

Our camps offer gymnastics instruction based on the individual ability of the child. This is a positive experience for kids new to gymnastics or kids that have been practicing for a while.

We work all aspects of gymnastics including mens and womens Olympic events: floor, rings, pommel horse, bars, beam, p-bars, vault & trampoline.

We offer 4 different styles of trampolines for our campers to practice their skills and a large foam pit that they love.

In addition to gymnastics instruction, our campers enjoy endless options of games, obstacle courses, and much, much more in our 9,000 square foot building.

