

# The Allergy and Asthma Center of Corpus Christi

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[www.allergycorpustx.com](http://www.allergycorpustx.com)

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## NEW PATIENT FORMS FOR ADULT

Patient Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Name \_\_\_\_\_

DOB \_\_\_\_\_ Age \_\_\_\_\_ Race \_\_\_\_\_ SSN \_\_\_\_\_

Sex \_\_\_\_\_ Single \_\_\_\_\_ Married \_\_\_\_\_ Widowed \_\_\_\_\_ Divorced \_\_\_\_\_

Cell phone \_\_\_\_\_ Home phone \_\_\_\_\_ Work phone \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

EMAIL \_\_\_\_\_ Occupation \_\_\_\_\_

Employer Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Spouse Name \_\_\_\_\_ Social Security # \_\_\_\_\_ DOB \_\_\_\_\_

Cell phone \_\_\_\_\_ Home phone \_\_\_\_\_ Work phone \_\_\_\_\_

Address ( if different ) \_\_\_\_\_

City, State, Zip \_\_\_\_\_

EMAIL \_\_\_\_\_ Occupation \_\_\_\_\_

Employer Name \_\_\_\_\_

Address \_\_\_\_\_

Primary Insurance \_\_\_\_\_ Name of Policy Holder \_\_\_\_\_

Secondary Insurance \_\_\_\_\_ Name of Policy Holder \_\_\_\_\_

**\*\*How did you hear about us?** \_\_\_\_\_

**Patient Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

## HIPAA COMMUNICATION AUTHORIZATIONS

I/We authorize Allergy and Asthma Center to leave messages or discuss my PHI with the names listed below:

Contact Person \_\_\_\_\_ Relationship \_\_\_\_\_

Primary Care Doctor \_\_\_\_\_ Phone: \_\_\_\_\_

Referring Doctor \_\_\_\_\_ Phone: \_\_\_\_\_

Other Doctor \_\_\_\_\_ Phone: \_\_\_\_\_

Other Doctor \_\_\_\_\_ Phone: \_\_\_\_\_

I authorize Allergy and Asthma Center of Corpus Christi to use the following form(s) of communication when contacting me about upcoming appointments, my medical care, my prescriptions, and/or my bill with the practice. (Please set 1, 2 ..... as your priority)

Text cell phone

Email

Call

Voicemail

Contact person Email \_\_\_\_\_

Cell phone \_\_\_\_\_ Home phone \_\_\_\_\_ Work phone \_\_\_\_\_

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

### Preferred Retail Pharmacy

Pharmacy Name	
Phone Number	
Address	
Store Number	

Patient First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Please check any of the following **Symptoms** that you are currently experiencing or that you have had recently

Nasal Symptoms  Past  Present

- Nasal congestion
- Runny nose
- Nasal discharge
- Postnasal drip
- Snoring
- Nasal itching
- Frequent sneezing
- Frequent nose bleeds
- Nasal polyps
- Loss of sense of smell
- Loss of sense of taste

Sinus  Past  Present

- Frequent infections
- Pressure in sinuses
- Postnasal drip
- Nighttime cough
- Sinus headaches
- Bad breath
- How many times in the last year have you taken an antibiotic for a sinus infection? \_\_\_\_\_

Is so, when was the last time? \_\_\_\_\_

Have you ever had a sinus CT (CAT scan) or x-rays?  No  Yes

If yes, when was most recent one? \_\_\_\_\_

Have you ever had sinus surgery?  No  Yes. If yes, date: \_\_\_\_\_

Eye Symptoms  Past  Present

- Itching
- Watery eyes
- Redness or burning
- Swelling of eyelids

Frequent Ear Infections

- Past  Present
- Have you had pressure equalization tubes?  No  Yes
- If yes, date(s): \_\_\_\_\_

Ear Symptoms  Past  Present

- Pain  Itching
- Pressure  Loss of hearing

Headaches  Past  Present

- Sinus  Migraine
- Tension  With menses

Location of headaches

- Frontal  Back of head
- Temple area  One-sided

Is your headache

- Sharp pain  Dull pain
- Throbbing pain

When you have headaches, do you have nausea or vomiting?  do you have difficulty with vision?  are you bothered by light?  are you bothered by noise?

Frequency of headaches

- Daily  Weekly
- Occasionally  Seldom

Effective medicines for headaches (list names): \_\_\_\_\_

\_\_\_\_\_

Lung Symptoms  Past  Present

- Asthma
- Wheezing
- Chest "colds" or congestion
- Chest symptoms with exercise
- Shortness of breath at rest
- Shortness of breath at night
- Sudden attacks of shortness of breath
- Pneumonia
- Bronchitis
- Bronchiolitis
- Croup
- Cough  Coughing up blood

Gastrointestinal  Past  Present

- Frequent nausea or vomiting
- Frequent episodes of diarrhea
- Heartburn
- Regurgitation of food
- Acid or sour taste in your mouth in the morning
- Abdominal cramping
- Itching of mouth or throat
- Food allergy: list which foods \_\_\_\_\_

Skin Symptoms  Past  Present

- Hives  Itching
- Eczema  Contact ras

WHICH OF THE FOLLOWING TRIGGER FACTORS MAKE YOUR SYMPTOMS WORSE? (check all that apply)

- Bronchitis
- Colds, influenza
- Sinus infections
- Nonsteroidal antiinflammatory medicines (such as ibuprofen or naproxen)
- Aspirin
- Exercise
- Wines, alcoholic beverages
- Cigarette smoke
- Perfumes, hairsprays, strong odors
- Cold air
- Nighttime
- Weather changes
- Cutting grass
- Cats
- Dogs
- Other animals (specify) \_\_\_\_\_
- Foods (specify) \_\_\_\_\_
- Food additives (specify) \_\_\_\_\_
- Laughter
- Strong emotions or stress
- Menstrual cycles
- Damp, musty places
- House dusting or vacuuming
- Occupational exposures
- Air pollution

# ALLERGY HISTORY

Are your symptoms:     Year-round     Seasonal    Other \_\_\_\_\_

If seasonal, which season(s)? (check all that apply)     Spring     Summer     Fall     Winter

Which months are worse for you?     January     February     March     April  
     May     June     July     August  
     September     October     November     December

Have you had allergy skin testing?  Yes     No    If yes, test date \_\_\_\_\_ by \_\_\_\_\_

Test results: \_\_\_\_\_

Have you had allergy shots?  Yes     No    If yes, started date \_\_\_\_\_ ended date \_\_\_\_\_

Did allergy shots help your symptoms?  Yes     No

Please list all known inhalant, food, and medicine allergies other than those detected only by skin testing:

WHAT YOU ARE ALLERGIC TO	REACTION
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Do you have any other allergy problems, such as latex sensitivity or insect sting allergy (bee, wasp, yellow jacket, hornet, or fire ant)?

Yes     No    If yes, please list: \_\_\_\_\_

## USE OF MEDICATIONS

Please list all current ORAL and INHALED medications prescribed by your doctor and any nonprescription medicines you are taking:

MEDICATION & STRENGTH	HOW MUCH & HOW OFTEN	MEDICATION & STRENGTH	HOW MUCH & HOW OFTEN
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please list medications you have taken in the past but no longer are taking for the symptoms being evaluated here: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## MEDICAL HISTORY

List all hospitalizations or  None

DATES OF HOSPITALIZATION	NAME OF HOSPITAL	REASON FOR HOSPITALIZATION
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please list all surgical procedures and the date they were done or  None

PROCEDURE	DATE
_____	_____
_____	_____
_____	_____
_____	_____

### ASTHMA SEVERITY

Have you been admitted to hospital because of asthma?  No  Yes. If yes, how many in the last year? \_\_\_\_\_  
Have you been admitted to an Intensive Care Unit because of asthma?  No  Yes. If yes, when? \_\_\_\_\_  
Have your asthma symptoms resulted in respiratory arrest, intubation or use of a mechanical ventilator?  No  Yes

List any previous testing you have had or  None

	APPROXIMATE DATE	RESULT
<input type="checkbox"/> Chest x-ray	_____	_____
<input type="checkbox"/> Sinus CT or x-ray	_____	_____
<input type="checkbox"/> Sweat chloride test	_____	_____
<input type="checkbox"/> Pulmonary function tests	_____	_____
<input type="checkbox"/> Barium swallow	_____	_____
<input type="checkbox"/> Nasopharyngoscopy or laryngoscopy	_____	_____
<input type="checkbox"/> Esophagoscopy	_____	_____
<input type="checkbox"/> Bronchoscopy	_____	_____
<input type="checkbox"/> Immunoglobulin studies	_____	_____
<input type="checkbox"/> Other _____	_____	_____
<input type="checkbox"/>	_____	_____

Have you had any of the following or  None?

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Cataracts           | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Hiatal hernia                 | <input type="checkbox"/> Any severe infections   |
| <input type="checkbox"/> Thyroid disease     | <input type="checkbox"/> Elevated cholesterol | <input type="checkbox"/> Irritable bowel syndrome      | <input type="checkbox"/> Other medical problems? |
| <input type="checkbox"/> Migraine headaches  | <input type="checkbox"/> Pneumonia            | <input type="checkbox"/> Gastroesophageal reflux       | _____  |
| <input type="checkbox"/> Heart disease       | <input type="checkbox"/> Cancer               | <input type="checkbox"/> Positive tuberculin skin test | _____  |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Hepatitis            | <input type="checkbox"/> Osteoporosis                  |  |

### SOCIAL HISTORY (check all that apply)

- Alcohol use: \_\_\_\_\_ drinks per week  No Alcohol use
- At risk for HIV infection (unprotected sex, IV drug use, history of blood transfusions)
- History of drug use
- Smoking Status:  Current If current: \_\_\_\_\_ packs per day
- Former (when quit: \_\_\_\_\_)  Never smoked Second hand smoke exposure:
- Environmental  Occupational  Perinatal/before birth
- Tobacco use (other/chew): \_\_\_\_\_

## REVIEW OF THE SYSTEM

Please Circle 'Yes' Or 'No' For All Items Below  
(Problems you have had within the past 3 months)

### ALLERGY/IMMUNE

Yes No Hayfever  
Yes No Swollen glands or nodes  
Yes No Weak immune system

### CARDIOVASCULAR

Yes No Chest pain  
Yes No High blood pressure  
Yes No Palpitation or heart racing  
Yes No Swelling in legs or feet

### EARS

Yes No Ear aches  
Yes No Ear infections  
Yes No Hearing problems  
Yes No Tinnitus  
Yes No Vertigo

### ENDOCRINE

Yes No Breast discharge  
Yes No Diabetes  
Yes No Excessive thirst  
Yes No Heat or cold intolerance  
Yes No Thyroid problems

### EYES

Yes No Blurry vision  
Yes No Double vision  
Yes No Glasses or contacts  
Yes No Glaucoma

### GENERAL

Yes No Fatigue  
Yes No Fever  
Yes No Loss of appetite  
Yes No Night sweats  
Yes No Recent weight change

### GASTROINTESTINAL

Yes No Abdominal pain  
Yes No Blood in stool  
Yes No Constipation  
Yes No Diarrhea  
Yes No Difficulty swallowing  
Yes No Heartburn  
Yes No Nausea or vomiting

### GENITOURINARY

Yes No Blood in urine  
Yes No Frequent urination  
Yes No Kidney stones  
Yes No Loss of bladder control

### HEMATOLOGIC/LYMPH

Yes No Anemia  
Yes No Blood transfusions  
Yes No Easy bruising or bleeding

### INTEGUMENTARY (Skin)

Yes No Changes in hair or nails  
Yes No Dryness  
Yes No New stretch marks  
Yes No Rashes

### MOUTH and THROAT

Yes No Dry mouth  
Yes No Frequent sore throats  
Yes No Sore tongue

### MUSCULOSKELETAL

Yes No Back pain  
Yes No Muscle cramps  
Yes No Muscle weakness  
Yes No Neck pain  
Yes No Swelling or pain in joints

### NEUROLOGIC

Yes No Frequent headaches  
Yes No Head injury  
Yes No Loss of consciousness  
Yes No Numbness around mouth  
Yes No Numbness or tingling  
Yes No Seizures  
Yes No Tremors

### NOSE and SINUSES

Yes No Frequent colds  
Yes No Nasal stuffiness  
Yes No Sinus troubles

### PSYCHIATRIC

Yes No Anxiety  
Yes No Depression

### RESPIRATORY

Yes No Asthma  
Yes No Frequent cough  
Yes No Shortness of breath  
Yes No Spitting up blood  
Yes No Wheezing

Patient (or Patient ) Signature \_\_\_\_\_

Today's Date: \_\_\_\_\_