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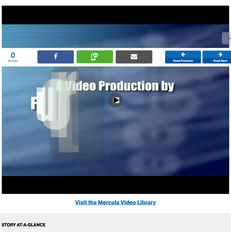
When Treatment is Poison

July 14, 2012



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STORY AT-A-GLANCE

- Water fluoridation came about as the result of a massively successful PR campaign, and was reportedly first suggested as a way to protect aluminum and steel producers from lawsuits against the fluorine pollution coming from their plants
- Fluoride is a toxic agent that is biologically active in the human body where it accumulates in sensitive tissues over time, wreaks havoc with enzymes and produces a number of serious adverse health effects—including neurological and endocrine dysfunctions
- In Eli Salvador, a former Pepsico Corp. volunteer noted that the kids had near-perfect teeth, until decades later when junk foods and soda were introduced—then their teeth rotted
- Good oral health and strong, healthy teeth are NOT the result of drinking fluoridated water and brushing your teeth with fluoridated toothpaste; rather it's virtually all about eating a healthy diet

By Dr. Mercola

In 1994, a tanker truck carrying fluoride acid lost a set of wheels, causing its 4,500-gallon load to spill onto Interstate 4 in Volusia County Florida. Forty-seven people were sent to the hospital as a result, and 2,300 in the area had to be evacuated.

The highway was closed for two days, and those who happened to be nearby had breathing troubles and burning sensations on their skin. Even vehicles that drove through the spill had to be professionally decontaminated, as the chemical was so noxious it could cause respiratory problems to bystanders.[1]

That chemical — fluorosilicic acid — is one of the fluoride variants currently added to about two-thirds of U.S. drinking water supplies - what amounts to pure poison in your tap water, under the guise of protecting your teeth.

Water Fluoridation is the Result of a Massively Successful PR Campaign

If you live in the United States, then you undoubtedly have been exposed to mass psychological conditioning. With the average American being accosted with thousands of advertisements each day, whether blatant or not, many people will "conventional wisdom" are actually contrived and implanted into society. One method of doing so is through driving public opinion — the idea that if most people believe it, then it must be true.

The history of this kind of conditioning can be traced back to the early part of the last century, specifically the work of people like Edward L. Bernays, known as the "father of spin." Edward L. Bernays took the ideas of his famous uncle Sigmund Freud, and applied them to the emerging science of mass persuasion. However, instead of using the psychological principles to uncover hidden themes in the human unconscious in the way Freudian psychology does, Bernays used them as a marketing tool.

It was this method that led Bernays to become wildly successful in the field of PR and marketing, conditioning Americans to buy into corporate lies.

Bernays dominated the PR industry until the 1940s, and was a significant force for another 40 years after that. During all that time, Bernays took hundreds of diverse assignments to create a public perception about some idea or product.

One of Bernays' first assignments was to help sell the First World War to the American public with the idea to "Make the World Safe for Democracy." A few years later, Bernays set up a stunt to popularize the notion of women smoking cigarettes ...

In the 1930s Edward Bernays was public relations adviser to the Aluminum Company of America (Alcoa) and later was brought on board to promote water fluoridation to the American public – a more than coincidental connection considering it's been suggested that fluoridating water supplies was a way to protect aluminum and steel producers from lawsuits against the fluorine pollution coming from their plants ...

New York City Water Fluoridation Paved the Way for the Entire U.S.

It was, in fact, the Reynolds Aluminum Company that first utilized a pro-fluoride booklet titled "Our Children's Teeth" (produced by the Committee to Protect Our Children's Teeth) in court to defend against fluoride injury charges. The booklet included testimonials and statements from scientists that reportedly agreed fluoride posed no harm, but as reported by Associate Professor of Medical Studies at Florida Atlantic University James F. Tracy:[2]

> "... of the 360 "chemists" and "authorities on nutrition" listed in the brochure, 201 worked for US industries including universities that received over $50 million in grants. In the late 1950s a majority of such grants originated from the foremost proponent of water fluoridation – the Public Health Service. Another major recipient of PHS funding was the American Dental Association (ADA). Even's Dr. F. B. Exner, public health advocate and water fluoridation opponent, research and data proved to be especially valuable in lawsuits brought against the industry and fluoridation proponents. In 1978, shortly after his death, all of his files were lost in an unusual fire.
>
> As the pro-fluoridation propaganda campaign grew to a crescendo in the late 1950s a collaborative scientific campaign targeting anti-fluoridationists was undertaken by the PHS, the ADA, and the American Water Works Association.
>
> The National Fluoridation Information Service of the Division of Dental Health of the US Public Health Service, an intelligence-gathering arm operating out of the PHS controlled National Institutes of Health, was formally established to monitor and create dossiers on fluoridation critics in the medical professions. Fluoride heretics were subject to fleiling in the press or outright exclusion from their professional organizations.
>
> Fluoridation was finally launched in New York City in 1965 despite from popular referendum and in the face of continued opposition by handing the choice to the municipality's then-powerful Board of Estimate. Behind the free effort to fluoridate were Mary and Albert Lasker. The former was involved in the Committee to Protect Our Children's Teeth and the latter on advertising executive and associate of Bernays who helped American Tobacco Company make Lucky Strikes America's best-selling cigarettes."

Save 35% Calcium with Vitamin D3 & K2 90-Day Supply SHOP NOW

Junk Food and Soda Ruins Kids' Teeth – Not Lack of Fluoride

Following New York City's decision to fluoridate water, the trend caught on and now upwards of two-thirds of U.S. water supplies contain fluoride. In Eli Salvador Sokal-Gutierrez, a pediatrician and former Peace Corps volunteer, pointed out that kids living in El Salvador had near perfect teeth 21 years ago. When she returned to similar villages recently, she noticed the children's teeth were black, and decay was setting in as young as age 2.

The culprit? Junk food and sodas had replaced many of the staple foods that once made up the children's diets.

She described one boy who was so emaciated and sick from having all 20 baby teeth decayed that he "looked like a child dying of AIDS." His parents owned the village store, which meant the boy had "unlimited access to candy."

Dr. Sokal-Gutierrez has been returning to the village and training local health workers about oral health and nutrition. She also trained the dentists to apply fluoride varnish to the children's teeth.

But the solution here is not fluoride – remember, the children of decades' past had near-perfect teeth! The solution is to give the junk food and soda ban of these kids' diets, there is a study that reported low-fluoride toothpaste alone was as effective as toothpaste combined with application of cariostatic chlorhexidine (CHX). Later, the researchers noted that the low number of early childhood cavities was most likely the result of "the telephone contact with oral health professionals, **increasing the mothers' motivation to follow toothbrushing instructions and dietary advice.**"

The Real Risks of Fluoride are Becoming "Mainstream" Knowledge

Earlier this year, the New Hampshire House of Representatives voted 253-23 in favor of **mandating infant fluoride warnings** on all water kits in fluoridated communities (the bill will now go to the Senate). According to the text of the bill, the warning would read, in part:

> "According to the Centers for Disease Control and Prevention, if your child under the age of 6 months is exclusively consuming infant formula reconstituted with fluoridated water, there may be an increased chance of dental fluorosis."

But dental fluorosis is not "just cosmetic." It can also be an indication that other tissues, such as your bones and internal organs, including your brain, have been overexposed to fluoride as well. There are more than 500 published studies linking fluoride's harm to the brain, plus 25 published studies directly linking fluoride exposure to reduced IQ in children.

Fluoride is a toxic agent that is biologically active in the human body where it **accumulates in sensitive tissues over time**, wreaks havoc with enzymes and produces a number of serious adverse health effects—including neurological and endocrine dysfunctions.

Adding insult to injury, even promoters of fluoridation now admit that fluoride's predominant action is on the surface of the tooth (although even this is now questionable) and not from inside the body – so why are so many Americans still being forced to swallow it? Swallowing fluoride provides little or no benefit to your teeth!

Fluoride compounds like fluorosilicic acid are toxic industrial waste products, which can also be contaminated with lead, arsenic, radionuclides, aluminum and other industrial contaminants. The story gets even more convoluted, as mentioned earlier, as now declassified files of the Manhattan Project and the Atomic Energy Commission show that the original motivation for promoting fluoride and water fluoridation in the United States was to **protect the bomb...aluminum**, and other fluoride-polluting industries from liability. In the early days some of the sodium fluoride used to fluoridate water supplies in the U.S. came from Alcoa.

A couple of years later, they switched to the even more hazardous waste product hydrofluorosilicic acid from the phosphate fertilizer industry. But none of the studies on fluoride actually used the far more toxic and contaminated hydrofluorosilicic acid that is presently added to the water supply. Rather, they use pharmaceutical-grade fluoride, which while harmful, is not quite as bad as what's being used for water fluoridation. So, the health hazards are likely FAR worse than any study has so far discovered.

Do You Want Healthy Teeth? Eat a Healthy Diet!

When it comes to oral hygiene and preventing cavities, there's a virtual war going on. If you listen to conventional health agencies' and your dentist's advice, you may still believe that fluoride is the answer.

Think again!

Good oral health and strong, healthy teeth are NOT the result of drinking fluoridated water and brushing your teeth with fluoridated toothpaste. Rather it's virtually all about your diet.

Dr. Weston A. Price, who was one of the **major nutritional pioneers of all time**, completed some of the most extensive research on this topic back in the 1900s, and it is still very much relevant today. What he found, and documented in his classic book Nutrition and Physical Degeneration, is that native tribes who were eating their traditional diet had nearly perfect teeth, and were almost 100 percent free of both decay – and they did not have toothpastes, floss, toothpaste, or root canals and fillings.

But when these tribal populations were introduced to sugar and white flour, guess what happened ... their health, and their perfect teeth, rapidly deteriorated, just like the kids in El Salvador. By **avoiding sugars and processed foods**, you prevent the proliferation of the bacteria that cause decay in the first place!

Most people whose diet includes very little sugar and few processed foods have very few rates of tooth decay. So the simple act of limiting, or eliminating, sugar and avoiding processed foods – along with regular cleanings with your natural mercury-free dentist – will ensure that your teeth and gums stay healthy and cavity-free naturally.

References:

- **See All References**

Help End the Practice of Fluoridation

There's no doubt about if fluoride should not be ingested. Even scientists from the EPA's National Health and Environmental Effects Research Laboratory have classified fluoride as a "chemical having substantial evidence of acute neurotoxicity."

Furthermore, according to the Centers for Disease Control and Prevention (CDC), 40 percent of American adolescents now have dental fluorosis — unfortunate discoloration and mottling of the teeth that indicate overexposure to fluoride. Clearly, children are being overexposed, and their health and development put in jeopardy. Why?

The only real solution is to stop the archaic practice of water fluoridation in the first place. Fortunately, the Fluoride Action Network (FAN), has a game plan to END water fluoridation worldwide. Clean pure water is a prerequisite to optimal health. Industrial chemicals, drugs and other toxic additives really have no place in our water supplies. So please, protect your drinking water and support the fluoride-free movement by making a tax-deductible donation to the Fluoride Action Network today.

Internet Resources Where You Can Learn More

I encourage you to visit the website of the Fluoride Action Network and visit the links below:

- Like FAN on Facebook, follow on Twitter and sign up for campaign alerts.
- 10 Facts About Fluoride: Attorney Michael Connett summarizes 10 basic facts about fluoride that should be considered in any discussion about whether to fluoridate water. Also see 10 Facts Handout (PDF).
- 50 Reasons to Oppose Fluoridation: Learn why fluoridation is a bad medical practice that is unnecessary and ineffective. Download PDF.
- Health Effects Database: FAN's database sets forth the scientific basis for concerns regarding the safety and effectiveness of ingesting fluorides. They also have a Study Tracker with the most up-to-date and comprehensive source for studies on fluoride's effects on human health.

Together, Let's Help FAN Get the Funding They Deserve

In my opinion, there are very few NGOs that are as effective and efficient as FAN. Its small team has led the charge to end fluoridation and will continue to do so with our help! Please make a donation today to help FAN end the absurdity of fluoridation.

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