



AT VANCOUVER MASSAGE

Confidential Client Health Information for Massage Therapy

Name _____
 e-mail address _____ May I communicate with you via email yes no
 Address _____ City _____ State _____
 Zip Code _____ Home Phone _____ Work/cell Phone _____
 DOB _____ Occupation _____
 Employer _____ Referred by _____
 Purpose for today's massage: Relaxation Injury Experiencing pain Prevention
 Have you ever had a massage before? _____ How often? _____
 Date of last massage? _____ (approximately)

Conversation

It is your choice to talk to your therapist or remain quiet throughout your session. Your therapist will follow your lead and mirror your decision. There are times that your therapist may need to speak to you to have you reposition, request feedback on pressure, or explain a finding. Please check below the following that apply.

Enjoy Silence during my massage **Slight chatting is okay** **Enjoy sharing with therapist throughout massage**

Please check if you have any of the following conditions:

- | | | |
|---|--|--|
| <input type="checkbox"/> Recent Injury | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Low Back Pain |
| <input type="checkbox"/> Recent Illness | <input type="checkbox"/> Kidney Problems | <input type="checkbox"/> Mid Back Pain |
| <input type="checkbox"/> Chronic Illness | <input type="checkbox"/> Recent Surgery | <input type="checkbox"/> Neck Pain |
| <input type="checkbox"/> Cancer, explain | <input type="checkbox"/> Pregnancy | <input type="checkbox"/> Scoliosis |
| <input type="checkbox"/> Phlebitis | <input type="checkbox"/> Wear Contact Lenses | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Skin Conditions | |
| <input type="checkbox"/> Allergies to Scents/Oils | <input type="checkbox"/> Blood Clots | |
| <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Other _____ | |

Please explain above _____

List any medications you are taking: _____

FOR THE PURPOSE OF YOUR MASSAGE TODAY PLEASE DESCRIBE YOUR CURRENT PROBLEM AND HOW IT BEGAN:

To avoid being charged for missed appointments, by signing below, I agree to give 24 hours cancellation notice, barring any emergencies, should I need to cancel or change any future appointments.

I certify that the above medical information is correct.

 Date

 Client Signature