

Sciatica, Stenosis and Herniated Discs May Be to Blame for Pain and Numbness in Legs

LOCAL CLINICS OFFER FREE CONSULTATION TO THOSE SUFFERING FROM BACK AND NECK PAIN

Did you know that over 30 million Americans suffer from back pain every day? Sciatica and herniated discs are often misunderstood. They can result in pain and numbness in the back, legs and feet. This pain affects everything that you do from work to play and ultimately your quality of life. At Puget Sound Laser Centers, we want you to know there is hope. We have the technology and experience that has helped thousands of chronic pain sufferers just like you. We offer only the most advanced non-surgical treatments. To determine if our treatment program can help you we are offering a consultation and screening evaluation free of charge. There's no obligation and the only thing you have to lose is your pain.

Spinal Epidural Injections?

Some people find temporary relief from spinal injections, however the pain eventually returns as injections are generally a treatment that aids in the healing process. Patients can become dependent on such injections and can have a difficult time functioning without them. Why spend a lifetime masking pain with spinal injections when there is a more permanent non-surgical healing alternative?

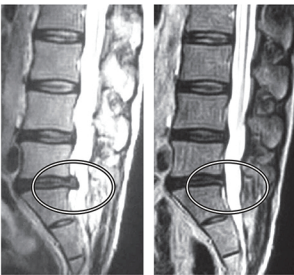
Spinal Injection Complications:

- Infection
- Dural puncture
- Bleeding
- Nerve Damage

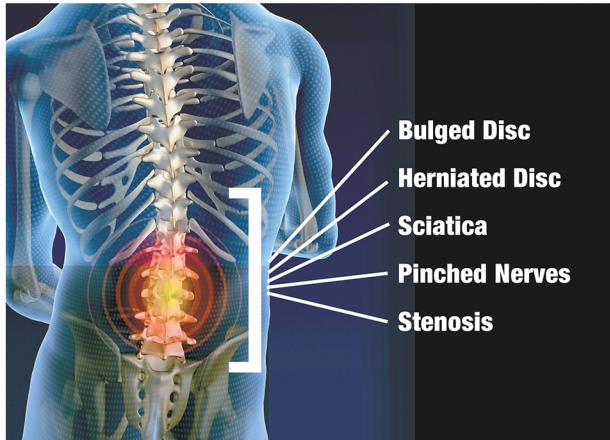
Is Surgery the Answer? Consider These Facts Before Surgery

- Back surgery can cost over \$50,000
- Recovery can be very painful and take months or years
- Surgery may or may not relieve your pain
- Dependence on prescription drugs may occur after surgery
- Missed work can amount to thousands in lost wages
- Outcomes may be uncertain, surgery is not reversible

It is true that surgery may be the answer for certain types of back injuries. When considering your options, ask yourself this question: If there is a solution to back pain that doesn't require surgery, is it worth exploring?



In the before picture you can see the herniated disc (black) protruding into the spinal column (white, center of MRI). After decompression treatment, the MRI shows the herniated disc is no longer bulging into the spinal cord.



Will My Pain Go Away Over Time?

Many people try to wait back pain out only to find that it keeps getting worse. They buy new mattresses, try different stretching exercises, learn new techniques for sitting and standing etc., only to find that their condition doesn't improve. Why suffer longer than you need to? If you are considering extreme measures, visit Puget Sound Laser Centers first! Why let any degree of back or neck pain persist if you can stop it before it takes over your life!

The Solution: Puget Sound Laser Centers' Laser and Decompression Program

During the spinal decompression therapy a negative pressure is created within the inside of the disc called the nucleus pulposus. Because of that negative pressure disc material that has protruded, herniated or slipped discs can be pulled back within the normal confines of the disc and permit healing to occur. Laser and Decompression Therapy at Puget Sound Laser Centers can help you get your life back and reduce your back pain.

Laser Treatment and Spinal Decompression Allow Neck and Back Pain to Heal... NATURALLY

In addition to spinal decompression technology, combining the use of cold laser therapy, produces even greater relief. Cold (class IV) laser does not cause tissue destruction, instead, it accelerates cellular repair. The power generator of cells is called mitochondria. Cold laser is absorbed by the mitochondria, much like a plant absorbs sunlight and converts it to energy for growth. Cold laser reduces pain and inflammation, and accelerates soft tissue repair. Our dedicated team of medical professionals will show you how our laser and decompression can help you with your back pain and sciatica. If you have back pain or neck pain and it has been caused in whole or in part by a degenerated or damaged disc you may find relief from the customized laser and decompression therapy at Puget Sound Laser Centers. We have helped thousands of patients find relief from the following conditions: herniated discs, protruding

or bulging discs, spinal foraminal stenosis, sciatica or radiculopathy (pinched nerves).

Why Puget Sound Laser Centers?

Puget Sound Laser Centers have doctors with up to 30 years of experience helping patients find lasting relief. Their experience with laser and decompression therapy has been invaluable to their patients. Hundreds of testimonials from current and previous patients validate the effectiveness of Puget Sound Laser Centers' programs. If you are suffering from neck or back pain you should call and schedule your complimentary consultation. When you combine knowledge and experience with advanced medical equipment you too can find relief. In addition to pain relief, rehabilitation and injury care we also provide wellness care and physical rehabilitation therapy to keep your body healthy.

Who is a Candidate for Laser Treatment and Spinal Decompression Therapy?

Our spinal decompression and laser system uses FDA cleared technology. Research demonstrates its effectiveness in relieving the pain associated with this degeneration, herniated disc, facet syndrome and sciatica. Laser treatment and spinal decompression are great options because they don't involve the risks of back surgery.

No-Risk Complimentary Visit

Even with these exceptional treatments, if someone's condition has progressed too far, conservative treatment may no longer be an option and we would not be able to accept them for care. Fortunately we are able to help most of the people who come to us suffering from chronic pain. To find out if you are a candidate for treatment we are offering a consultation and screening evaluation free of charge. There is no obligation. This will allow us to determine whether or not we can help you. We will give you a straight answer either way. The only thing you have to lose is your pain. Due to demand we are extending this offer to the first 25 callers only. Time slots fill quickly, so call today to reserve your complimentary consultation and screening evaluation. CALL TODAY.

What Our Patients are Saying:

"During the 1 1/2 years of having constant daily lower back pain and spasms, I took anti-inflammatory and pain medication, but nothing helped lessen the pain. When an MRI showed that I had two degenerative discs, I went through a series of lumbar epidural injections without success. The only thing that made the pain and spasms go away was Spinal Decompression & Laser treatments."

— Lisa K.

