### Paper Helicopter

**Supplies:** paper, scissors

**Activity:**

1. Cut or tear out a small piece of paper of rectangular shape.
2. Cut the top to almost half way, splitting the top into two flaps.
3. Fold down one of the flaps and turn the figure over.
4. Fold down the other flap. Both flaps should now be folded down on opposite sides.
5. Lift up the flaps to a 90 degree angle. These are the propellers.
6. About 1/4 below the propellers, cut a horizontal slit about 1/3rd the width of the paper.
7. Turn the figure over and cut the other side the same way.
8. Now you can fold on one side of the base.
9. Turn the figure over and fold in the other side of the base.
10. From here, you can use a paperclip to clip the folded sides together, or use tape to tape around the bottom base.
11. The idea is to provide a little weight at the base so that the propellers can spin well. If you're using tape and it's not spinning well, just add a little more tape.
12. Toss the helicopter in the air or drop it from somewhere high and watch it float down spinning. If it's not spinning enough, you might need a little more weight at the base.

![Diagram of paper helicopter](image)

### Jump the River

**Supplies:** rope (jump rope, string), safe space to run

**Activity:** Place two jump ropes a few feet apart. One at a time the players attempt to run and jump from one jump rope to the other (over the imaginary river). Each round, increase the width of the river.

### Collage

**Supplies:** various magazines, drawing

**Activity:** A great activity if you have old magazines and newspapers around the house. Peruse through and find pictures or
supplies, scissors, & glue. | words that correspond with the topic of choice
Ex: They can make a collage about things they love, their dreams and goals, or a certain type of animal or scene, etc.