



Call 24hrs a day if you have questions: (907) 222-5052

After Biopsy:

Medication:

- If you are prescribed an antiseptic mouth rinse (Chlorhexidine or Peridex) use it for a week.
- Start taking pain medications within 30 minutes after the procedure. It is important that food be eaten with the pain medication to prevent nausea.
- If you develop any rash, diarrhea or other bad reaction because of any medicine that we have given you, stop taking it immediately and call the office. You may or may not be given a different prescription.
- Usually you should also take 400 mg Ibuprofen **or** 325 mg Tylenol every 6 hours in addition to your other pain medicine. Ask the AOFS team or your pharmacist if you should **not** be taking this in addition.
- If you are taking Antibiotics—it is recommended to take OTC Probiotics with yogurt or smoothie etc.

Diet:

You should have soft diet (smoothies, eggs, well-cooked pasta) for 1-2 weeks or until your see the doctor.

Other:

- Bleeding – Put a gauze on the site and apply constant pressure for 30 minutes. Repeat 2 times if necessary.
- Use an ice pack on your face to help with swelling - 20 minutes on and 20 minutes off for the first 24 hours.

- If you have sutures, they may dissolve on their own or they may need to be removed. Just ask the team if you are unsure.
- After 24 hours, begin warm salt water soaks after each meal and at bedtime. (1 teaspoon of salt to an 8 ounce glass of warm water.)
- Brushing and flossing are important to keep your mouth clean. Just be sure not to brush directly over the biopsy site.

What About the Biopsy Specimen?

The specimen that was removed will be sent to a pathology laboratory to find out what it is. You will receive a separate bill from the lab. Call AOFS if you have not heard back within 2 weeks to talk about the results.