



**BOYS & GIRLS CLUBS**  
OF LARIMER COUNTY

<p><b><u>Dual Self Portraits</u></b></p> <p>Supplies: paper and drawing supplies. A mirror (or a smartphone) to look at yourself.</p>	<p><b>Activity:</b> Fold a piece of paper down the middle vertically. On one side of the fold draw a self-portrait or what your face looks like from the outside; this is what others see. On the other side of the fold draw your inner self, or what you feel like on the inside; this is what you see.</p>
<p><b><u>Knock A Block</u></b></p> <p>Supplies: ball, small block (or something easily knocked over)</p> <p>Number of Players: 2</p>	<p><b>Activity:</b> Two players stand across from each other at any distance over 10 feet. Set a small, rectangular block up on it's long side half way between each player. Players take turns trying to kick the block over with a ball. If it's super easy, back them up a little bit.</p>
<p><b><u>Rainbow Paper</u></b></p> <p>Supplies: colorful paper cut into medium sized squares, Clear nail polish, Water, bowls, Paper towels</p>	<p><b>Activity:</b></p> <ol style="list-style-type: none"><li>1. Drop one drop of nail polish into the bowl for each piece of paper</li><li>2. Wait 5 seconds and dip paper into the water</li><li>3. Place paper to the side to dry</li><li>4. Explore reactions with other colors of paper, different applications of the nail polish and move the paper around in the water</li></ol>