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Natural Medicine for the Entire Family™

## PROSPECTIVE PATIENT CONSULT FORM

### YOUR INFORMATION

NAME \_\_\_\_\_ TODAY'S DATE \_\_\_\_\_  
AGE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ MARITAL STATUS \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
HOME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_  
EMAIL ADDRESS \_\_\_\_\_ # OF CHILDREN \_\_\_\_\_  
HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_ PREGNANT NOW \_\_\_\_\_  
OCCUPATION \_\_\_\_\_ EMPLOYER \_\_\_\_\_  
WHO REFERRED YOU \_\_\_\_\_

### WHAT BRINGS YOU IN FOR A CONSULT

LIST HEALTH CONCERNS IN ORDER OF IMPORTANCE:

	Rate Severity 1 = Mild 10 = Worst Imaginable	Date started, for how long?	If you had the condition before, when?	What irritates the condition?	Worse at certain times of day?
1.					
2.					
3.					
4.					
5.					

WHAT HAVE YOU DONE FOR THESE CONDITIONS? WAS THERE ANY BENEFIT?

\_\_\_\_\_  
\_\_\_\_\_

IS THIS CONDITION INTERFERING WITH ANY OF THE FOLLOWING ACTIVITIES

WORK \_\_\_\_\_ SLEEP \_\_\_\_\_ DAILY ROUTINE \_\_\_\_\_ SPORTS/EXERCISE \_\_\_\_\_ OTHER \_\_\_\_\_

PLEASE LIST TYPES OF DOCTORS YOU HAVE ALREADY SEEN FOR THIS CONDITION

\_\_\_\_\_  
\_\_\_\_\_

**HABITS**

- Alcohol:** Type \_\_\_\_\_  
Amount \_\_\_\_\_
- Smoking:** Packs daily \_\_\_\_\_  
How long \_\_\_\_\_  
Interested in stopping? \_\_\_\_\_
- Caffeine:** Coffee, soda or tea,  
cups daily \_\_\_\_\_

- Other \_\_\_\_\_
- Sleep:** Difficulty falling  
asleep \_\_\_\_\_  
Continuity  
disturbances \_\_\_\_\_  
Hours of sleep  
per night \_\_\_\_\_

- Daytime  
drowsiness \_\_\_\_\_
- Other \_\_\_\_\_
- Exercise routine:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
How often \_\_\_\_\_

**MEDICINE / SUPPLEMENTS**

PLEASE LIST ALL DRUGS YOU CURRENTLY TAKE OR HAVE TAKEN IN THE PAST 6 MONTHS

NAME _____	DOSAGE _____	FOR WHAT _____
NAME _____	DOSAGE _____	FOR WHAT _____
NAME _____	DOSAGE _____	FOR WHAT _____
NAME _____	DOSAGE _____	FOR WHAT _____

PLEASE LIST ALL NUTRITIONAL SUPPLEMENTS, HERBAL MEDICINE OR VITAMINS YOU PRESENTLY TAKE

NAME _____	FOR WHAT _____
NAME _____	FOR WHAT _____
NAME _____	FOR WHAT _____
NAME _____	FOR WHAT _____
NAME _____	FOR WHAT _____

WHAT DO YOU HOPE TO ACCOMPLISH FROM NATURAL MEDICINE THAT YOU HAVEN'T ALREADY?  
HOW LONG DO YOU EXPECT IT TO TAKE TO ACCOMPLISH THAT GOAL?

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**CONSENT FOR CONSULT**

I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the Doctor's office of any changes in my medical status. I fully understand that there is no stated or implied guarantee of success or effectiveness after a specific treatment or a series of treatments.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or Guardian, if under 18)