

*Celebrating 30 Years of Caring*  
1988-2018



## *The Village at Cedar Hill*

INDEPENDENT & ASSISTED LIVING



COMPLETE CONTINUUM OF CARE  
IN OUR UNIQUE NEIGHBORHOODS

*The Village at Cedar Hill*  
*Independent & Assisted Living*  
802•674•2254

Judith Brogren  
Memory Care Center  
*Specialized Memory Care*  
802•674•2254



92 Cedar Hill Drive | Windsor, VT 05089  
www.cedarhillccc.com | info@cedarhillccc.com



Come *home* to Cedar Hill

## A COMFORTABLE HOME *they can call their own*

Nestled on 12 acres along the Connecticut River in Vermont's beautiful Upper Valley, Cedar Hill Continuing Care Community has been caring for seniors in all stages of life for 30 years. Cedar Hill is a unique environment where pets are welcome and where residents enjoy movies and games together, take part in spiritual services on campus, and choose from a variety of daily activities and exercise programs. Family and friends are welcome to visit at any time, joining residents as they enjoy a fresh, home-cooked meal in our dining rooms, relax in our lovely gardens, or join a sing-a-long with the musicians who entertain us on a regular basis.

Cedar Hill offers a continuum of care to meet the changing needs of residents over time that includes independent & assisted living apartments in **The Village**; specialized memory care at the **Judith Brogren Memory Care Center**; skilled nursing, short-term rehabilitation, & comfortable, dignified end-of-life care at **Cedar Hill Health Care Center**.

We are a Vermont family-owned company, founded in 1988 by Mary Louise Sayles & Judith Brogren—two nurses experienced in senior care. Today, Cedar Hill is still owned by Mary Louise Sayles & her daughter Patricia Horn. We pride ourselves on the care and comfort we've brought to our residents and their families for 30 years.

Relationships are vitally important in senior care, and staff members are encouraged to get to know each resident, to make connections so that they are better able to provide for the residents' needs and ensure a better quality of life. All our neighborhoods have a full, fun activities calendar with everything from arts & crafts, exercise & cooking classes, to live music performances.

### LIKE A BIG FAMILY

★★★★★ 5.0 stars – Excellent

*It's like a big family here! Everyone takes such good care of my mother, and they all go out of their way to make sure her needs are taken care of. She is happy again for the first time in years because she gets to socialize every day, and is thrilled that she doesn't have to cook or clean house anymore! The best part for her has to be the frequent live music performances. She absolutely loves it!*

– Daughter of new resident

COME SEE FOR YOURSELF WHAT  
MAKES CEDAR HILL SPECIAL.

*We'd love to show you around.*

CALL TODAY TO  
SCHEDULE A TOUR  
802•674•2254

*"It is important that people in assisted living continue enjoying their lives. As they age and require some extra help in the tasks of living, they still have the potential to enjoy a stimulating and fulfilling life." – Mary Louise Sayles*



## The Village at Cedar Hill

### INDEPENDENT & ASSISTED LIVING

*The Village at Cedar Hill* offers personalized independent and assisted living options along a continuum of care. Some of our residents come to The Village at Cedar Hill to enjoy an independent lifestyle, free of the responsibilities of home ownership, while others join The Village because they need a little extra help with daily tasks from our friendly, trained staff. For those who may need more care, we offer medical and therapeutic services, and we have a dedicated exam room on-site.

### SERVICES & AMENITIES

- Three home-made meals per day prepared fresh by our chefs
- Daily Social Hour
- Regular health & wellness screenings
- Weekly housekeeping and laundry services
- 24-hour emergency call system
- Personal care attendants for assisted living
- Medication management available
- A full, fun monthly activities calendar
- Community multi-purpose rooms with large-screen tvs and video games
- Greenhouse & outdoor raised garden beds
- Pet Friendly - small dogs and cats welcome
- Private mailboxes
- Landscaping & snow removal
- Parking for residents & guests
- Trash & recyclables service
- Grounds and building maintenance
- All utilities—except your telephone & cable service
- Transportation vans for trips to the doctor or for group outings
- Regularly scheduled outings, musical entertainment, exercise programs, crafts, gardening, movies
- On-site religious services

# Come *home* to Cedar Hill