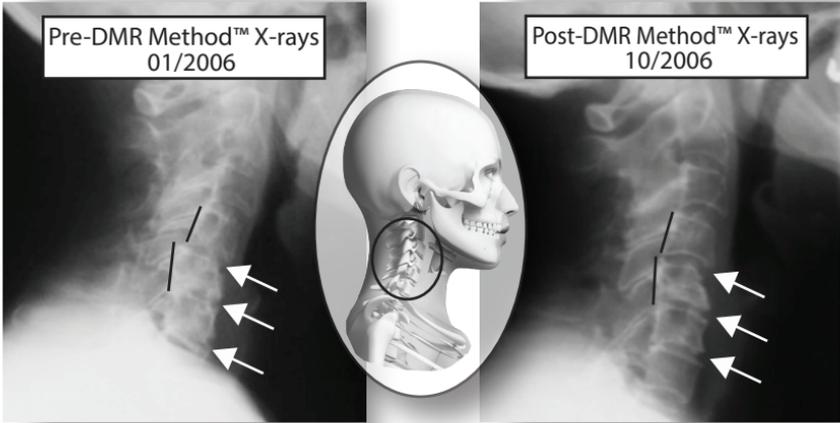


DMR Method™ Case Study



Severe Neck Degeneration & Misalignment

Ella had severe neck pain and stiffness. When the pain started traveling down her right arm, causing weakness in her hand, she became unable to work or be physically active. She had been taking pain medication for years, but the weakness in her hand prompted her to seek out more aggressive treatment options.

DIAGNOSIS

An X-ray examination revealed severe degenerative disc disease and bone remodeling of the cervical spine (see white arrows above on left photo). Also noted was forward slippage/subluxation of C4 on C5 (see black lines above on left photo). DMR Method Evaluation revealed severe immobility in her neck and upper back as well as severe muscle spasm and altered posture.

TREATMENT

Ella completed the Chronic Cervical DMR Protocol with a focus on Integrated Progressive Mobilization (IPM), Oscillating Decompression Traction, cold laser therapy and Dynamic Muscle Techniques (DMT).

OUTCOME

Ella's neck and arm symptoms resolved and she was able to resume an active lifestyle. Follow up X-rays revealed an impressive improvement in disc spacing (see white arrows on right photo), and improved alignment of C4 and C5 (see black lines on right photo). Her seven-year follow-up confirmed continued resolution of symptoms and no evidence of disability.