



BECKS'

MARTIAL ARTS FITNESS

SCHEDULE BEGINS TUESDAY JANUARY 3RD 2023

2020 S. COLLEGE AVE. FTC * WWW.BECKSMARTIALARTS.COM * 970-682-2648

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TIGERS 4:15 - 4:45	TIGERS 4:00 - 4:30	TIGERS 4:15 - 4:45	TIGERS 4:00 - 4:30	WEAPONS (ages 7 & above) 4:15- 5:00	CLOSED THE 2ND SATRDAY OF THE MONTH
WHITE - GREEN JUNIORS 4:45 - 5:25	WHITE - GREEN JUNIORS 4:30 - 5:10	WHITE - GREEN JUNIORS 4:45 - 5:25	WHITE - GREEN JUNIORS 4:30 - 5:10	COMBAT WEAPON SPARRING 5:00 - 5:30	TIGERS 10:00 - 10:30
JUNIOR SPARRING 5:25 - 5:55	JUNIOR SELF- DEFENSE 5:10 - 5:40	GREEN/BLUE - RED JUNIORS 5:25 - 5:55	JUNIOR SPARRING 5:10 - 5:40	DEMO TEAM 5:30 - 6:30	JUNIOR POOMSAE 10:30 - 11:00
GREEN/BLUE - RED JUNIORS 6:00 - 6:40	GREEN/BLUE - RED JUNIORS 5:40 - 6:20	LEADER TRAINING 6:00 - 6:40	GREEN/BLUE - RED JUNIORS 5:40 - 6:20		JUNIOR SPARRING 11:05 - 11:35
BLACK BELTS & ADULTS 6:40 - 7:25	BLACK BELTS 6:20 - 7:05	BLACK BELTS & ADULTS 6:40 - 7:25	TEENS & ADULTS 6:20 - 7:05		BLACK BELT & ADULT SPARRING 11:40 - 12:10
	TEENS & ADULTS 7:05 - 7:50		BLACK BELTS 7:05 - 7:50		BLACK BELTS & ADULTS 12:10 - 12:45

DRESS CODE

BECKS' MARTIAL ARTS UNIFORMS , GEAR & APPAR-
EL ONLY. APPROVED SUMMER T-SHIRT UNIFORMS
CAN BE WORN FRIDAYS AND SATURDAYS.