

CHILDREN'S TREEHOUSE MENU WEEK 1

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal Juice Milk	Waffles Cinnamon Applesauce Milk	Cinn. Toast Peaches Milk	Yogurt Pears Milk	Cereal Juice Milk
Age Appropriate Substitution	Banana for 1yr olds				Banana for 1yr olds
Lunch	Hot Turkey Roll Up Rice Pears Seasonal Vegetable Milk	Homemade Mac & Cheese w/ Kiebasa Mixed Fruit Green Beans Milk	Taco Salad Bread & Butter Applesauce Baked Beans Milk	Scalped Potatoes & Ham Bread & Butter Peaches & Corn Milk	Meat & Cheese Sandwich Carrots Banana Milk
Age Appropriate Substitution					Cooked Carrots
PM Snack	Cooked Carrots w/ Ranch 100% Juice	Fresh Fruit Milk	Graham Cracker 100% Juice	Fruit Salad Milk	Snack Mix 100% Juice
Age Appropriate Substitution					

Water is available to children throughout the day and at all meals & snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

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