



ISAP Program Fidelity

**Illinois State Abstinence Program (ISAP)
AMTC Performance Measurement Training**
Online Training
Recorded February 19, 2018

ISAP Program Fidelity



Presented by Ann Wolter
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With AMTC since 2008

Intended audience

Educators teaching an ISAP curriculum

- Public schools
- Private schools
- Non-profit organizations



Outline

1. ISAP Overview
2. What is program fidelity?
3. Why is program fidelity important?
4. What is a fidelity log?
5. Three ways to use fidelity logs
6. Make fidelity logs worthwhile



1. ISAP Overview

Funder: Illinois State Board of Education via federal block grant from U.S. DHHS

Grantee: AMTC & Associates (AMTC)

Key partners:

- Abstinence and Marriage Resources (AMR)
- 12 regional coordinators
- Educators throughout Illinois who teach the program



1. ISAP Overview

Goal: Help youth throughout Illinois to learn about and adopt “the success sequence.” This is a research-based concept, which holds that the key to avoid poverty and be successful is to graduate high school, work full-time, and have children only after reaching age 21 and getting married.

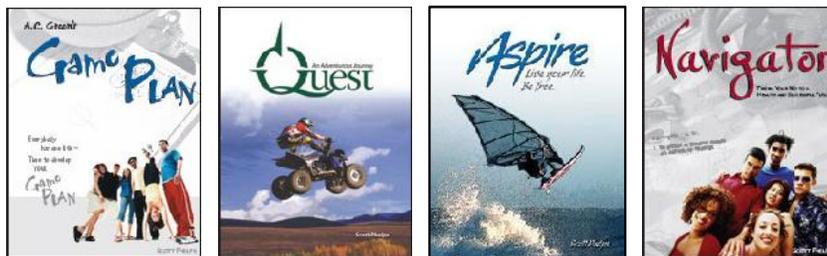


Program performance evaluation:

AMTC monitors & evaluates program performance using a variety of methods.



1. ISAP Overview



Four curricula authored by AMR President Scott Phelps

Grades 6-9: *Game Plan*

Grades 7-10: *Quest*

Grades 8-12: *Aspire*

Grades 9-12: *Navigator*



2. What is program fidelity?

Fidelity definition: the degree of exactness with which something is copied or reproduced

Synonyms: accuracy, exactness, precision, preciseness, correctness, strictness, closeness, faithfulness, authenticity



2. What is program fidelity?

Program fidelity means reproducing a program with faithfulness to the:

- Content
 - core components
 - messages
- Delivery
 - dosage and timeframe
 - activities
 - teaching pedagogy



2. What is program fidelity?

ISAP Program fidelity elements include:

Content

- **core components:** 3 to 6 activities selected for each lesson
- **message:** benefits of delaying sex until marriage

Delivery

- **dosage and timeframe:** 8 lessons, 2 to 4 week timeframe
- **activities:** stories, kinetic activities, discussion, reflection
- **teaching pedagogy:** an objective fact-based delivery and 12 teaching approaches



2. What is program fidelity?

Evaluation tools to track ISAP program fidelity elements

Content

- **core components:** fidelity logs
- **message:** fidelity logs

Delivery

- **dosage and timeframe:** attendance sheets and online database
- **activities:** fidelity logs
- **teaching pedagogy:** educator observation form



3. Why is program fidelity important?

Imagine you published a curriculum called “Parenting with Love” that had a lesson on using time-outs with children.

It was important to you to include these keys:

1. Adults deliver time outs with a loving attitude.
2. The consequence is equal to the behavior.
3. Adults uses consistent application regarding duration.
4. Children understand rules or boundaries and feel safe.



3. Why is program fidelity important?

But Patty O’Furniture, who was trained by you, agrees with the whole program except this lesson; she believes that kids should know how angry people can get when we disappoint them. So she modified *just this lesson* in the curriculum. Secretly.

1. Adults deliver time outs ~~with a loving attitude~~ and show how angry they are.
2. The consequence is equal to the behavior.
3. Adults uses consistent application regarding duration.
4. Children understand rules or boundaries and feel safe.



3. Why is program fidelity important?



And Ms. O'Furniture believed that consequences should depend on the mood of the parent so kids will learn that in life, they can't control the consequences of negative actions.

1. Adults deliver time outs ~~with a loving attitude~~ and show how angry they are.
2. The consequence is ~~equal to the behavior~~ should be unpredictable to reflect real life.
3. Adults uses consistent application regarding duration.
4. Children understand rules or boundaries and feel safe.



3. Why is program fidelity important?

As a result, points 3 and 4 in this lesson become moot.

1. Adults deliver time outs ~~with a loving attitude~~ and show how angry they are.
2. The consequence is ~~equal to the behavior~~ should be unpredictable to reflect real life.
- ~~3. Adults uses consistent application regarding duration.~~
- ~~4. Children understand rules or boundaries and feel safe.~~



3. Why is program fidelity important?

Ms. O’Furniture is teaching the following time out lesson in your *Parenting with Love* curriculum. It has your name on the front page. Yet, this lesson has no relation to your beliefs or principles.

1. Adults deliver time outs and show how angry they are.
2. The consequence should be unpredictable to reflect real life.

YOUR PROGRAM

1. Adults deliver time outs with a loving attitude.
2. The consequence is equal to the behavior.
3. Adults uses consistent application regarding duration.
4. Children understand rules or boundaries and feel safe.



3. Why is program fidelity important?

Unfortunately, you gave your evaluator the contact information for Ms. O’Furniture since she is a curriculum user whom you trained.

The evaluator included Mrs. O’Furniture’s program in the evaluation study, not knowing she was teaching something different for the timeout lesson.



3. Why is program fidelity important?

The program's effect on parents and children is being studied to see if parents are more consistent and children feel more safe.

- How will Mrs. O'Furniture's data affect your study?
- How will you feel when you see that results are not what you expected?
- What will you do when you realize that Ms. O'Furniture has completely changed your time out lesson in *your* curriculum and damaged your evaluation?
- Where will you find the money to re-evaluate?



4. What is a curriculum fidelity log?

For each core activity, indicate whether you completed it and reasons if not. We also request input on reasons for selecting specific optional activities.

Lesson 1: Living Life on Purpose

| Name of Lesson Activity (PAGE NUMBER) | Completed | Did Not Complete | Candidly describe reason if a core component was not taught. Feedback on reasons specific optional components were used is helpful for program manager. |
|---------------------------------------------------------------------|-----------|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. TEACHER'S MANUAL, ASSIGNMENT of Media Journal (5) for chapter 4. | | | |
| 2. Discovering Your Purpose (6) | | | |
| 3. TEACHER'S MANUAL (Sec1A): ACTIVITY: Expectations | | | |
| 4. Looking Forward (7) | X | | |
| 5. Life Hike (8) | X | | |
| 6. TEACHER'S MANUAL (Sec1A and Sec1C-Sec1H): ACTIVITY: Life Hike | X | | |
| 7. TEACHER'S MANUAL (Sec1B): ACTIVITY: Life Hike with a Meter Stick | | | |
| 8. The Critical Moment (9) | X | | |
| 9. Pressed on Every Side (10) | X | | |
| 10. Considering the Benefits of Abstinence (11) | | X | Ran out of time |
| 11. TEACHER'S MANUAL, ACTIVITY: Sex within the Boundaries (Sec1B) | | | |
| 12. Worth the Wait (12, 13) | | | |
| 13. Affirmation #1 (13) | | | |
| 14. Talking It Over (14) | X | | Involvement of parents is paramount at our school. |



5. Use the ISAP fidelity log as a guide

1. TEACHER'S MANUAL, ASSIGNMENT of Media Journal (5) for chapter 4.
2. Discovering Your Purpose (6)
3. TEACHER'S MANUAL (Sec1A): ACTIVITY: Expectations
4. Looking Forward (7)
5. Life Hike (8)
6. TEACHER'S MANUAL (Sec1A and Sec1C-Sec1H): ACTIVITY: Life Hike
7. TEACHER'S MANUAL (Sec1B): ACTIVITY: Life Hike with a Meter Stick
8. The Critical Moment (9)
9. Pressed on Every Side (10)
10. Considering the Benefits of Abstinence (11)
11. TEACHER'S MANUAL, ACTIVITY: Sex within the Boundaries (Sec1B)
12. Worth the Wait (12, 13)
13. Affirmation #1 (13)
14. Talking It Over (14)

- Decrease temptation to teach every component in a lesson.
- Identify core components for each lesson.
- Help educators select only the elective components that fit their students.



5. Use the fidelity log as a tracker

Track program implementation experience and ideas for yourself for future cohorts you will teach.

| | | ISAP FIDELITY LOG |
|---------------------------------------------------------------------|---|--------------------------------|
| 1. TEACHER'S MANUAL, ASSIGNMENT of Media Journal (5) for chapter 4. | | |
| 2. Discovering Your Purpose (6) | | |
| 3. TEACHER'S MANUAL (Sec1A): ACTIVITY: Expectations | | |
| 4. Looking Forward (7) | X | |
| 5. Life Hike (8) | X | Very effective |
| 6. TEACHER'S MANUAL (Sec1A and Sec1C-Sec1H): ACTIVITY: Life Hike | X | |
| 7. TEACHER'S MANUAL (Sec1B): ACTIVITY: Life Hike with a Meter Stick | | |
| 8. The Critical Moment (9) | X | |
| 9. Pressed on Every Side (10) | X | |
| 10. Considering the Benefits of Abstinence (11) | X | |
| 11. TEACHER'S MANUAL, ACTIVITY: Sex within the Boundaries (Sec1B) | | |
| 12. Worth the Wait (12, 13) | X | Students responded well |
| 13. Affirmation #1 (13) | X | Took 5 seconds |
| 14. Talking It Over (14) | X | Get parents to sign in future. |

If you indicated any modifications above, use this space to provide additional details as needed.

Use 2 class periods to do this lesson next semester.



5. Use the fidelity log as an evaluation tool

Participate in AMTC's voluntary fidelity log data collection! AMTC is collecting 150 fidelity logs to answer these questions:

- Are educators able to complete all the core components of each lesson in a cohort?
- If not, what constrains them?
- Do educators have time to select optional components in any lessons?
- If so, are there optional components that educators consistently select?



5. Use the fidelity log as an evaluation tool

- ISAP educators volunteer to participate in data collection.
- Submit fidelity logs for 2 cohorts to receive a \$25 gift card.
- Submit a second set of 2 logs to receive a \$15 gift card.
- Email completed fidelity logs to Ann Wolter at awolterconsulting@gmail.com.



5. Use the fidelity log as an evaluation tool



Fidelity log data is confidential.

No individual educator data will be shared with an educator's supervisors or any school staff or with the Illinois State Board of Education.



5. Use the fidelity log as an evaluation tool

Examples of how AMTC and the curriculum author may use fidelity log data, based on educator feedback

- Reduce the core components in a certain lesson.
- Modify the curriculum training on how to teach certain components.
- Add a selective component, such as a parent discussion, to the core components list.
- Add a new component to a lesson.
- Use educator statements in advertisements.



6. Make fidelity logs worthwhile

Complete part 1 after each lesson.

Be candid even when disappointed with your own outputs.

Be candid even when it means telling us you don't like a core component.

| | |
|----------------------------------------------------------------------|-----------------------------------------------------------|
| ACTIVITY: Expectations | |
| 4. Looking Forward (7) | X |
| 5. Life Ilike (8) | X |
| 6. TEACHER'S MANUAL (Sec1A and Sec1C-Sec1D); ACTIVITY: Life Ilike | X |
| 7. TEACHER'S MANUAL (Sec1B); ACTIVITY: Life Ilike with a Meter Stick | |
| 8. The Critical Moment (9) | X |
| 9. Pressed on Every Side (10) | X |
| 10. Considering the Benefits of Abstinence (11) | X Ran out of time |
| 11. TEACHER'S MANUAL, ACTIVITY: Sex within the Boundaries (Sec1B) | |
| 12. Worth the Wait (12, 13) | |
| 13. Affirmation #1 (13) | |
| 14. Talking It Over (14) | X Involvement of parents is paramount at our school. |



6. Make fidelity logs worthwhile

Complete part 2 after you complete the whole cohort.

Be candid even when it means you missed a whole lesson.

PART 2 COMPLETE THE FOLLOWING QUESTIONS IMMEDIATELY AFTER YOU HAVE COMPLETED THE WHOLE CURRICULUM.

A&M Region #:

School:

Name of Class: _____

Dates Taught:

Time Taught:

In what setting did you implement *Aspire*? In a high school In a middle school

In another location:

Did you miss any lessons and if so which? (cross out the number): ① ② ③ ④ ⑤ ⑥ ⑦ ⑧



6. Make fidelity logs worthwhile

Participate in the AMTC fidelity log data collection!

We need your voluntary participation to:

- Understand which components people use and don't use
- Receive sincere and candid feedback
- Improve the program

You can earn up to \$40 in Amazon gift cards.



Review

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Questions?

Contact presenter:

- Ann Wolter
- awolterconsulting@gmail.com

As a final note, if you are viewing this training, you should have received the fidelity logs. If not or if you have any questions or recommendations regarding the logs themselves, please feel free to contact me.

