

Spirit

1. This is my one aspiration: forgetting what lies behind, I press on to what lies ahead. I am forgiven and accepted by my Father. Phil 3:13
2. I offer myself as a living sacrifice to You, holy, devoted, and well pleasing to You. Romans 12:1
3. I am filled with the knowledge of Your will in all wisdom and spiritual understanding. Colossians 1:9
4. Abundant life has been granted to me through the full knowledge of You. So, knowing You intimately, Lord, is my determined purpose. 2 Peter 1:3, Phil 3:10
5. I am complete in You; I am Your workmanship, accepted & beloved. Col 2:10, Eph 2:10
6. Father I am Your sheep. I **can** hear, **do** hear, and **am** following your voice. You know how to communicate with me. John 10:27
7. As Jesus is, so am I in this world. I have Your Name, Your voice, Your power, Your authority. I resist the devil & he flees from me! 1 Jn 4:17

Soul

8. My faith is strengthened by the acknowledging and speaking of every good thing that is in me in Christ. Phm1:6
9. I am not conformed to this world, but *transformed* by the renewing of my mind (by reading, speaking, & meditating on the Word). Rom 12:2
10. I am not passive & inactive with my thoughts. I bring them into captivity and agreement with the Word of God, by meditating on it day & night. 2 Cor10:5
11. I cast my cares on Him, fix my mind on Him, and He keeps me in perfect peace. 1 Peter 5:7, Isaiah 26:3
12. I harness my emotions and yield to Holy Spirit's fruit in me: love, joy, peace, patience, gentleness, kindness, faithfulness, and self-control. Gal 5:22-23
13. I accept no condemnation. God is FOR me; who or what can be against me? Romans 8:1, 31
14. The joy of the Lord is my strength. I rejoice and am in high spirits! Nehemiah 8:10, Ps 9:2

Body

15. By His stripes, I was healed and made whole. You, Lord, healed ALL my diseases. You took my infirmities and bore my sicknesses. I refuse every sickness and disease, and I talk and act like the Word of God is true. Isaiah 53:4-5, Matt 8:17, Psalm 103:3
16. My body is the temple of the Holy Spirit. I have self-control (Gal 5:23) and through His working in me (Phil 2:13), I make good choices. 1Cor 6
17. In peace I will both lie down and sleep. For You alone, O Lord, make me to dwell in safety. Psalm 4:8
18. I walk by faith, not by sight. I'm not ruled by my 5 senses, but by what God says. I say what the Bible says. 2 Cor 5:7
19. I am fruitful, flourishing, stable, durable; and everything I touch prospers. Psalm 1, 92
20. I give, and it's given to me. I sow and God makes all grace abound toward me, supplying all my needs. Luke 6:38, 2 Cor 9:8
21. I worship you Father. I shout for joy and rejoice...and I say **continually**, "The Lord be magnified, who delights in my prosperity." Psalm 35:27