



# Cedar Hill Continuing Care Community Fact Sheet

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## Overview

Founded in 1988 by Mary Louise Sayles and Judith Brogren, Cedar Hill Continuing Care Community is one of few senior communities to offer a continuum for care that enables residents to transition through multiple stages of life within a consistent, familiar environment. The community offers a high-quality, holistic approach to senior living in a relaxed, friendly and homelike setting.

Cedar Hill comprises four distinct residence and life-style choices: independent and assisted living apartments at The Village, residential care at Victorian House, traditional nursing home care at Cedar Hill Health Care, and specialized memory care for individuals with Alzheimer's or related dementias at the Judith Brogren Memory Care Center.

## Mission

The mission of Cedar Hill Continuing Care Community is to create an environment of encouragement and supportive care for seniors, enabling them to live with dignity and maximize their personal potential.

## History

In 1988 Mary Louise Sayles and Judith Brogren RN purchased the Cedar Manor nursing home in Windsor, Vermont and changed the name to Cedar Hill. The original nursing home was licensed for 31 beds by the state of Vermont. The physical plant needed considerable improvements, but it rested on 12 acres of land on a plateau above the Connecticut River and at the base of Mount Ascutney. Mary Louise and Judy envisioned developing a community that would offer more than nursing home care. They wanted to offer a continuum of care for older adults who wanted to live in their own homelike space but also have the availability of support services when and if they needed it. With Cedar Hill, that vision has become a reality. Mary Louise was 53 years old at the time and Judy was 48 years old. This was an advantage when they sought financing for their new venture. This was the beginning of the Cedar Hill Continuing Care Community.

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*Offering specialized memory care, skilled nursing, short-term rehabilitation, residential care, assisted and independent living, all on one campus in Windsor, Vt.*

## Ownership

Cedar Hill is privately owned by Patricia Horn and her mother Mary Louise Sayles.

### Mary Louise Sayles

Mary Louise Sayles graduated with a Bachelor of Science degree in Nursing in 1956 and held nursing leadership positions in hospitals and in public health throughout her career.

In the early 1970s, she accepted a position as a director of nursing at a new skilled nursing facility—Edgewood Manor in Portsmouth New Hampshire. She completed advanced studies to become a licensed nursing home administrator and took over that position at that nursing facility for the next several years.

She subsequently worked as associate manager of review for long term care at the New Hampshire Foundation for Medical Care, which had a federal contract to conduct review in all of New Hampshire's nursing homes to assure that persons admitted needed nursing home care and to assess the quality of care being delivered. She held that position for four years until the program was defunded. She subsequently accepted a nursing home administrator position at the Strafford County Nursing Home and then at the Sullivan County Nursing Home.

In 2003, Mary Louise married Jeremy W. Sayles. She lives with him in Windsor, Vermont and in Bradenton, Florida.

### Patricia Horn

Patricia Horn is a New Hampshire native. She earned a BA degree from Boston College 1985 and an MS in Journalism from Boston University, College of Communication in 1994. Patricia worked as a business news reporter for the Sarasota Herald-Tribune, the Fort Lauderdale Sun-Sentinel, and the Philadelphia Inquirer before joining the Cedar Hill Continuing Care Community in 2006. She moved to Vermont to work onsite in December 2008 and became a licensed nursing home administrator. She has served on the board of Cedar Hill and The Village at Cedar Hill since 1996. Patricia lives in Windsor, Vermont, with her husband Rev. Mark Preece, the rector of St. Martin's Episcopal Church in Fairlee, Vermont. They have two children, a dog, and two cats.

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