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We make kids smile!

gobble  
gobble

November 2017



# Gator News



Announcing the  
November Patient  
Contest



Andy  
wants to  
know...

What are you  
Thankful  
for?

Write or draw your  
answer on a colorful leaf  
and tape it up at  
Alligator Dental!

One lucky leaf will be  
randomly chosen.  
Winner will receive a  
Gift Card to the  
movies!

## Awesome Advice

From DR. Sarah~



### Tips to Keep Small Cavities

SMALL



Dr. Sarah Severson

Alligator Dental doctors often monitor, or ‘watch’, small cavities on baby teeth to see if they will develop into larger decay that needs treatment. How can parents help these areas of small decay from becoming a big cavity that needs a filling or crown?

Below are **2 simple tips** to keep those ‘small’ cavities small!

1. Have your child use a fluoride mouthwash, like ACT Kids. If your child is too young to swish and spit on their own, you can dip a toothbrush in the mouth rinse and brush onto teeth, following normal brushing with fluoride toothpaste.



2. Apply a very small amount of fluoride toothpaste (Crest or Colgate Kids are great options) onto a flosser and floss your child’s teeth every night. This is a great way to get fluoride directly between teeth to help strengthen and demineralize these ‘small’ cavities so that they stay small and do not get bigger at your child’s next dental check up.



# Gators in Action:

Big Gator Fun at Kids Day in the Park with the GIANT Alligator Dental Plinko game and Andy tattoos! Dr. Randi & the Gator Crew had a blast with all the awesome kids! Alligator Dental LOVES sponsoring fun, free activities for kids!



Tricks & Treats!  
Celebrating Halloween with Dr. Al & the Gator Crew at the San Marcos Halloween Party! So many cute kids with awesome costumes!

## Recipe: Peanut Butter Cheerio Bars

-Compliments of Erica at Alligator Dental in San Marcos

### Ingredients:

$\frac{3}{4}$  cup Peanut Butter  
 $\frac{1}{2}$  cup Honey  
3 cups Cheerios

### Directions:

1. Line 8x8 pan with aluminum foil. Set aside.
2. Cook peanut butter and honey over medium heat, stirring constantly, until completely melted and blended.
3. Remove from heat and stir in cereal. Mix until evenly coated.
4. Place mixture in prepared pan and press into place.
5. Refrigerate for 1 hour before cutting into bars.
6. Store any remaining bars in refrigerator.



These are a quick & simple treat to mix up with the kids during the school break!

## Employee Spotlight



**Meet Lea Caissie**  
Receptionist at Alligator Dental in San Marcos!

### Family Info:

I am an only child and am very close to my mom and my aunt. My 4-year-old border collie and my cat are my everything.

**Favorite Place to Eat:**  
Prik Nam Pla in San Marcos

### Favorite Store to Shop At:

Goodwill! I love to spend hours at Goodwill hunting for treasures.

**Favorite Kids Movie:**  
Labyrinth – an 80's movie with David Bowie and Jim Henson's puppets!

**Something Unique About Me:**  
I'm French!



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