

PROSPECTIVE PATIENT CONSULT FORM

YOUR INFORMATION

NAME _____ TODAY'S DATE _____
AGE _____ DATE OF BIRTH _____ MARITAL STATUS _____
ADDRESS _____ CITY _____ ZIP _____
HOME PHONE _____ CELL PHONE _____
EMAIL ADDRESS _____ # OF CHILDREN _____
HEIGHT _____ WEIGHT _____ PREGNANT NOW _____
OCCUPATION _____ EMPLOYER _____
WHO REFERRED YOU _____

WHAT BRINGS YOU IN FOR A CONSULT

LIST HEALTH CONCERNS IN ORDER OF IMPORTANCE:

	Rate Severity 1 = Mild 10 = Worst Imaginable	Date started, for how long?	If you had the condition before, when?	What irritates the condition?	Worse at certain times of day?
1.					
2.					
3.					
4.					
5.					

WHAT HAVE YOU DONE FOR THESE CONDITIONS? WAS THERE ANY BENEFIT?

IS THIS CONDITION INTERFERING WITH ANY OF THE FOLLOWING ACTIVITIES

WORK _____ SLEEP _____ DAILY ROUTINE _____ SPORTS/EXERCISE _____ OTHER _____

PLEASE LIST TYPES OF DOCTORS YOU HAVE ALREADY SEEN FOR THIS CONDITION

HABITS

- ☐ **Alcohol:** Type _____
Amount _____
- ☐ **Smoking:** Packs daily _____
How long _____
Interested in stopping? _____
- ☐ **Caffeine:** Coffee, soda or tea,
cups daily _____

- Other _____
- ☐ **Sleep:** Difficulty falling
asleep _____
Continuity
disturbances _____
Hours of sleep
per night _____

- Daytime
drowsiness _____
- Other _____
- ☐ **Exercise routine:** _____

How often _____

MEDICINE / SUPPLEMENTS

PLEASE LIST ALL DRUGS YOU CURRENTLY TAKE OR HAVE TAKEN IN THE PAST 6 MONTHS

NAME _____	DOSAGE _____	FOR WHAT _____
NAME _____	DOSAGE _____	FOR WHAT _____
NAME _____	DOSAGE _____	FOR WHAT _____
NAME _____	DOSAGE _____	FOR WHAT _____

PLEASE LIST ALL NUTRITIONAL SUPPLEMENTS, HERBAL MEDICINE OR VITAMINS YOU PRESENTLY TAKE

NAME _____	FOR WHAT _____
NAME _____	FOR WHAT _____
NAME _____	FOR WHAT _____
NAME _____	FOR WHAT _____
NAME _____	FOR WHAT _____

WHAT DO YOU HOPE TO ACCOMPLISH FROM NATURAL MEDICINE THAT YOU HAVEN'T ALREADY?

HOW LONG DO YOU EXPECT IT TO TAKE TO ACCOMPLISH THAT GOAL?

CONSENT FOR CONSULT

I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the Doctor's office of any changes in my medical status. I fully understand that there is no stated or implied guarantee of success or effectiveness after a specific treatment or a series of treatments.

Signature _____ Date _____
(Parent or Guardian, if under 18)