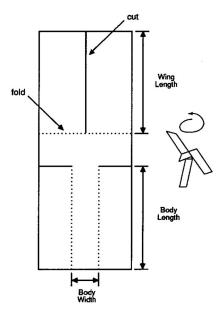


Paper Helicopter

Supplies: paper, scissors



Activity:

- 1. Cut or tear out a small piece of paper of rectangular shape.
- 2. Cut the top to almost half way, splitting the top into two flaps.
- 3. Fold down one of the flaps and turn the figure over.
- 4. Fold down the other flap. Both flaps should now be folded down on opposite sides.
- 5. Lift up the flaps to a 90 degree angle. These are the propellers.
- 6. About 1/4 below the propellers, cut a horizontal slit about 1/3rd the width of the paper.
- 7. Turn the figure over and cut the other side the same way.
- 8. Now you can fold on one side of the base.
- 9. Turn the figure over and fold in the other side of the base.
- 10. From here, you can use a paperclip to clip the folded sides together, or use tape to tape around the bottom base.
- 11. The idea is to provide a little weight at the base so that the propellers can spin well. If you're using tape and it's not spinning well, just add a little more tape.
- 12. Toss the helicopter in the air or drop it from somewhere high and watch it float down spinning. If it's not spinning enough, you might need a little more weight at the base.

Jump the River

Supplies: rope (jump rope, string), safe space

to run

Activity: Place two jump ropes a few feet apart. One at a time the players attempt to run and jump from one jump rope to the other (over the imaginary river). Each round, increase the width of the river.

Collage

Supplies: various magazines, drawing

Activity: A great activity if you have old magazines and newspapers around the house. Peruse through and find pictures or

supplies, scissors, & glue.	words that correspond with the topic of choice
	Ex: They can make a collage about things they love, their dreams and goals, or a certain type of animal or scene, etc.