Assortment of freshly-baked cookies, including Chocolate Chip, Oatmeal Raisin, White Chocolate Macadamia and Peanut Butter.

**\$2.20 per cookie**

## Classic Desserts

Assortment of fresh Brownies, Raspberry Fruit Bars and Carrot Cake. There's no better way to end a meal than with dessert, and Classic Desserts have a serious following, making them even sweeter.

**\$2.49 per dessert**

## Classic Dessert Trays

Small bites of our freshly baked desserts, Brownies, Raspberry Fruit Bars, and our signature Carrot Cake. (no cookies)

Small serves 10-15

Medium serves 20-25.

Large serves 30-35.

**small: \$34.99 | medium: \$43.99 | large: \$56.99**



## BEVERAGES

Coke and Pepsi Sodas 12 oz. cans Assorted Varieties

**Soda \$1.89**

**Bottled Water \$1.89**

**Snapple Ice Teas \$3.49**

**Nantucket Nectars \$3.49**

**Tommy Knockers \$2.49**



## ORDERING INFO

When placing a catering order...

- To guarantee next day delivery call 303-657-1600 or fax order to 303-657-1615 by 4:00pm the prior day.
- To guarantee Saturday delivery, have the order in by Thursday, 4:00pm.
- To guarantee Sunday or Monday delivery, have the order in by Friday, 4:00pm.
- Based on product availability, we may be able to accommodate Monday - Friday same day orders. Same day orders are accepted by phone only and must be placed before 9:00 am.
- Same day orders cannot be guaranteed.
- All order changes or cancellations for Tuesday through Friday must be made by 4:00pm a day before delivery.
- All order changes or cancellations for Sunday or Monday must be made by 4:00pm Friday.
- All order changes or cancellations for Saturday orders must be made by 4:00pm on Thursday.